

# MCCALL'S MAGAZINE

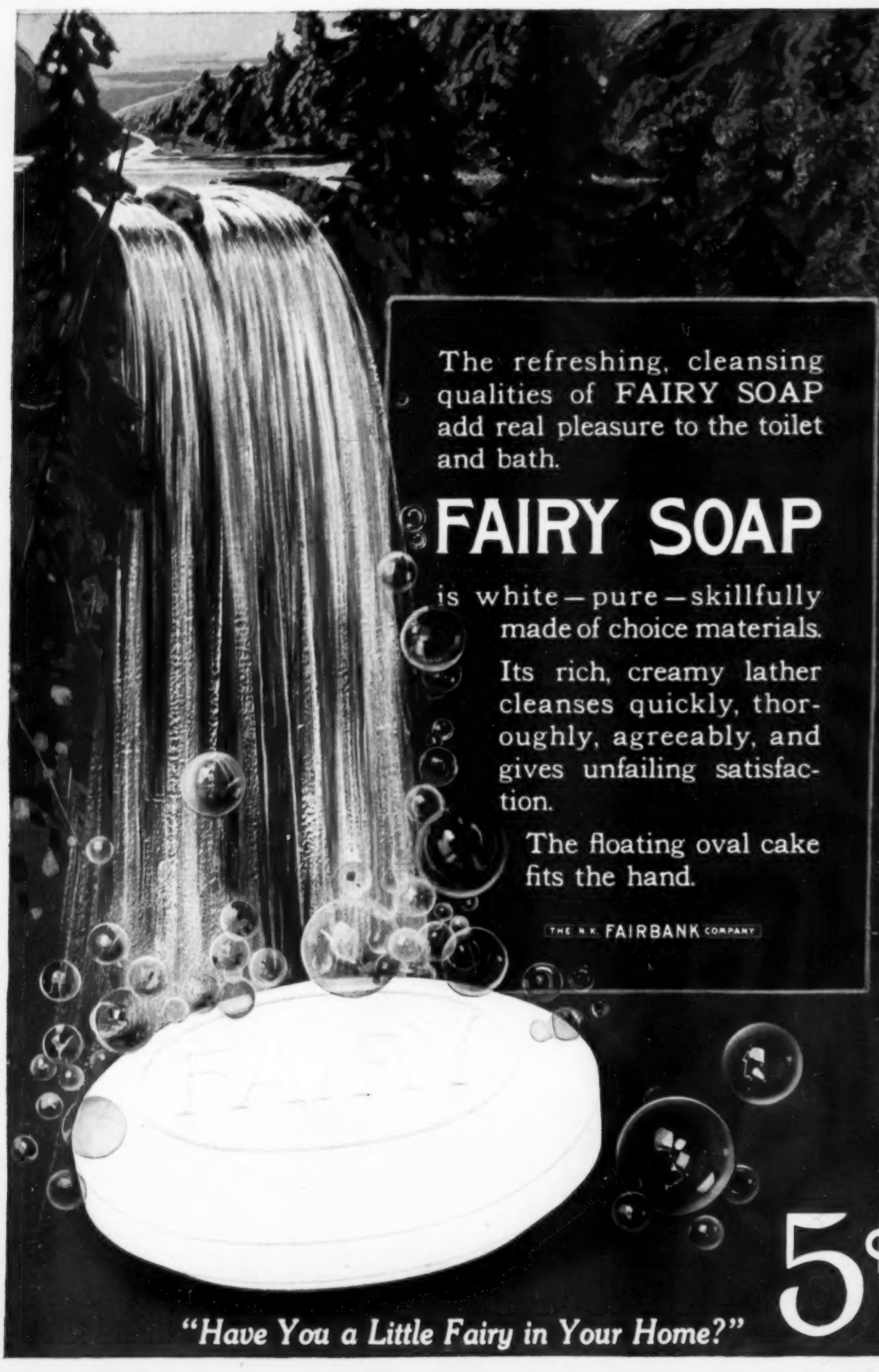


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# OUR HOLIDAY NUMBER

"He put in his thumb and pulled out a plum"



## The Old Story . . . . . By Annie Hamilton Donnell

An appealing tale, in which a mother and father, having planned a new kind of Christmas for little Jinny and Jock, go a-visiting without them on Christmas Eve.

## The Outsiders . . . . . By Mabel McKee

Perhaps you never knew that a country doctor, and a snowstorm, and a fire with a blazing pine knot that did not exist, and an algebra teacher who had been an "outsider" all her life could make a story! They can. Read "The Outsiders" in the December McCall's.

## The Seven Gifts . . . . . By Stewart Walker

A charming Christmas pantomime that can be given by children or adults in any school, town hall, or club room. Just the thing for that entertainment you want to give.

## How Christmas Came to Pebbly Creek . . . . . By Edith Stow

A village in our own United States, where the people who live there had their first Christmas celebration only two years ago.

## Useful Ribbon Gifts . . . . . By Evelyn Tobey

Suggestions that will make your Christmas list distinctive.

## The Prize Contest . . . . . By Our Readers

The solution of your problem, some other woman's problem, or, perhaps, even your own prize-winning solution will be printed in December. Read and see!

## The Baby's Layette . . . . . By Mary L. Read

Our New Baby! How shall he be clothed? Don't overlook the importance of this first step!



### WE BELIEVE IN PREPAREDNESS

Here are just a few of our other features for December: "A Christmas Cobweb," "The Christmas of the Girl Away from Home," "Ways of Sending Christmas Money," "An Always-Ready Gift Box."

Coming soon is our new serial—not a Christmas present, but a New Year's gift. It is a big one, a vital one. Don't miss the first instalment in our January number.



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If the skin or scalp is in bad shape, through neglect or improper treatment, a little Resinol Ointment should at first be used with the Resinol Soap, to hasten the return to normal conditions.

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Resinol Soap and Resinol Ointment are sold by druggists and dealers in toilet goods everywhere. For a sample of each, free, write to Dept. 19-K, Resinol, Baltimore, Md.

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This has lost all its strength."

*This Arbuckles' package keeps in  
all the strength. Arbuckles' is  
always fresh, always good and  
strong.*

## How to buy coffee

**You can always have the flavor and strength you want**

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Has it lost its aroma? Are you often disappointed in its strength?

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Arbuckles' Coffee is such a good coffee that 'way back in the sixties, when all other coffees on the market were loose, unprotected, Arbuckle Brothers protected theirs in special sealed packages. This sealed package keeps the coffee's strength, guards it from moisture and store odors. Most important of all, it makes it easy for you to be sure that you are getting the same good coffee every time you buy.

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## SOUFFLÉS—A RECEIPT

By CARRIE D. McCOMBER

A HOUSEKEEPER of much experience and many resources recalls a day when company found her with a larder at low ebb, and, after the luncheon, her guests' request for the receipt of her "delicious soufflé." That soufflé had been made of a heterogeneous mixture of very dry fried pork-chops and the crisp fag ends of a beef roast, and she declares that like the famous "weal pie" of Pickwick, "it's the seasonin' as does it."

Because the meat was dry, she ground it very fine—past possible recognition—and saved the achievement from tastelessness with some ham. It is an old German cooking-teacher's advice to add a slice or two of cold cooked ham or tongue, and a little sausage if it is handy, to any made meat dish unless the meat itself has a particularly agreeable flavor. The receipt for meat soufflé used on the historic occasion called for two cupfuls of mixed meat and bread crumbs—proportions to be dictated by quantity on hand—a cupful of white sauce and two eggs. Make the white sauce with a cupful of milk and a teaspoonful each of butter and flour, cooking with it a wee bit of bay-leaf. As soon as the sauce is cool, but before it is cold, turn in the bread and meat, season with salt and pepper, add the beaten yolks of the eggs and, lastly, the stiffly beaten whites. Bake in a quick oven about twenty minutes and send at once to the table before it falls. Any left over meat with tasty seasonings can be used for the purpose.

THERE is also a soufflé, which is confined largely to the chafing-dish, that deserves a more substantial place in the family commissariat. As a rival for Welsh rabbit it is often called English monkey, but the dish makes an excellent substitute for meat at luncheon or supper.

The receipt calls for three eggs and a cupful each of milk, bread crumbs and soft American cheese. Melt half a tablespoonful of butter in a pan, add a saltspoonful of mustard, salt, pepper, and paprika, turn in the milk; and when the milk bubbles, stir in the bread crumbs. When they are smooth, add the yolks of the eggs and, lastly, the stiffly beaten whites. This soufflé does not fall easily if it is cooked right, and it is more digestible than Welsh rabbit.

Another cheese soufflé is made with either hot boiled rice or bread crumbs. Stir a cupful of the rice or bread crumbs into a cupful of white sauce, add the beaten yolks of two eggs, and then fold in the stiffly beaten whites of the eggs. Turn into a baking-dish that can be sent to the table and bake for twenty minutes in a quick oven.

As cheese is one of the most nutritious foods there are, and, in addition, much more economical than meat, any dishes in which it figures should be most popular.



# November McCALL'S MAGAZINE 1916

**T**HERE are very few people in the world who can afford not to dress well, and those few belong to that mythical minority

who possess all the money, all the friends, all the mental dominance they want. Nothing succeeds like success is an old truism, but equally true is it that a sense of personal power likewise breeds success, and that nothing imparts so great a feeling of power as the sensation of being well and becomingly dressed.

Not long ago two women were in my office, fifteen minutes apart, both seeking a position on the staff. I was familiar with the record of both of them, and although their experience had been quite different the result in acquired qualities and in efficiency was practically the same. To all intents and purposes they were equally fitted for the position, and I had only postponed the offering of the position to the woman who had first applied because I knew the second one was waiting and thought it only fair I should talk to her also. But the moment the second one came in and sat down beside my desk, I had to change my mind. By the force of some right which, at the moment, I merely responded to without trying to analyze, I knew the position belonged to her rather than to the first applicant.

**L**ATER, however, I began to wonder just what had been the motive power behind that involuntary decision of mine, and it was not long before I arrived at the correct conclusion. The second woman, although endowed with no more compelling attributes than the first one, had, and diffused, a sense of personal power. And it was clothes that gave it to her. She was groomed with extreme simplicity but with an attention to colors, tones, lines, freshness, that made me feel as if I were gazing on a work of art.

This is a striking illustration, but everywhere there is just as excellent evidence of the effect of thought-about clothes.

You have undoubtedly visions that you want to see turn into reality, ambitions that you want

## JUST BETWEEN OURSELVES

By the EDITOR

give you the power of demanding concessions from the world.

**I** DON'T necessarily mean by this that everyone should immediately proceed to spend several thousand dollars for a Newport wardrobe. Of course, it would be pleasant, and infinitely simpler if we were all millionaires, but since we are not, there are happily other ways of achieving the same result. A fifteen-cent, flower-besprigged organdy is the wisest costume for many a young girl, the monotonous, well-cut, severely tailored costume is the right one for another woman, velvet of rich hue is necessary for another; but whatever kind or degree of costume it is that expresses you, you should wear. You know what are your most pleasing qualities of character, of face, of figure. Then decide how they could best be emphasized. And, above all, never lapse for a moment. Have your clothes always ready to help you dominate any situation.

A woman once told me with pride that she was not like some women who had to bathe every day; she had her weekly bath only and was as spotless as any of them. I was not particularly interested in disproving her point, but I repressed myself with difficulty from retorting that now I had the key to her mental sluggishness, her painful inability to reach out and take from other people what belonged to her. She had no sense of personal power, such as, improbable as it may seem, a morning shower and a fresh, proud-spirited costume would have given her.

An appropriate wardrobe can be had by almost every one if, lacking the money, the individual is willing to pay a price in terms of time and thought; and why not have it, if clothes carry with them that magical sense of power? The whole world kneels and pays homage, in the shape of its dearest treasures, to power.

# LITTLE MISS PRETEND PERSON

By MAUD MAY THOMAS

Illustrated by KYOHEI INUKAI

**L**ITTLE Annie Gladdie had never experienced a really intoxicating joy in all her life. Hers were of the sober, decorous sort, attended by dignified smiles and lacking the colorful thrill of laughter. They came to her carefully assorted and labeled by her mother and signed by the trustees.

Indeed, all of life had come to this little manikin ready-made and, as is often the case with ready-made things, it was a misfit and kept her wriggling about uncomfortably. She was mutinous enough, but not brave, her nearest approach to self-assertion being when, in imagination, she reveled in strange and delicious revolt. During such moments, her reckless Pretend Person became spoiled and petulant, demanding of those about her exacting and adoring service—the antithesis of life as she found it.

This morning, she sat for a long time motionless, though it was time to shell the peas—a thing she detested. She was trying to tidy the thoughts which tumbled about in her mind and there was no thought of peas among them.

It seemed to her that if she could get away where her status was not so clearly and obviously settled, she might become a Person, a real, all-to-herself Person—not so very interesting a one, perhaps, but at least a definite something.

She had played the part of door-mat and had been trodden by other people's Purposes into the meek, unresisting state expected of door-mats in general, but there were moments when she wondered what would happen if she were to curl up at the edge and trip one of these Purposes in its masterly stride.

She wondered later, as she shelled the despised peas, poking them from their full green pods with a vicious thumb, what would happen if she should refuse to write that dull, dutiful letter to Aunt Ruth thanking her for the usual fall box which had just arrived.

**W**HY should she always be the victim? Eleanor May wrote well and painlessly—seeming actually to enjoy it. Besides, she was equally benefited by the "traveling clothes," as she had named them because they descended from sister to sister, according to size.

It was from Aunt Ruth's *passé* wardrobe that all four sisters had been clothed since they could remember. The

garments were wonderful on their arrival, showing in their well-bred way that they had enjoyed a lovely season in Washington. Annie Gladdie always winced when her mother's rebuking shears strode with puritanical sternness into their innocent gaiety.

Being a minister's daughter is a complete occupation in itself. There are certain extortionate traditions which must be lived up to. Keeping on good terms with one's own ideals is considered enough for the ordinary mortal,

but a minister's daughter must not offend any of the ideals in her father's fold, and Annie Gladdie was expected to be a model for all feminine Methodist youth.

She had grown to think the word duty the ugliest in the dictionary. It had many and varied meanings, each more unpleasant than the other. There were more duties than pleasures in her life and they were not to be evaded. Here, for instance, was the tedious, dull-faced, sleepy-headed duty of her aunt's letter. She knew by experience that there was no escaping it, and after the dinner dishes had been cleared away, she sat down glumly to her task.

**S**HE began half-heartedly, watching with envy the flying pen of Eleanor May, who was sending off comfortable reams to a friend.

Dear Aunt Ruth: The box arrived and everything is very acceptable. Mother is going to make over everything for us girls except the brown silk which she thinks she can use for herself by letting out the seams, though she is not so thin in places as she was.

Having written this much, she sat wondering why people who were not obliged to do so, chose to write. She read the lines several times, trying to get an inspiration, but none came.

She was folding the sheet when her mother inquired if she had mentioned that her father had been ill and that his salary had not been increased, as promised at the last General Conference.

She replied that she had not, adding hastily that she would put it in a postscript.

She continued dutifully:

P. S.—Father is not so well as usual, and we are trying to economize more than ever. We do not really mind this, however, as much as you would think, for we are always doing it. Mother told me to tell you about Father, though I don't imagine you will find it very interesting. But very few things in our own lives are, are they?



ANNIE GLADDIE LEANED FORWARD ON THE EDGE OF THE SEAT AND FLATTENED HER SHAPELY NOSE AGAINST THE PANE



She sat pondering this thought for a moment and unconsciously, almost, her pen lined her thoughts.

Perhaps if we had ever had lovely things as you have, we would find it harder. It is all in getting accustomed to things—only there are some things that you can't get accustomed to. For instance, I think I should never, never get accustomed to having things like you. "It is better to have loved and lost" is all right if you can't help losing, but having gotten hold once, I should certainly hold on tightly. I should like to love just once—not in the sentimental way, though I should like that, too, no doubt, as most people seem to—but I mean, I should like to have good times. It must be great fun and I have never had any fun, except looking at your things. They all come here looking just like you and are made over to look just like me, which must make them feel as if they had loved and lost. And as if that is not enough, they are afterwards made to look, in turn, like Eleanor May, Frances Felicia, and Marian Roberta.

Looking like Frances Felicia is not so bad because she is really very lovely and seems to have a way of triumphing over even Grayville styles. (If you could see them filing stiffly into church on Sunday morning or sitting brittlely in the front parlor at Sewing Circle, you would know just how great her triumph is.)

You have never seen any of us and probably haven't bothered to think how we look. F. F. is the only one who looks interesting and I don't know why she should, for she has my hair, E. M.'s nose and M. R.'s chin, and none of these is very good, but I guess it is the way they are put together.

I am always brighter in school, but every one thinks she is. It helps so much to be interesting looking because then, even if what you say is not very brilliant or amusing, people look at your face and think it must be. Because it is on you, they think there must be more inside. I wish it had happened to be on me, for it is an awful waste to be put where it doesn't show.

Did you ever long to be a Person—I mean, Your Own Person? I suppose not, as most people are, I fancy. I have never been, because I have to be the Minister's Daughter, instead. I think if I could go somewhere where nobody knew me, I might make a try at it and it would be very interesting to know just who I am. One can never tell who one is. But nobody is likely to invite me, and that is the only way I can hope to get away from here. When people have a guest, they like her to be fascinating and no one is likely to think me that. You couldn't, yourself, for instance, could you?

"But I would be much obliged if you would try," she mumbled to herself so fiercely that her mother thought she was groaning and asked her if she had a pain.

Distracted for a moment from her letter, she re-read the last few paragraphs. She was rather astonished at what she had written and sat biting her pen in indecision. Then, with a spurt of confidence born of her unusual achievement, she continued:

I didn't know that I had written all this. I was just thinking and my pen kept skipping along beside my thoughts. This is the first time it ever happened to me, as pens have a way of settling down in my hand and going to sleep.

I have always disliked writing to you, but, some way, this seems different and it is a pity not to send it, though I do not think Mother would approve. It makes me feel as if I know you better, or you know me better—but isn't that quite the same thing? Or is it?

Annually, but differently,

Your Niece,  
ANNIE GLADDIE.

I signed this again because this is my real letter. The other was the Minister's Daughter's.

MRS. HILL received the letter with several others and sorted them according to their relative importance, beginning with that of a friend who was detained abroad by the war, and ending with her niece's note.

Having finished perusing her other correspondence, she took the last letter from its humble place and opened it from habit rather than intent, smiling at the brevity of the note on the first page.

She was about to throw it in the basket at her side when the word "Postscript" at the bottom of the page caught her eye.

When she had finished her first hurried reading of it, she went over it again thoughtfully, studying the unmistakable handwriting.

"Of course Annie Gladdie wrote it," she murmured. "It is her hand, but it doesn't sound one bit like her head!"

She recalled the annual messages she had received, almost identical in their dull primness. Her impression was that this was distinctly not the kind of a letter one would expect from a child of her step-sister. She found herself keenly interested.

Mrs. Hill was what Annie Gladdie would have termed a Person. She had never reached the point where she was not anticipating something with interest. If there were dull places in her own life, she was not aware of them, because she was forever dipping into things that did not directly concern her—not from mere curiosity, but because of the fascination the odd little quirks of life held for her.

"I must know," she said, her fingers groping already for the pen, "I must know just who Annie Gladdie is."

With characteristic promptness, she carried out her intention in a letter of invitation to that young person. The visit was to be of indefinite length, to begin as soon as possible, and a check was enclosed to cover the traveling expenses.

When Annie Gladdie received the letter, she read it with shivers of ecstasy, deciding that nothing could now be too wildly beautiful to come true. No thought orgy she could possibly devise, and some of them were very wonderful, could exceed in splendor the facts before her.

One of her silent little beliefs was that to any one who had the hardihood to insist, Life could be very generous. And here was the most delightful adventure imaginable coaxing her to try its thrills. "If you fail me, Annie Gladdie," she threatened herself a dozen times a day, "I shall hate you forever."

WHEN the day of departure actually arrived, she was quite giddy with excitement, for with all her mental preparation, the actual going was a shock. She felt rather numb as she kissed all the family good-by and listened but vaguely to the admonitions heaped upon her. She felt that she had already committed herself to many things of which the trustees would not approve.

It was dusk when the Pullman rolled into the great, new station at Washington. Annie Gladdie leaned forward on the edge of the seat and flattened her shapely nose against the pane to catch the twinkle of many lights against white buildings, until the shed roof shut out everything but her immediate surroundings. The next minute she was being handed down the high step, feeling like a Cinderella.

"Is this Annie Gladdie?" asked a voice quite close.

For the first time she acknowledged that fact joyfully.

The lady who had come to meet her was the most astonishingly young-looking gray-haired aunt she had ever seen in her life.

A man in livery whose name was "James" took her bag and they passed through the softly lighted waiting-room filled with journeying crowds.

A great blue limousine was waiting for them and it swung out of the line noiselessly and rolled away through streets that grew less and less crowded and busy until they turned at last into that part of Sixteenth Street where every residence contains a Personage.

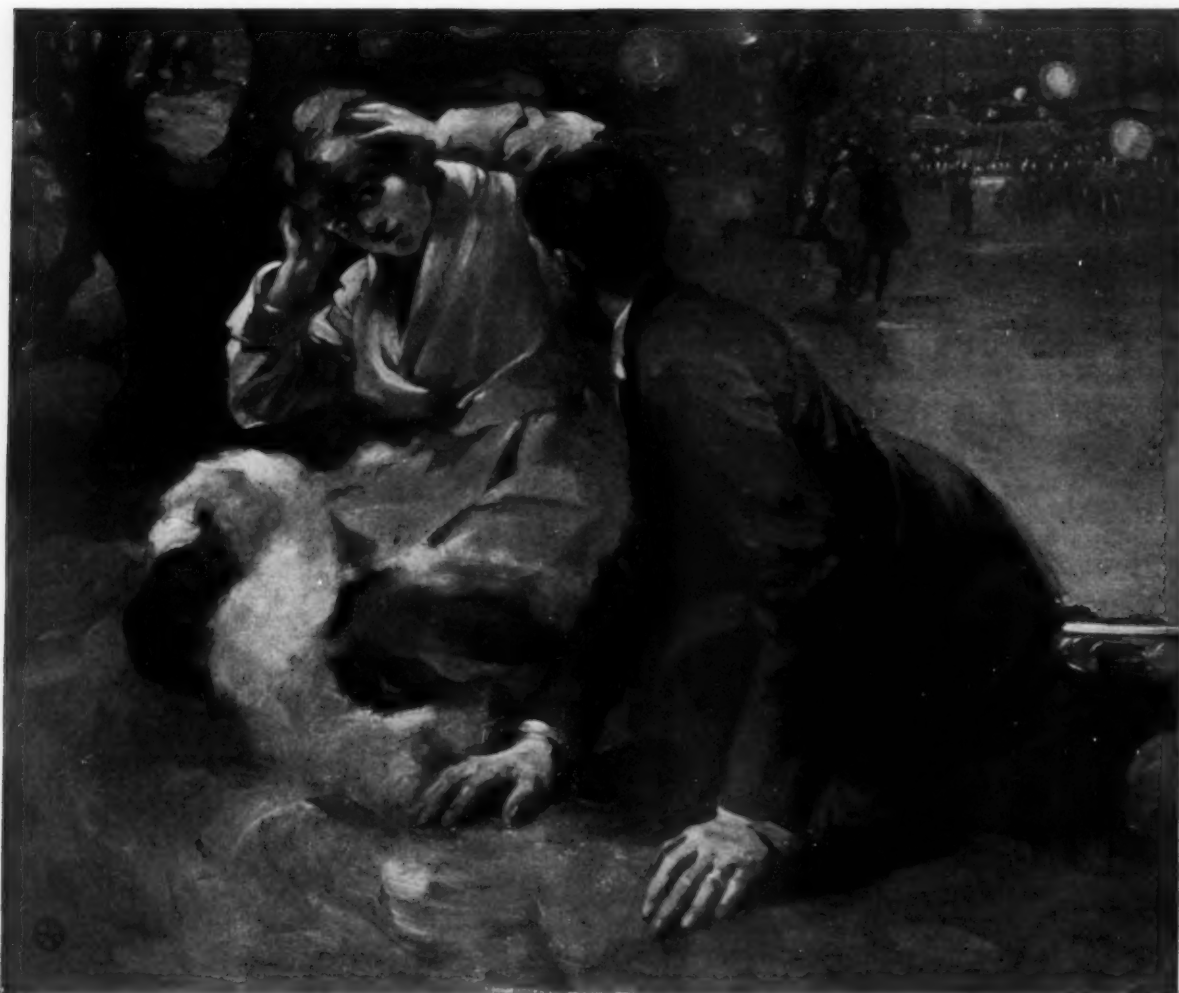
The house before which they stopped was not a large one compared with some of its more pretentious neighbors, but it quite took Annie Gladdie's breath. She was tingling with curiosity to see every inch of this place in which she was to live for a time, but she was shown almost immediately to her room, which was a marvel of dull blues and ivory.

A bath had been prepared for her by a maid who was waiting to do something—whatever it was maids did—and her Aunt, with a tactful remark, left her to retire.

Afterward, in bed, her body cared for as never before, she fell asleep luxuriating in this unwanted privacy. Always before, there had been Eleanor May, Francis Felicia, or Marion Roberta with her. She rubbed the soft linen against her cheek, feeling that what was happening was far less real than the events in her dreamings had ever been.

It seemed but a few moments before she awakened to another bath, with fresh towels, and breakfast in a room named for that meal.

Mrs. Hill chatted over her coffee, then suggested that her guest name her preferences in the way of amusements. It was not her usual manner of entertaining, but then Annie Gladdie was not an ordinary guest.



"ANNIE GLADDIE, YOU ONLY GIRL, WILL YOU MARRY ME?"

"Do you mean that I am to do anything I like?" she asked.

Meeting an affirmative smile, she drew a deep breath.

"Perhaps you can't manage to let me do all the things I want to do—there are quite a lot. But, please, I should like to begin with the fox-trot, and a comic opera, and Fort Myer—I've never seen a real soldier—and the Whispering Stone at the Capitol and—and, Oh, will you see what it is Mother hasn't done to my clothes?"

She stopped suddenly and looked anxiously at her aunt.

Mrs. Hill was sitting silent, her finger idly following the pattern of the napery. She turned on her niece a look of interested inquiry.

"Would you mind telling me about that letter?" she asked. "You know it was quite—different and perhaps if I understood—"

Annie Gladdie blushed in sudden self-consciousness; then she began eagerly, for here, she felt, was an understanding sort of person and she had never really talked to one before. She told her aunt all about Grayville, about her mother, about being a minister's daughter, and as she went on, the whole lack of her life surged over her so that she made it even more vivid than she knew.

**B**EFORE she had finished, Mrs. Hill knew a great deal that was not spoken. Here was a lost personality trying to find its way home. She took Annie Gladdie by the shoulders and kissed her on either cheek.

"Let's go to my writing-room," she said gaily, linking an arm in Annie's, "and plan all sorts of nice things." She was happy. She had put her inquiring finger into another pie and it tasted good.

While Mrs. Hill gave a half-hour to her secretary, Annie Gladdie made the most of her opportunities to study this new environment into which she had entered. She gleaned the astonishing truth that her aunt was canceling engagements without regard to their importance, so that she might give her time for the present to her niece.

The "nice things" happened later when her wardrobe was gone over, after which orders were given, engagements made with the tailor, and shopping-trips planned, the extent of which quite took her breath. One day, a big surprise box came from an exclusive New York shop and Mrs. Hill announced that Annie Gladdie was finished. It was a party dress, white where it should be white, pink where it should be pink, rich with deceptive simplicity—in other words, a creation. It was her coming-out gown. "Coming-out" had to be explained to her. None of the Grayville people ever "came out."

By now she had discovered that being a guest was not at all the thing she had thought it. There were no obligations, apparently, no one expected anything, and if she happened to bubble over from suppressed excitement at the hourly wonders being achieved in her behalf, it was considered amusing, though she could not understand why.

There followed breathless days in which she learned the fox-trot and other steps quite as exhilarating; saw plays of all kinds; and met Lieutenants and Generals and Majors—she was not quite sure, yet, how they ranked, but they were all delightful.

It was at a *thé dansant* that she met the first of her aunt's friends. She had thought, of course, that they would be like her aunt. All of her mother's friends were

[Continued on page 83]

# MY RUSSIAN INVASION

By ERNESTINE EVANS—Illustrated by KYOHEI INUKAI

The further adventures of the American girl with a sense of humor who traveled alone through Russia in war-time

I SAT an hour there in Vologda. No, not an hour, for I untwisted my legs and made an excursion on my own initiative to buy a colored box at a peasant woman's stall—a red box that was one of twenty my greedy soul coveted out of her gay basket. We talked at length in that language which is more competent than Esperanto will ever be—the clink of copper kopecks—and I went rather dismally back to my perch to nurse my hope that Excellency had not deserted me. It was rather disconcerting to sit there surrounded by those sullen-looking women keeping watch on my every movement when I was quite as helpless as they!

The air was cold and frosty with a bad, damp sting in the wind, and as I sniffed, for the first time I knew what Tolstoy meant when he used to write so often of the "Peculiar, not unpleasant, peasant odor." Always, I shall think of Russia with that strange scent in the nostrils. And never will I forget my leaping heart, when a familiar round face with its military cap cut a swath in the crowd, and Excellency was returned to me—but in trouble.

There was a train. It was coming presently; but this rabble, this waiting, persistent mob was to be fought with. Might he explain the only possible plan of action?

"I must make a *scandale*! Such a row! So it is always done." He screwed his face to rage and power and mocked out from under haughty eyelids that here came the Czar's own



A SECOND SCANDALE IN THE CORRIDOR CONCERNING HOT WATER FOR TEA

messenger with papers to read in the train, first-class and alone.

"The guard will quake and I will give him ten roubles." The *scandale* was made. The guard quaked. The ten roubles passed. How roubles do pass there in Russia for "special This" and "special That!" Not, I hardly need to add, that palms don't itch from Nome to Jericho.

I am not maligning Russian weather, but it is true that as I waited, I turned over in my well-stocked mind all I knew of chilblains; and I was only too happy when a second important little train with its wood-fire smoke turned the station crowd into an hysterical mob.

WHISK! There was a moment of noise and movement in which I beheld the solid forearm of the man who had taken the roubles; I heard the click of a key; and I sank again into the wide cushions of a Russian train! Petersburg—Petrograd—seemed less of a dream. We were actually going there.

The little engine burst into asthma and we choked away south and east. Sounds of despairing passengers who had

made no success of being Grand Dukes incognito grew faint, and the sun sank low and red over the far reaches of the Russian plain. I pressed my cheek against the cold

window-pane, and there swept over me some of the slow, outreaching melancholy which seems to hang like weird mist over all the northern empire. It looks out at you from the eyes of peasant porters, it speaks in the heavy step of the women with their bulky petticoats, it sounds in the guttural softness of the language, and lurks in every snatch of song.

"What's the matter?" I said to myself. "This is only level country—Kansas, Nebraska, North Missouri—sunset." But these were different plains and they cradled different moods, and always will.

You might have known it. In the midst of my yearning, Excellency, with slow elaborateness, was undoing the motor-picnic set, and making a second *scandale* in the corridor concerning hot water for tea.

"Russia is the country of the future," I quoted to myself. "Yes, indeed," I added, "the place is so full of the Will to Eat."

I WISH now that I had kept a journal of the meals and chatter that punctuated the rest of my journey down to the Capital. At one station, I made the acquaintance of a new cranberry sauce worth recording, made of little red shoe-button berries. Game-birds were to be had for a song—ten cents in our money—and stuffed and piping hot at that. Now that nothing was exported to Germany, Excellency explained, those who hungered in Russia could eat the choicest delicacies that used to feed the Potsdam Guards. He grew tender as he thought of High Germany bereft of its good, gray caviar.

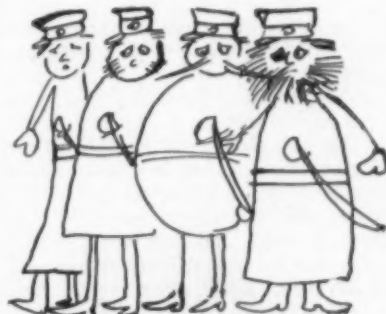
My record for golden tea grew to gallons, and I began to believe in the legend that caravan tea, overland all the way, has a secret that ship-tossed brews will never know. Smiling yellow tea! How had I ever been happy with green or black tea turned soapy color with milk? In another half day, I had pity for those who knew no better. Sometimes, we clambered out at stations and had the station mistress draw our cups of tea from her gleaming old brass samovar. Oftener, I sat sedately curled in the corner of my compartment, and watched Excellency make and pour it forth with ceremony, as he recounted a tale of his journeys through England and complimented himself on the practice of English he was having, and of the ease with which his two daughters managed London vocabularies, and French and German ones, too.

"But no German now," he ended abruptly.

The war was never absent.



MY RECORD FOR TEA GREW TO GALLONS

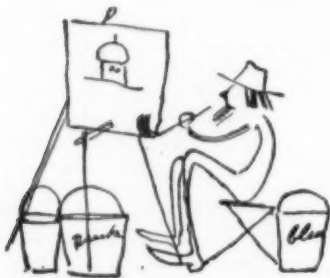


SOLDIERS AT EVERY STATION



There were soldiers at every station—peaceful-looking, rather clumsy giants in their stiff, long overcoats. And before the icons—metal pictures of the Virgin or the saints that hung on every station wall—were many wifely candles glowing with faith in Russia and hope for Ivan's safety. They sent strange, flickering cross-beams over the faces of dismounted travelers who swished and gulped noisily at red-cabbage soup, thick and greasy and savory, the national peasant dish. Yes, Russia was at war, Holy Russia was at war!

"Of course we shall win," said Excellency with profound and foregone faith. And his sword seemed to gleam a little brighter at his patriotic emphasis.



GAY PAINTERS WHO PAINT IN ARCHANGEL.

Then we clambered back to our second night's discussion of compartment temperature. Outside, the argument in the corridor grew louder and louder, and the language more and more foreign; and I wondered how strangers ever dared to try red-cabbage soup without the assurance of Excellency.

lency that it was eatable beyond all broths in Christendom.

Forty miles outside Petrograd, I was wild to arrive—ready and waiting like a child on a first journey. Excellency was turning over a theory of his that all women over forty and all men under it are wicked and the rest of the world quite to be trusted. He sketched the futures he desired for his daughters; he answered my questions as to the long, but sure, civil-service careers by which one becomes a pillar of the bureaucracy in Russia. We talked rapidly, not of cabbages, but of his course in naval architecture and the geology of the Riga Harbor, freight rates to Odessa, and of vacation *datchas*. The *datcha* is the little wooden house the Russian moves to in the summer-time, where he has a little garden and a countryside in which to spend the long, white summer nights that make an enchanted season in the shade of the North Pole. We were passing clusters of them now as we neared Petrograd, queer, amusing houses. A good many of them must have been busy work for a scroll-saw carpenter, and they reminded me of the gay painters who paint in Archangel—their painters had been so lavish with buckets of pink and blue and had dabbed about to such an extent in buff and satiny shades of pale green. It's a gay life, Russian country summering.

TAKE off your glove," commanded Excellency. In five minutes we would be in Petrograd. I peeled my glove and held forth my grubby school-boy paw.

Double he bent. "It has been—" such a resounding smack across the knuckles—"a pleasant journey. My English has improved—" another, shades of Marie Antoinette!—"Yes, it has been a very pleasant journey."

I laughed and reminded him that only yesterday he had told me that old customs were passing in Russia and the kissing of hands, he was glad to say, was fairly running out of fashion.

"Yes, I know," he said gravely and tightened his sword. I put on my mittens.

We jerked into the station. There were soldiers running everywhere, but it was a more sophisticated hub-bub here than in the places we had left. This was Petrograd, Cosmopolis, a great potpourri of modern cities, a dash of Paris, Berlin, Hamburg, the Hague, and Milan, made to order for Peter the Great, on the damp and marshy banks of the Neva, but Russian for all that.

I was bound for the Hotel de France, with Excellency's terrible warning to guard my passport ringing in my ears,

kindly good-bys mingled with my lyric gratitude, in a swaying Russian droshky with its low shafts, and a bulging creature in a wild-looking fur cap who must have been invented out of overcoats, clicking and mumbling up in front. How well, in days to come, I learned to know his species, Ishvoshtick, with his red or blue ribbon wound round the middle of his feather-bed person, his chaff over the shoulder or bit of religious digression, and his wily bargains for kopecks and roubles! For there are no taximeters here to settle charges, but wit on wit in oriental bargaining fashion, Billingsgate, and pantomime—three blocks of dramatic bargaining before one relented and climbed in to sway to a destination. I am a pedler at heart and really loved it!

We took a clacking way over the cobblestone square and swung into the Nevski Prospect, main street of all the Russians. It was more than strange, for the signs were in Cyrillic alphabet, and the Greek letters are always picturesque to foreign eyes. They danced in the Sunday sunshine over cake-shops and leather marts and frescoed the city with legends that I thrilled to discover.

IT was a most polite Frenchman with a misdirected wall-eye that gave him an air of seeing more than he should see—the chances are he saw a great deal less—who welcomed me into the Hotel de France, which is just this side of the great, red, over-street arch that led to the Winter Palace Square, the square of Bloody Sunday where the revolutionists of 1905 suffered themselves to be shot down. He is one of the most celebrated hotel proprietors in Europe and wore the characteristic Russian air—a lively curiosity, but no surprise—as I thrust out my passport for the porter to submit to the police. Never any surprise! Everything is quite to have been expected in Russia, and I felt strange only to myself. To them, American girls might have been a most familiar accompaniment of war—which was very nice.

I felt quite cozy by the time a stout peasant servant in red blouse and green apron had brought up my things and knelt to make a wood fire for me in the porcelain stove. It stood from floor to ceiling, a shining monument of green and white tiles, with a personality all its own, which neither a radiator nor yet a black iron stove can boast. Its processes I came to know later. A fire was built once or twice a day and it did its duty by radiating until the next fire was built.

Occasionally, I would open its little grating and sit there before the bright embers in its pit, wishing for America—for miles are miles—but often—er I would merely chuckle, and thrusting the war ten thousand leagues out of my universe, recall the absurd happenings of my day.

For Russian days are bound to seem absurd to him who comes from other places, and I half think the Russians must seem a little odd to themselves. My days were pleasant jumbles. Somebody had sent an English girl to see me. She was to go calling with me and translate the morning papers, and be a sort of super-governess to the working girl.

Often I asked myself precisely what it was that had brought me there. "Why, to write about Russian women at work, to be sure," I would assure myself, "and to visit the American Red Cross Hospital, if it ever should get itself established." At the time, it was folding its hands, and no amount of grumbling to the Embassy had caused



SUCH A RESOUNDING SMACK ACROSS THE KNUCKLES

a single minute of haste on the part of their Russian hosts to find the Red Cross doctors and nurses a place to work in. At least, so it appeared to me.

I left off worrying about them, and betook myself to the American Consul to discuss the customs of the country. It seemed to me that sleep simply wasn't a part of anybody's program. It turned out to be no cause for complaint that the Georgian lady with the soft voice, who had the room next mine, ate her supper at two o'clock in the morning with a resonant-bass-voiced Cossack. The American Consul was a Virginian, fresh from service in Tahiti, who did himself up in mufflers like a Laocoon. I think he felt that my complaint was really ignorance of the language, that had I only been able to get the gist of the dialogue, I might have enjoyed the whole amiable rumpus, and even wished for a keyhole. This was very near the truth.



WE TOOK A CLACKING WAY OVER THE COBBLESTONE SQUARE

IT was on my first day in Petrograd that I set forth to call on Madam M., the widow of the hero of Port Arthur. B. O'H., my English super-governess, came along. I had been in Madam M.'s parlor for three minutes when, "My dear," she said to me in French, as I sat on her great half-moon couch without legs, like a giant pillow, "you are Russian style. You must have Russian clothes."

I timidly ventured something about my perfectly satisfactory blue serge suit. It was French, and a scandalous extravagance for me. She replied, "We will help you in purchasing."

I suggested that I didn't see what particular good it would do me to look in Russian style; and she said we would shop on the very next day. I feebly hinted that that was unnecessary, and the engagement was made for ten o'clock, sharp. Just how it happened wasn't clear to me then, and it isn't now. But I tried on all her frocks, and all her daughter's frocks. I turned my Slavic cheek-bones to the light.

"Very Russian style," said the assembled party. I left her house with everything settled. I was to have made for me something very Russian, of brown velvet with fur at the wrists and throat, a Russian belt, and a hammered peasant buckle from the Urals. And in three days I did have it. I could call myself Olga or Sonya or Masha in my mirror and look the part. I have never had so beautiful a costume, but the why of it I shall never understand.

The world, it seemed to me during those first few days, was full of war correspondents, of all kinds and shapes. I was bringing messages from a New York editor to his staff man, and he and his crony used to come in for luncheons. One was a rattlingly funny little hazelnut of a



VERY RUSSIAN STYLE

man and the other an ex-captain left over from the South African war, picturesque and very English, in puttees and riding breeches.

"Bah!" the first used to say to me. "You should see O. in Warsaw. He rises at noon, and goes forth. 'Ish-vostick,' he says, 'drive me to the nearest atrocity.'"

"Just ragging me," the other would explain; and the two of them would go in for mental single-stick and dig at each other with humorous affection. But, between times,

they would sober, and talk of Poland and long, dismal Polish roads with mud like sludgy quicksand, and the heavy, sinking tread of moujiks called to war, unquestioning, "For Holy Russia and for Little Father Czar."

Then we would finish and ride off down the Nevski to the Piccadilly Cinema. They were both Londoners and wrote for London papers, and they loved the name of Piccadilly with a touch of passionate delight and loyalty.

Whole days went by, when Petrograd seemed merely a great adventure, and the tragedy of the war died completely from the colorful pageant about me. In a country at war, the war didn't strike a melancholy note at all. Prof. M., an important member of the Duma, and editor of the most liberal newspaper in Petrograd, explained it to me this way.

"Just before the war," he said, "it is true that affairs were in a wretched state. There were strikes in the arsenals, Russia was divided and topsy-turvy. The government was in despair when war was declared, until suddenly and unexpectedly, from every quarter of the Empire, to the farthest mountain corners, there seemed to rise a cry from the very heart of the peasants, 'After the war, better times will come.' It swept over the country like a falling in love, and the wretchedness that all war brings dropped out of sight. Even the Czar became very popular—we saw the unmistakable enthusiasm of the crowds on the films at the Piccadilly, as he had spoken to his people from the Palace in the Kremlin at Moscow. As to the better times the peasants so expected, it remained to be seen whether the war would bring them, he said. And as to how long the war would last, he couldn't say. Most people believed a few months would end it."

As I rode home from Prof. M.'s, I passed hundreds of Red Cross Lazarettes, with big six- and twelve-foot crosses, which looked so red and beautiful against the white plaster walls, that it was hard to remember that they were not sheer decoration, but the symbols of succor; and that behind the walls were a harvest of maimed and wounded, torn and mangled and blinded remnants of what once were men. It was toward midnight that we turned into the Nevski Prospect and came upon a column of convalescents marching from their hospital up to a mass at St. Isaac's, whose tall spire, "The Golden Toothpick," stands at the Nevski end, by the banks of the Neva. They marched to their national anthem, which seemed a dirge-like hymn after the thrilling challenge of "The Marseillaise" or the blithe pipe of "The Star-Spangled Banner." The white bandages on the men's heads gleamed in the moonlight as the column tramped along; and, suddenly, I shivered and a throb of icy melancholy caught and held my whole heart.



WAR CORRESPONDENTS OF ALL KINDS AND SHAPES

BUT from every tragic night there was a ridiculously amusing morning to wake to; and whatever nightmares I might have were always drowned in the amiable merriment of the Lady and the Cossack. Early in the morning, I could walk out to see the cake-shops. Cookie-shops and tea-shops—they were legion—were labeled "Belgian," where humble Herr Germans had once dispensed their goods; "Montenegrin" coffee was proclaimed where "Vienna" coffee had once been the tempting invitation. I continued to have tea at the rate learned in Excellency's society; and I seemed unable to cash a check without interminable waits shortened by two cups of tea, and sticky cakes. "Plenty of time," my banker would say.

[Concluded on page 65]



A PARK BABY  
WELCOMING  
JACK FROST



A COMMITTEE OF THREE CONSIDER THE  
PROBABILITIES OF HIDDEN TREASURE



THE  
EXCITING  
PART



APPRECIATION OF ART



SCIENTIFIC RESEARCH EXPEDITION



A PREPAREDNESS PARADE

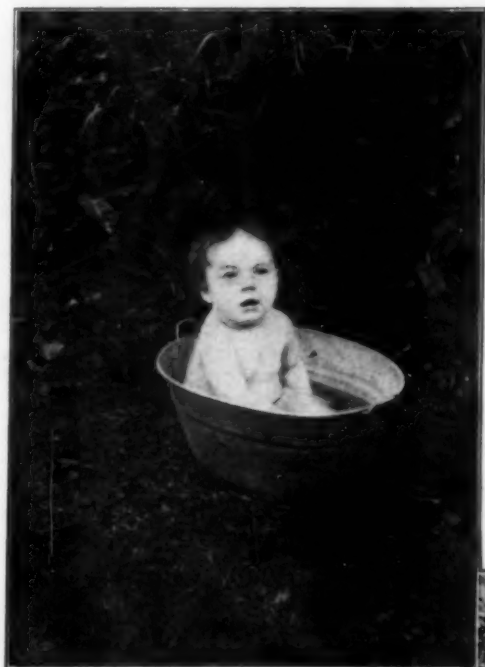


AMATEUR SPORTSMEN

## GREAT

Do These Remind  
When the Back Yard  
And the Near-by Woods





SO THEY WENT TO SEA ON A PIRATE SHIP

QUITE  
CONTENT

## MOMENTS

You of the Days  
Held Untold Romance  
Shouted Adventure?



THE MAGIC PATH



HER FIRST ROMANCE



WHEN HE LONGED TO BE A LINGUIST



MEETING OF THE AMATEUR COOKS' CLUB

# MIXED PICKLES

By MARIEL BRADY

Illustrated by RALPH P. COLEMAN

THE Princess Dainty, alias "Shorty," alias "Pocket Edition," etc., to the flippant office staff—in prosaic city life, Miss Constance Adair, designer of artistic book-covers—swung her four feet ten inches lightly from the still-moving car and fled toward her own tiny apartment in the Armstrong Arms.

The elevator was up. The Princess stamped a ridiculous foot, gave the elevator bell a vicious push, then rushed for the stairway. A wedding guest, bidden at the eleventh hour to a runaway marriage, could not afford to wait for a yawning elevator boy to descend from the eleventh floor.

The quiet of her own fourth-floor rooms struck her at once. Then she remembered that Azalea, her colored treasure, was out.

"There's nobody to help me dress," she said dismally. "Well, I'll manage somehow. It's six now and Beatrix said half-past, sharp. I'll never make it!"

The Princess, her cheeks flushed, her brows knit, flung garment after garment upon the bed. She kicked off her street boots and thrust her feet into turkey-red boudoir slippers. Then there ensued a frantically busy ten minutes, at the end of which a regally clad young woman met Miss Adair's critical eyes in the mirror.

A BIG, fluffy black hat rested upon the sunny hair; a silvery, shimmery gown draped the charming little figure, and a mauve-and-purple orchid nestled where the soft folds met the white flesh of the lovely throat.

The Princess bowed to the pretty girl in the glass.

"Not so bad for ten minutes' work," she murmured approvingly and caught up a hand-glass for a back view. The next instant a wail of despair parted her lips, for a terrible situation met her eyes. Right between those pretty shoulders where should have blossomed the most beguiling of chiffon

bows, two long, dejected streamers of mussy chiffon were all that met her disgusted stare.

"I will go!" she stormed. "Somebody in these unneighborly old barracks will just have to sew me up, so there!"

She rushed to the door. Across the hall was the living-room of another apartment. New people had moved in a few days before. The door was open and, sprawled out in a huge leather chair, sat a man, with just the faintest suspicion of a spot of thinning hair on the top of his well-shaped head, a cigar between his fingers, and his eyes fixed dreamily upon the ceiling.

"Brains!" said the observant Miss Adair to herself, noting the incipient bald spot. "He won't ask questions."

She went quietly back into her own rooms, tied a thick black veil over her hat and face, snatched a threaded needle from Azalea's cushion and recrossed the hall.

I BEG your pardon," she said clearly. "I am a neighbor and I am in a most desperate hurry. Will you ask your wife, maid, any woman, to come here and sew this bow for me?"

The man had sprung to his feet.

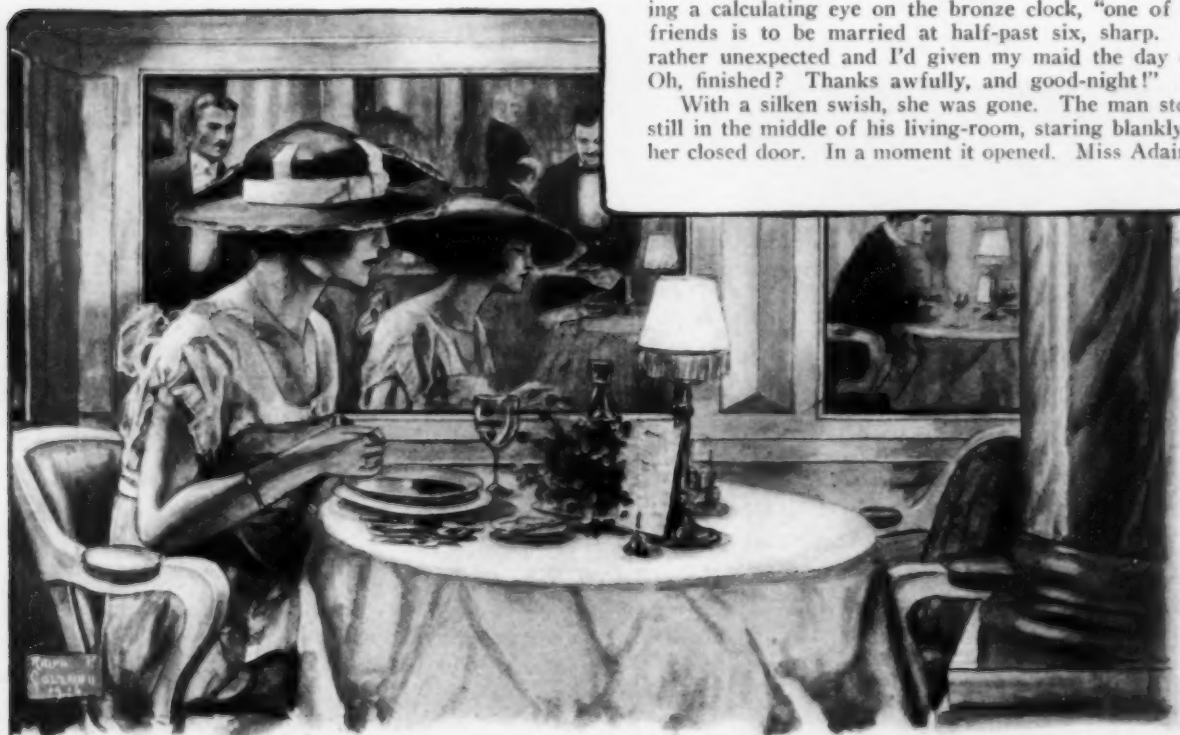
"I have no wife, maid, any woman," he said promptly. "If you want something sewed, I shall have to do it myself."

"You certainly will, then," retorted the desperate Miss Adair, holding out the needle, "and hurry, will you? Just fuss it up into a Frenchy knot and tack it. Thank goodness, I saw at once you were not the Meddling Mattie kind of man who would feel obliged to ask me a thousand questions."

The man smiled queerly at the Princess' white shoulders. His hands—long, capable hands—were busy with the loops of chiffon, and doing pretty well, considering his previous inexperience.

"You see," went on the unabashed Miss Adair, casting a calculating eye on the bronze clock, "one of my friends is to be married at half-past six, sharp. It's rather unexpected and I'd given my maid the day off. Oh, finished? Thanks awfully, and good-night!"

With a silken swish, she was gone. The man stood still in the middle of his living-room, staring blankly at her closed door. In a moment it opened. Miss Adair, a



INWARD MIRTH CHOKED HER AS THE SOLEMN YOUNG MAN, BECOMING

charming vision in an all-enveloping white coat and drooping black hat minus the obliterating veil, ran down the hall to the elevator door. He caught just a glimpse of red lips and a sweetly cleft chin.

The man sat down limply in his leather chair. He lifted his right hand and stared hard at the shining needle and its short length of white silk.

"Well, I'm hanged!" he muttered slowly. "I'm most particularly hanged!"

**B**ARRING accidents, a taxicab gets one to a destination with reasonable celerity. The stunningly clad Miss Adair was congratulating herself upon this fact when the mechanism, with an alarming gasp and snort, breathed its last and the cab stopped. Miss Adair hastily stowed away the gold *vanitie* with which she had been completing her hurried toilette, and got out. The modern equivalent for Jehu reposed, flat on his back, under the taxi.

"Look here," said the lady-fare crisply, "is this machine going any farther, or isn't it?"

"Ax me somethin' easier," came the muffled reply from under the cab.

A little group of interested bystanders collected around the spot. A policeman sauntered up. Miss Adair looked angrily at her prostrate charioteer, then hopefully up the street. After all, the church was only a block away. She could walk it easily.

As she approached the little church, she looked up at its cold, forbidding, gray front and shrugged pessimistically.

"It would be just my luck," she reflected, "to have the ceremony going on somewhere in the rear. Oh, my Pilgrim Fathers!"

The haughty, if somewhat petite, Miss Adair sank down suddenly on the cold, gray steps. Her horrified eyes stared protestingly, unbelievably, at her feet. Those diminutive members, peeping forth from the edge of the shimmery gown, were shamefully clad in comfortable, old, turkey-red boudoir slippers! Across her inward vision flashed a memory of dainty pumps of the same texture as the shimmery gown, reposing on the dressing-table in her disordered room. Passers-by glanced curiously at the little, crouching figure. Unable to endure their eyes, she took the remainder of the steps in two desperate leaps and paused breathless.

"Was there ever such an idiot?" she demanded furiously of herself, pounding on the fast-closed door. This old door is locked. I don't believe there's any wedding here at all! And what am I going to do?"

She glanced down again at those abominable, twinkling, red slippers. Dusk was shrouding the quiet street. Not a sound betokened the presence of any wedding party in the unlighted church. The Princess looked ap-

prehensively about the unfamiliar neighborhood, then forlornly opened her bag. A certain amount of independence may carry one from a little country town to carve out a career in a big city, but to achieve independence in the city, itself, money is needed. And money refused to be found in Miss Adair's ornate bag. A thorough search revealed the sum of fifty-two cents, a lace handkerchief, a pair of white gloves, a golden *vanitie*, a bulky letter minus its envelope, and nothing else.

"My key!" gasped Miss Adair in sudden alarm, pawing wildly in the bag. "Azalea has the other one. It isn't in this bag, it isn't! If I go home, I can't get in to get the cab-driver his money; and I can't go anywhere else in these fiendish slippers; and all the shops are closed!"

A frown settled down on her forehead. "Well," she mused resignedly, "if Beatrix is married, she's married without me, and I might just as well have stayed home and eaten my dinner like a Christian. Now here I am, in a nice pickle. I do believe that's a restaurant over on that corner. If it is, I'll go over there and get something to eat—soup of some kind and an ice. I'm famished. Then I'll call up and see if that gadabout Azalea has deigned to come home yet. If she hasn't—Well, of course, I shall get home somehow. I always do."

**A** VAGRANT dimple appeared in Miss Adair's left cheek. Watching her chance, she crossed the street and entered the brightly lighted restaurant. Seated at a little corner table, her offending foot-gear safely tucked under her gown, she smiled impudently at her reflection in the mirror-lined walls.

"Your one's-and-a-half feel like Azalea's eight's, don't they, honey?" she murmured to the menu card. "Let's see, Julianne, mock-turtle—yes, mock-turtle is good. Oh, I do wish Billy French or Bob Andrews would drop in here! If this ever gets out in the office, I'll resign."

An obsequious waiter glided near, bent a deferential ear for the order and melted away again. Miss Adair grinned naughtily at his vanishing back.

"If he only knew I had just fifty-two cents to my name!" she reflected.

A very tall and immaculately attired young man stalked past the corner table and seated himself across the aisle.



AWARE OF HIS CHEST DECORATION, DABBED AT THE GHAISTLY STAIN



In his snowy shirt-bosom reposed an extremely lovely pink pearl. The gleam of its exquisite curves drew the roving gaze of his diminutive neighbor and held it like a magnet. He was a very solemn young man; his ears stuck out; his nails were too pink and too polished; his chin ran away from his mouth; his eyes were too near together; and he was very evidently conscious of the glory of his raiment.

"Pink pearls, Reginald," reflected the hungry Miss Adair, spearing at a mustard pickle in the dish before her, "do not strike me as exactly in your line. A diamond, now, right in the middle—"

And in the middle of his gleaming shirt-front was exactly where the mustard pickle, jabbed viciously by the famished Miss Adair, landed.

To tabulate emotions requires time; actions are more simple. Miss Constance Adair was a young person of action. In half a second, her gasp of horror was over; in another quarter of a second, the dish of mustard pickles reposed under her table in close proximity to the turkey-red slippers. An exciting childhood had impressed it upon Miss Adair's mind that incriminating evidence is always to be avoided. Not a suspicion of a blush tinted her cheeks as the obsequious waiter placed the soup before her.

Composedly, the Princess attacked her soup. Furtively, the solemn young man, becoming aware of his chest decoration, dabbed at the ghastly, yellowish-green stain with a corner of a moistened napkin. His eyes roved accusingly from one table to another. They seemed to question an inscrutable Providence as to the purpose in this dastardly attack upon him.

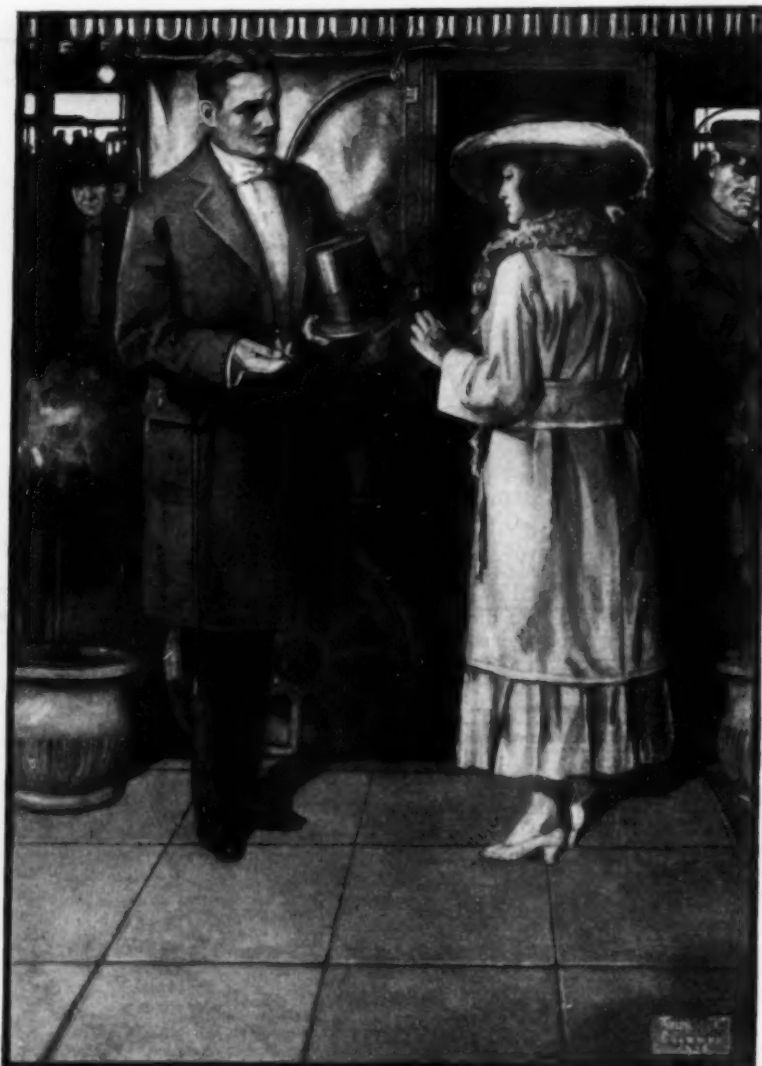
**W**ARILY, Miss Constance Adair watched him. Inward mirth choked her.

"If he makes a fuss, I'll own up," she thought hilariously. "Who killed Cock Robin? I killed—I shall die if he looks at me with that dying-calf expression again! He hasn't a bit of spunk. If any one hit me with a mustard pickle—"

She delicately wiped her eyes, dewy with suppressed laughter. When she removed her handkerchief, she was surprised and displeased to discover that she had a companion at her corner table.

She knew him instantly. He was the man who had sewed up her chiffon bow. Furious red swept into the Princess' face. Then she remembered the black veil.

"He won't know me; he can't," she reflected, panic-stricken. "That veil was as thick as pea soup. But suppose he saw that pickle business! I don't believe he'd tattle; but seriously, Constance, my love, I think a little outside air would be healthy for you. Soup is really a meal in—"



"GOOD-NIGHT, MISS ADAIR," HE SAID QUIETLY . . . "OUR LITTLE COMEDY IS PLAYED OUT . . . HERE IS YOUR KEY"

**S**HE paused in her flippant thought. For a moment her world rocked. She had forgotten those diabolical slippers! And suppose he put his feet in the dish of mustard pickles under the table! She could not go until he went. She could not stir until that bat-eared, weak-chinned, ferret-eyed tailor's dummy did, either. And why not? It was surely no crime for a young woman to be abroad in turkey-red slippers, and if a miserable mustard pickle flew out from under one's fork and hit a bat-eared, weak-chinned, ferret-eyed tailor's dummy, all the lawyers in the country couldn't make that anything but an accident either. She would not be so imposed upon by idiotic circumstances.

The Princess stood up. A quiet voice from the other side of the table spoke to her.

"I think I'd sit down again if I were you."

"Indeed?" said Miss Adair haughtily. "And may I ask your reasons?"

"You may. They are precisely the same as yours: a pair of red bedroom slippers and a dish of mustard pickles."

So he knew! Crimson, the culprit sank back in her chair. There was a moment of uncomfortable silence. She bit her red lips and looked down at her plate of cold soup.

"Unless you oblige me by looking at me, I shall be forced to replace this dish of pickles," the voice murmured.

The flashing brown eyes met the cool gray ones for a moment.

"You would take such a mean advantage?" she blazed at him, and then a curious thing happened. The gray eyes held her own; anger ebbed away from her; she felt a delicious stir in every pulse.

"Why not?" he demanded quickly. "You took an unfair advantage of me when you burst into my living-room

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# THE LAND OF DUSK

## A STORY FOR THE LITTLE FOLKS

By HAZEL ROSS—Illustrated by JULIA DANIELS

**F**AR down on the edge of the land of Day, just between the last rays of the sun and the first moonbeams, nestles the little country of Dusk. Because the land of Day is so big and bright and beautiful; because the land of Night is so deep and majestic; grown-up folks pay little attention to this country called Dusk and they don't know how important and busy the place really is.

The Queen of Dusk had one daughter. Even when the Princess was a very little girl, the people all knew that she was quite different from other little girls, for when the children went into the land of Day

to romp and play, the little Princess would wander alone in her own country, among the flowers and birds. She made up quaint little stories about them and hummed soft little tunes that they taught her. When she told the other children, they laughed at her and called her Lady-Let's-Pretend, because she always started her stories with "Let's pretend." But her mother was a wise mother, as well as a wise queen, and she listened patiently to her little daughter's tales and melodies. She never laughed and she never made fun; she just understood.

**A**ND so the little girl grew into a lovely young maiden, kind and sympathetic, with a great store of beautiful thoughts. She sat with her queen mother in the throne-room and helped her to rule over the little country. She was known throughout the land as the Lady of Dreams.

One day, the Queen discovered that one of her most loyal knights was very unhappy. She sent for him and when he came before her she said, "The Dew-carrier, the Mistman, and all my Knight Errants but you are happy, and you never smile. Tell me your trouble and perhaps I can help you."

And the Sandman answered, "The flowers welcome the cool dew that the Dew-carrier brings; the streams and brooklets rush

to meet the Mistman, but the Littlest Children resent my coming and hate me because I close their eyes. My task brings no happiness to the Littlest Children, and so I am sad."

"You frighten them," the Princess answered quickly for her mother. "You should pretend things for them."

"I don't know what you mean."

"Then you shall learn." And the Princess took the Sandman into her garden and told him the secrets of the birds and the flowers, and she sang the songs the evening breeze whispered to her. And when he had listened to many of her wonderful stories and heard her



THE PRINCESS TOOK THE SANDMAN INTO HER GARDEN AND TOLD HIM THE SECRETS OF THE BIRDS AND THE FLOWERS

soft, little melodies, he went away to do as she had told him to do.

He tried to be gentle with the Littlest Children, but he was very clumsy. He couldn't tell the stories as the Princess told them, for he forgot just how she began. He tried to sing the tiny songs, but his voice was not soft and sweet and restful like the voice of the Lady of Dreams.

Instead of soothing the Littlest Children, he frightened them more than before, and they fought the Sandman harder and fiercer than ever. And he felt stupid and came away discouraged, and sought the Princess to tell her about it.

The Princess knew before he told her that he had not succeeded, just as she knew before he told her that he loved her very, very much. So, when he asked her to go with him to Shut-Eye Town to help him bring joy to the Littlest Children and to make him happy, she was glad to go, because she loved the Sandman, too.

She came down the aisle of After-a-while,  
Her cloud-gown was soft and white,  
The music was sung by the Mothers' Choir  
And the moon was the only light.  
T'was just as true as it really seems  
When the Sandman married the Lady of Dreams.

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THE MISTMAN



THE DEW-CARRIER

# THE HOME GROUNDS

## GETTING THE BEST RESULTS FROM SHRUBBERY

By F. F. ROCKWELL

**M**ANY a homekeeper who has achieved splendid success with flowers fails, for one reason or another, to make full use of the easily grown shrubs that are available.

Ornamental shrubs are as essential to the effective deco-

ration of the home grounds as are the most popular flowers. They should be used, in fact, to supplement the effects which may be obtained with flowers; as neither flowers nor shrubs show up to the

watching them grow and bloom, and still have just as much time for your flowers as you ever had.

Before ordering your shrubs, you will, of course, want to know about the cost of them. Fortunately, nursery stock is one of the few things which have, so far, escaped the general stampede in prices. Good, strong plants of many of the best shrubs may still be bought for twenty-five cents each, and there are few which cannot be had for less than a dollar. When it is kept in mind that as few as a dozen shrubs will make quite a group on a small place, and that two or three dozen will give a very good assortment, and, furthermore, that most of them will last for years, if not for a lifetime, the expense of even the higher priced shrubs is not prohibitive. Moreover, attractively arranged shrubs will add very materially to the value of the property on which they are planted, and increase in beauty and worth from year to year, so that, even aside from the question of their beauty, they are a good investment.

**A**S with flowers, the matter of getting satisfactory results from your shrub-planting will depend to a very great extent upon the selection of suitable varieties. In the case of shrubs, however, it is a much more serious matter to

make a mistake, as you cannot easily rectify it after a season or two, as you can with flowers. Therefore take time and be sure that you are getting just the things you want and that will suit your conditions. Indeed, there are so many good shrubs that the problem usually is not so much



FORSYTHIA IS PARTICULARLY EFFECTIVE

very best advantage without the other. Good, hardy shrubs, of which there are many varieties, require very little care; they lend an air of permanency and hominess to a place which flowers alone can never give; by proper selection they will yield a succession of blooms throughout the season; and they are effective as wind-breaks, hedges, excluding, or secluding, screens where flowers cannot be used.

**N**O gardener who is successful with flowers need fear that she will not be capable of making shrubs thrive. There is no hidden secret about shrub-growing that makes the services of a professional gardener essential. There is no reason why you cannot set out and care for your own shrubs, as you do your own flowers. Their requirements are not the same as those of flowers, but they are no more difficult. Furthermore, nine-tenths of the work of making a shrubbery planting is in preparing the ground and getting the shrubs properly set out; and as that should be done now, while the rest of your grounds demands little attention, you can easily accomplish it. Order your shrubs now; prepare the places for them while they are being shipped; plant them as soon as they arrive; mulch them later on when you are putting the rest of the garden to sleep for the winter; and next spring and summer you can enjoy



IN PLANTING SHRUBS, THE FIRST AIM SHOULD BE TO SECURE A NATURAL EFFECT

what to get, as what to leave out; and this will depend on just what you wish to accomplish with your planting of shrubbery. A type of shrub that would make a beautiful individual specimen on the

lawn may not be at all suitable for a hedge or a screen, or for what is known as a "foundation" around the base of



A ROSE OF SHARON HEDGE IS A THING OF BEAUTY

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# THE LITTLE GOLD GOD

By ROSE LOMBARD and AUGUSTA PHILBRICK

Illustrated by H. R. BALLINGER

**SYNOPSIS OF PRECEDING INSTALMENTS.**—Betty Warrington, traveling across the continent to visit her father, who is opening the Rosario Mine on a desert island off the coast of California, meets an old friend who presents Lieutenant Gordon of the U. S. Navy. Gordon gives Betty a mascot, a Little Gold God, who, if he does not bring luck, must be stood on his head. In the bosom of the mascot, Gordon has placed, unknown to Betty, a mysterious personal message. At Los Angeles, Betty is met by her brother, Ted, who accompanies her, Alice Nevins with whom he is in love, and other friends, to Rosario. In saying good-by, Gordon tells Betty of a mysterious girl with whom he is in love. At Rosario, the Little Gold God will not stand on his head, and Betty has a proposal of marriage from Charlie Richards, whose father is one of the owners of the Rosario Mine. When she rejects him and he leaves, he threatens that she and her father will have cause to regret it. Betty finds that her father is worried about business matters, which are made worse by the absence in Egypt of Betty's Uncle Granville, a joint owner in the mine. Betty's father attends a directors' meeting in San Diego, and on his return, brings back with him Charlie Richards' father and three friends who prove to be very peculiar guests.

*In which Gee Wan loses his temper.*

**T**HIS morning, I was up early and out on the veranda before breakfast. In a few minutes, Mr. Binky came peering around the corner.

"Oh, here you are, Miss Warrington," he exclaimed in a tone of relief. "I wanted to be sure to see you before breakfast and speak to you about Mr. Richards' eggs."

"Mr. Richards' eggs?" I repeated vaguely.

"Yes, his breakfast eggs," said Mr. Binky. "Mr. Richards is very particular about his breakfast eggs. Mr. Richards likes two eggs for breakfast—soft boiled—but not exactly soft boiled, either. And yet they must not be hard boiled. He particularly dislikes to have them come in hard boiled. If you and I could go out to the kitchen and experiment, perhaps?"

He hesitated and I answered him very positively.

"That won't be at all necessary, I assure you, Mr. Binky. Gee Wan would be mortally offended. I am sure he can cook Mr. Richards' eggs just exactly as he wants them. I will speak to him about it at once."

I opened the kitchen door. Put it down with a large credit mark for me that I retained my gravity. There, in the middle of the floor, stood Gee Wan, defiant and mad as a wet hen, and before him, grinning and nodding inanely, with a saucepan full of water and two eggs in one hand and Wan's little alarm clock in the other, stood Mr. Jones.

Seeming to realize that his presence in the kitchen needed some explanation, he said:

"I came out to give Gee Wan instructions about Mr. Richards' breakfast eggs. Mr. Richards is very particular about his eggs."

"So I understand," I said demurely, "and now that you have made it perfectly plain to Wan, I suppose we may put the whole responsibility on him and let our minds rest easy?"

"Certainly," he said, flushing a little, and bowed himself out.

**D**ADDY was almost late for breakfast, so he missed all the excitement, and was not a little amazed, when Wan brought in Mr. Richards' eggs, to see the Three Satellites lean forward breathlessly in their chairs, their eyes fixed on the Personage and an expression of anxious suspense permeating their features, while Mr. Richards carelessly opened an egg.

Wan had missed it! There was no doubt about it. That flowing white and yolk was plainly a very soft "soft-boiled" egg. The Three Satellites sank back in their chairs and three sighs whistled through three sets of teeth, while six reproachful eyes were turned full upon me.

"Wan," I said to the expressionless Chinaman who still stood behind Mr. Richards' chair, "Wan, how long did you cook those eggs?"

There must have been deep reproach in my voice. It was not in the tones of a well-bred servant, but in the primitive accents of an outraged human being, that Gee Wan, pointing an accusing finger at Mr. Jones, hissed:

"He tella me! Three minute and a hap!"

"Gee Wan! Leave the room at once!" said Daddy sternly.

**T**HE rest of the meal went off without any more excitement; and, after breakfast, Daddy and the whole party went off to the upper camp for the day. Dad and Ted and I held a brief consultation on the subject of dressing for dinner that night, and Daddy said he felt to blame for the embarrassing situation the night before. He said he knew the whole party carried light luggage and expected to rough it. So Dad and Ted agreed to compromise on blue serge next time, and I laid out a simple white linen frock.

It was late when they all came down the mountain, and they made for their rooms. Daddy and I were ready first in the living-room; but no one turned up. Wan had announced dinner four times and was beginning to look like a yellow thunder-cloud, when the veranda door opened and Mr. Richards came in—in immaculate evening dress.

I am sure I gasped, but I didn't have time to think before the rest of the delegation came in from the patio. Mr. Jones and Mr. Binky were in frock coats, much in need of pressing, and Mr. Phelan, who evidently had come prepared only to rough it, had screwed a three-carat diamond stud in the front of his blue flannel shirt, and came in with a defiant look in his eye that meant real Irish trouble for any one who presumed to question his contribution to the exigencies of the occasion.

I don't know what Lady Clara Vere de Vere would have done under the circumstances. No doubt, there was some way to carry off the situation, but I didn't stop to look for it. I caught a baby twinkle in Mr. Richards' eye that promised to grow to a good, healthy-sized laugh with a little encouragement, and I gave one look at Teddy, standing open-mouthed in the doorway, and we both simply shouted. Mr. Richards joined in instantly and the Satellites followed his lead, so for a few moments, the ice was completely broken and the whole party thoroughly enjoyed itself. Mr. Binky, who gets off a joke very ponderously, suggested that we all dine in bathing-suits next time, and was so tickled over his own wit that he grew almost affable and came dangerously near attaining a personality of his own, in spite of the overpowering presence of the Personage.

It was a thoroughly jolly laugh. I take a good deal of satisfaction in the memory of it, because we haven't had any occasion to do any laughing since.

Dinner went off a little better than the night before, because of the better start, but Daddy promptly relapsed into gloom again when Mr. Jones deliberately picked up his bread-and-butter plate and examined the mark on the back, and digging his elbow into the ribs of Mr. Binky, whispered "French china!" behind his hand, in a scandalized voice.

They certainly were the most remarkable guests I ever heard of; but I couldn't understand Daddy. I have seen him before with mannerless people, but it never affected him, and I couldn't understand why he should take these people's conduct so to heart.

The evening dragged heavily. I played and sang for them a little after dinner, but they seemed to want to talk, so I slipped away to my room.



"HE TELL ME! THREE MINUTE AND A HAP!"

*In which the boat brings a small load.*

THIS is the day on which we planned—it seems ages ago—to go up to the States for Ted's wedding. Instead, that joyful event will have to be postponed for several weeks, at least, and a very wearied and worried Warrington family have been bidding good-by to four of the most impossible guests that ever descended upon a hospitably inclined desert island!

Wan has out-cooked himself; I have out-hostessed myself; Dad has out-experted himself; and Teddy—poor Teddy! He has been the devoted, attentive slave to the whims of a set of cranks and has made himself unflinchingly useful. And yet, in spite of all this, the guests whom we welcomed with such pleased expectancy have finally departed in open antagonism.

We have all had our feelings outraged way past the forgiving point during the last four days. Gee Wan would cheerfully shoot every one of the four and chuck them over the rocks into the sea, with just the least bit of encouragement from Dad or me. Poor Daddy has had the worst of it, and he is just heart-sick. After the first few days he gave up all attempts to explain and help them to understand the workings of a gold camp. Since then, he has just let them run loose and find out things to suit themselves; and they soon took to hobnobbing with the workingmen. Once Daddy walked into what seemed to be a very friendly conference of the whole party in Henty's shack, and Henty seemed to be much flustered at Dad's appearance; but, of course, if they preferred the company of miners to us, there was nothing to do but to let them please themselves.

UNTIL this morning, they have never openly criticised Daddy, at least not in my presence; but last night, they evidently unearthed something that made them excited, for the first thing at breakfast, this morning, Mr. Binky came out in his most impressive I-am-the-President manner and said:

"Mr. Warrington, Mr. Nelson tells us that you are not running any of the messes at a profit. Have you any explanation to make?"

"I have never tried to make any money for the company out of boarding the men," said Daddy quietly. "One never expects to, in the better class of mines."

Everybody looked pointedly incredulous, and Daddy went on patiently:

"As a pure matter of policy, it is the sensible thing to do. We are in an isolated place; but we have no difficulty in getting excellent workingmen, because the Island is famous for setting a bountiful, wholesome table; so we have more applications than we can use and we are able to weed out the quarrelsome and lazy, undesirable men. We are always sure we can replace them with others. We could skimp the food in order to make, say, twenty-five cents a day on a man's board; but that twenty-five cents would mean the difference between bountiful, nourishing food, and just the reverse. I, personally, believe we get twenty-five cents' worth more work out of our men just because they are well fed and contented and happy."

Mr. Binky still looked unconvinced.

"Very good. Very good, indeed," he said graciously. "Possibly the leak is not in the food, but in the handling of the situation. Now you run five messes on the Island; your own mess here with the Chinaman, two tables at the upper camp, and two at the lower. That makes five cooks. Your head charges are too much! The thing to do is to double them up!"

Mr. Richards and the rest nodded decided approval and Mr. Binky leaned back with the satisfied air of a man who has made a hit.

"My own table, of course," said Daddy calmly, "is my own affair. And, unfortunately, with the camps two miles apart, it is necessary to run separate boarding-houses. We have a mess for the Americans at each camp, and another for the Mexicans."

"A very foolish social distinction," said Mr. Binky. "Double them up!"

"You couldn't possibly mix them up," answered Daddy. "It isn't a mere social distinction. The Mexicans earn only half the wages that the white people get—they are slow and lazy—and they pay only half as much board. They are happy and contented with the cheap food of their own country. They come pretty near to living on frioles and fish. There would be a riot if we tried to feed the Americans Mexican grub, and of course we couldn't afford to give the Mexicans American food—even if they wanted it, and they don't. They are used to their own dishes and would be discontented at the American table. The boarding-houses simply pay expenses, Mr. Binky. We expect to make our money out of the mine."

I think Mr. Binky was really convinced, but he was too mean-spirited to say so.

I spent the morning with Dad in the office, answering routine letters about commissary supplies and that kind of thing. The Milwaukee people were shut up with Mr. Nelson and the company books; when all at once the door opened and Lawrence Nelson stepped into the room, a queer look on his face.

"Mr. Warrington," he said, "Mr. Richards tells me he wishes to pay his board bill, for himself and his three friends."

"His what?"

Lawrence Nelson grinned.

"He doesn't seem to have the least idea that he has been your guest," he explained. "He thinks he has been entertained at one of the company messes; and he and the rest want to pay a week's board. I didn't accept any money, because I didn't know what to do with it."

Daddy grew very red.

"That's rough on them, isn't it, Lawrence? Do you know, I have been afraid they were laboring under a misapprehension on that score ever since they arrived. But what could I do about it? There was nothing I could say to give them a hint. I sent them a warm personal invitation to visit me; and after they came, I couldn't say, 'Gentlemen, from your lack of manners and frank criticism of my household affairs, I suspect you are—'"

"So they thought it all belonged to the Company anyway," I exclaimed, "and Mr. Binky being president—"

"Mr. Binky being the Angel Gabriel wouldn't excuse him for the outrageous way he has treated your father, Betty!" cried Lawrence, his meek little blue eyes flashing. "Dick and I could tell you things—gad," he broke off suddenly, looking out of the window, "here comes the portrait of an angry gentleman!"

IT was Mr. Richards, streaking up the path with short, snappy steps, his face very red, his chest thrust out and indignation fairly streaming from him.

Daddy opened the door, but Mr. Richards paused on the path and waved his umbrella in Dad's face.

"This is an outrage, Mr. Warrington!" he exclaimed. "It is a deliberate attempt to humiliate me. I won't stand it! I tell you I am very indignant at such a trick!"

Daddy is pretty tall, and he has an imposing look. Little, fat Mr. Richards, two steps below on the path, had chosen a bad angle at which to strut before him. He realized his mistake and stepped inside, but he had lost some of his momentum in the process.

"This young man tells me," he said, jerking his head angrily in Lawrence's direction, "that we have been your personal guests during our stay on the Island. This doesn't suit me at all! Not at all, Mr. Warrington!"

"I am truly sorry that there has been any misunderstanding about the matter," said Daddy sincerely. "But there is no occasion for you to feel badly about it. My invitation was most cordial, I think, and most cordially meant. We looked forward with great pleasure to your visit and were ready to do everything possible for your comfort and happiness while you were with us. It has been a great disappointment that we have not been entirely able to please you."

"I tell you it was a trick to humiliate us!" snapped Mr. Richards.

"Do you mean that you would not have been willing to pay me a visit if you had known you were to be my personal guests?" asked Daddy gravely.

"I mean that you have made a fool of me, and I won't stand it!" shouted Mr. Richards. "I have seen your contract! You were entitled by it to your salary as manager, and your expenses. Weren't you? Answer me that."

"Yes, I suppose so," said Daddy slowly. "If I had been here alone, I should probably have messed with the men. But when I found I was going to have my family and probably frequent guests down here, I decided to keep house just as I would in the States. I supposed you had seen the accounts and knew that. You could have ascertained it, you know, at any time."

But Mr. Richards had passed the stage where anything like mere words could express his outraged feelings. He swept from the office with a final vocal demonstration that could not be catalogued as anything but a snort.

LAWRENCE and I were quite inclined to see something humorous in the exhibition, but Daddy dropped disgustedly into a chair.

"Child, I have done it now!" he said. "When you offend the self-love of a man of that type, you have made an enemy for life!"

Lawrence had started for the door, but he paused.

"I am late with the ship's manifest, Mr. Warrington," he said. "I will bring it up in a few moments. These people have kept me all morning. I have just glanced over the items, and the commissary things seem to be all right, but I thought the 'St. Michael' was to be loaded with coal this trip?"

"Why, of course, she is loaded with coal!" said Daddy sharply.

"They must have left it out of the manifest, then," Lawrence said. "There was nothing but the commissary goods and some things for the assay office, and one piece of machinery."

Daddy was on his feet in a flash and was off for the landing place.

I had half a mind to follow, but I took down the telephone, instead, and rang up the assay office where Ted and Dick had been up all night with an important piece of assaying.

"Teddy," I said anxiously, "what would it mean if the coal didn't come on this boat?"

"What's the use of having nightmares like that, kid?" he said. "Of course the coal will come."

"Teddy," I wailed, "the 'St. Michael' didn't bring a thing but commissary stuff!"

"Ye gods and little fishes!" roared Teddy. "There is some sort of hoodoo at work on this Island! Why, we are going to start the wheels running to-morrow! If there isn't any coal, Dad is up against a pay-roll of three hundred men, with half of them idle for the next two weeks!"

Out of the tail of my eye, I could see a delegation coming up the path, the Personage and the Three Satellites, with a bunch of Mexican boys trailing behind with their suitcases. Their charming hostess is going to make one more tremendous effort and give them her prettiest smiles, but oh, how I would love to give that Mr. Binky one awful pinch, instead!

*In which Dad receives a knock-out blow.*

YESTERDAY, when the old "St. Michael" steamed away from the Island, Daddy and I stood on the cliff and watched her out of sight with a good deal of satisfaction and rapidly rising spirits. Dad was just sick over the failure of the coal to arrive. It is still a mystery why the boat came down without a load, but the captain and purser couldn't enlighten anybody. It was all a matter of an order going astray in the ship's office in Ensenada. It is the first time anything like that has happened. It means a loss of



money to the company, paying idle men in the power-house and stamp-mill, but it is the kind of thing that could happen to any man in charge of a place like this; and so Dad has tried to brace up and make the best of it, and every one that can possibly be used in the mines is working there to-day.

There is just enough coal on hand to keep the distilling plant and the electric lights running just as they have run all along, and they hope there is enough to run the whole works at least half a day between now and next steamer-time, just long enough to test everything. The great pump that sends the sea water two miles up the mountain to the stamp-mill has never been tried out yet. A part of the pipeline was missing and has just come down on the "St. Michael," and it is going to be very exciting and interesting when they turn the power on and send a bit of the ocean rushing up to fill the great reservoir that has been prepared above the stamp-mill.

Dad and Teddy are particularly excited about it, because salt-water has never been used before for running a stamp-mill and there are cranks who are looking for trouble and prophesy that it is going to be a failure.

We are a very cosy and almost happy little family party to-night. Gee Wan has found his cheerful disposition and

broad grin again; Dad is deep in some scientific book that came for him on this steamer; Ted is in the big armchair, buried in a letter from Alice.

It must be a very pleasant occupation, reading a love-letter. Ted's beatific expression fills me with envy. I wish I could bring out a bundle of letters and get the same satisfaction from them. The nearest I can come to it is to hunt up Jack Gordon's communications and gloat over his maudlin ravings about the blue-eyed girl with the golden glints in her hair.

IT is midnight, but I am too blue and excited to sleep.

Mr. Nelson came in a while ago with a letter for Dad that had been given to him by Jim Henty, one of the miners at the upper camp. Dad was so absorbed in a book that he just tucked the letter away. Lawrence went back to get Dick and we made Teddy tear himself away from his letters and we four played bridge for a couple of hours. Suddenly, I thought I heard a funny noise from Daddy, and I turned to find him staring at the open letter.

It was from Mr. Binky, written several days ago, and left behind to be delivered after the steamer left. It explained the mystery of the missing coal, but it explained much more than that, and it is all bad news.

Mr. Binky said that he had countermanded the order for coal before leaving for the Island. He said this letter was to give Dad notice that he had issued a call for a special directors' meeting to be held immediately on their arrival in San Diego; that he regretted that their visit to the Island had confirmed reports which had made them apprehensive. They had found such extravagance and incompetence that they felt obliged to make a change in the management. They asked Daddy to prepare his resignation. They said a new manager would be elected at the special meeting—a younger man with advanced, and yet more conservative, ideas. They instructed Dad to have his accounts in order to turn over everything to his successor. The letter wound up with a polite expression of regret and announced that the new manager would arrive on the next trip of the steamer, and that the company had in mind offering the management to a highly capable and technically trained young man, Mr. Charles Richards, Junior.

If it had been anyone other than that insignificant little shrimp!

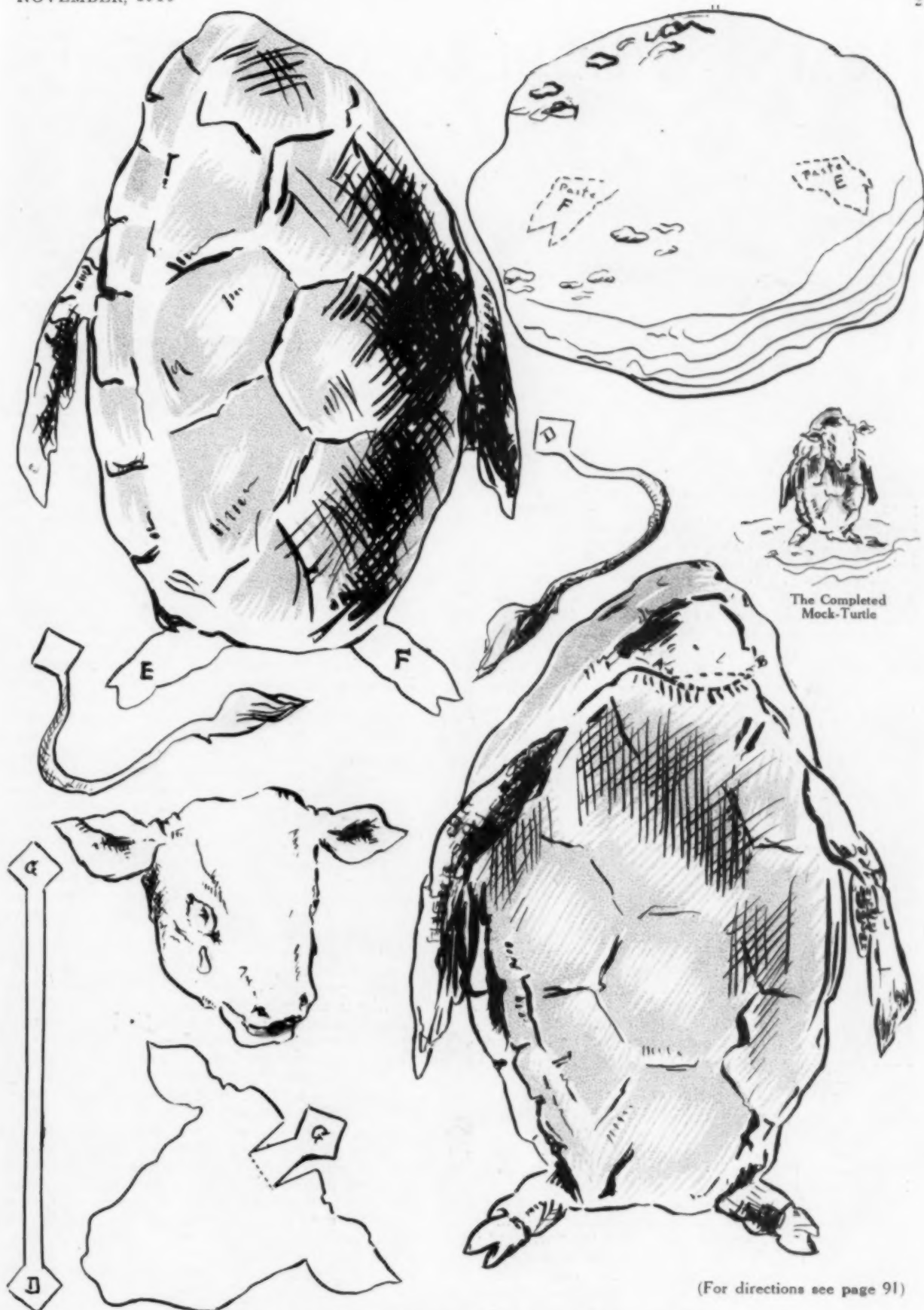
"Lawrence," said Dad miserably, "I told you yesterday when you and Betty thought that Mr. Richards' rage was funny, that I had made an enemy there who would never forgive me. This is his way of striking out in revenge for what was a humiliation to him."

"But Dad," Teddy broke in, "it couldn't be that! This letter is dated two days ago. They intended to do it anyway. They

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"THIS IS AN OUTRAGE, MR. WARRINGTON!" HE EXCLAIMED. "IT IS A DELIBERATE ATTEMPT TO HUMILIATE ME"



THE MOCK-TURTLE  
AN ALICE-IN-WONDERLAND CUT-OUT  
Designed by RAY DUMONT

# HUMAN PROBLEMS ANSWERED

## PRIZE SOLUTIONS TO THE PROBLEM LETTERS PRINTED IN JULY



### Solution for "The Old Maid Sister"

Winner of Fifteen-Dollar Prize

**T**HE answer to your question, 'Am I always to be the old

maid of the family, lonely and heart hungry?' is going to depend entirely upon you. There is most decidedly 'a way out,' but your finding it will necessitate a complete regeneration of your mental attitude toward yourself, your life, and the world and things in general.

"In the first place, you must take your age much less seriously. At twenty-six, you are by no means a hopeless spinster. You are just emerging from the period of adolescence, which, in the average girl, begins at the age of fourteen and lasts about ten years. Apparently, you are of the type of adolescent girl who is serious, conservative, introspective, secretly very emotional, with a slight tendency toward melancholy. Unfortunately, the girl of this type is often absolutely alone in her mental life, because it frequently happens that, in her mother, her teachers, all the older women who are her natural protectors, the period of adolescence was of an entirely different kind. Why the flood-tide of emotion that comes to the gradually blossoming woman should, in some girls, be expressed and, in others, remain pent up, inexpressible, we do not know. When mothers study more closely the real, vital problems of life, they will find that it is not the buoyant, laughing daughter, surrounded by many light-hearted companions of both sexes, for whom they need to fear; it is rather the quiet, studious, thoughtful girl, who does not care for parties, runs away from the boys, and spend her time in reading and thinking. There is as much sex in her avoidance of boy companionship as there is in the transient heart affairs of her lighter-natured sisters. Moreover, she is thrown in upon herself; and she comes to take herself too seriously. She is slow in reaching womanhood, slow in longing for a man's companionship. Finally, at some time between twenty-five and thirty, there comes an awakening, brought on, perhaps, by the marriage of a younger sister or by the defection of a once persistent, but never encouraged, suitor. Then she feels that all is lost. She has been dreaming fantastic dreams of idealism, and, upon awakening, she finds that love and life have knocked at her door, she has let them pass by, and she fears they will never return.

"She is really only beginning to be ready for a love life. If she awakens at twenty-six, probably she will marry at some time between thirty and thirty-five.

"She must realize that there are two distinct kinds of honest marriage. By honest marriage, I mean the kind ordained by the Lord, with economic considerations left out, as far as possible. The one kind is the marriage that takes place when the boy and the girl are still adolescent, immature. This is the marriage that has about an equal chance to prove happy or unhappy. As the young couple continue to mature, they

may grow together or apart. The other kind of marriage is the kind in which love is based upon a conscious compatibility of temper-

ament and of interests, a real, substantial, enduring companionship. This kind of marriage can hardly take place before the man and the woman have passed the milestone proverbially meaning bachelorhood or spinsterhood. This is the kind of marriage to which the thoughtful, serious, introspective period of adolescence naturally leads up. Marriages at a more mature age are becoming more and more frequent, not only because modern education of women is relieving them of the necessity of marrying to get homes and support, but also because the ever-increasing seriousness of the problem of supporting a family is making it less and less possible for a young man, dependent entirely upon himself, to marry before he is thirty years old. But the girl must not think of herself as an 'old maid.' If she persists in doing that, she will surely be one. A girl who is gloomy, dejected, morose, entirely lacking in self-confidence, will spread such gloom all about her that neither girls nor boys will want her companionship. For most men, in our day, life in the business world is strenuous. In the leisure hours, a man enjoys the companionship of a woman who is cheerful, happy, strong. No man who is not positively insane will invite a weak, melancholy female, with a face like a thundercloud, to go out with him when his day's work is over, and later, to sit opposite him at the table two or three times a day.

"My advice to you, girl of twenty-six, is that you look at life through a lighter pair of glasses. Don't give all your spare money to the younger sisters. Such giving is not really unselfish when you secretly feel that you are unjust to yourself and that they need adornment and gaiety less than you do. Study your own good points, get some one to help you in selecting pretty, inexpensive clothes that will set them off, take dancing lessons if you have neglected learning the new dances, invite girls of your age to come to see you, give a simple little party now and then. Don't be a recluse. The best way to have friends is to be a friend yourself. You will be a better sister to the younger girls when you enjoy their happiness instead of envying them and when you stop sacrificing yourself for them in a way that only makes them selfish and you bitterly dissatisfied."

### Solution for "What Can I Do?"

Winner of Five-Dollar Prize

**Y**OUR problem is a serious one. I know, for I have faced this problem myself and solved it successfully. My experience may help you, for it is very similar to yours.





"Several years ago, I found myself leaving home to enter upon a career of hard work. At home, I had been always at the beck and call of my two younger sisters. I loved them dearly, but I also wished happiness for myself. So I left home and went to a large city where I accepted an excellent position. I soon formed a circle of friends and I felt that my life of subjection to my sisters was over. Then the man came into my life. I loved him and I knew that he was worthy. He cared for me, too, wonderful as it seemed, but we were close friends and good pals—nothing more.

"One day came my sister—to visit me. I was delighted to see her and introduced her proudly to all my friends. For the first week, it seemed too good to be true to have my pretty little sister accompany 'the man' and myself wherever we went. Soon, however, I realized all too keenly the truth. My sister, with the careless appropriation of youth, was drawing the man I loved away from me. I discovered this in the fond way in which his glance caressed her, the manner in which she hung upon his arm, the thousand things their eyes said when they met. I came to feel constantly the third person, the intruder.

"One night, things reached a crisis. A theater party had been planned. To test their attitude, I said that I had a slight headache and believed I would remain at home. With scarcely a word of regret, they hurried off happily, leaving me alone with my problem.

"I felt that this problem could be solved. If I had been sure that my sister loved him and that she would make the better wife, I should have been glad to speed their union. But I knew that my sister regarded this affair only as one of her 'conquests,' and my heart told me that I was the true mate for this man. Was I to make eternal sacrifice for my sister? All that evening, I wrestled with the question, and before I went to bed I had solved the problem.

"The next morning, I wrote a long letter to my mother, telling her the whole situation. I explained that I had no wish to stand in the way of my sister's happiness, if the man really loved her. I asked my mother to send a telegram to my sister, calling her home. Then, if the man truly loved her, he would follow her there. Otherwise, I would have my chance to win him back. My mother, being a very discerning woman, did this. My sister received a telegram summoning her home. 'The man' escorted her to the station and bade her a tender farewell. For several days, I was in suspense. Would he follow her, or not? Gradually, we settled down into the old peaceful, happy ways. One day he asked me to become his wife. Soon after this, we received a letter telling us of the engagement of my sister to one of the home-town boys.

"I have been married now for three years, and I believe that there has never been a more ideally perfect marriage. A remark of my husband's soon after we were married expresses the keynote of the situation.

"'Do you know,' he said, 'once I came near proposing to that pretty little sister of yours. I'm very glad she had to leave when she did. Think what I would have missed.'

"My advice to you, my friend, is to follow the same course. I take it that your sister does not make a permanent home with you. Get rid of the disturbing element, for a while, and let the man choose. I am sure that if he is the strong character he seems to be, he will choose right."



# Solution for "Can She Remain Sweet-Hearted?"

Winner of Five-Dollar Prize

MY heart goes out in sympathetic understanding to the girl who lives in the 'great silent desert,' for I, too, am a deaf girl. Many times I have sat silent in a gay, chattering crowd, watching the lips move, facial expressions change, a smile come and go, wondering what it was all about—sat until I could stand the strain no longer, and then crept away to hide the bitter, rebellious tears, and ask again and again, that same unanswerable question, 'Why?'

"Because I have passed through those years of struggle when the future seemed a fearful blank, when I shrank from every stranger lest he should discover my 'deformity,' when I timidly withdrew from all social intercourse, fearful lest I should be felt a burden—because I have passed through all this and come out content, I must say to that other girl, 'There's hope.'

"I was a little older than she when the silence came gradually. Somehow, I managed to finish my college course, fitting myself for teaching, which had always been my dream. I secured a good position in a city school, but all the time I half knew that I was deceiving myself and could never do justice to the work. I think the bitterest hour of my life was the one in which I wrote my resignation and went back home defeated. For years, I drifted, doing whatever came to me. For a while, I kept books in an office; two winters, I taught a little country school of less than a dozen pupils; when there was nothing else to do, I sewed for the neighbors, going from house to house. But I was not content.

"In time, I came to realize that one of two things must happen. I must either conquer my limitations, or allow them to conquer me. I could see quite plainly, then, that those bitter moods of rebellion were always weakening and never helpful. I could go on drifting, as I had done, and live all the lonely years to come in a hopeless, helpless rut, or I could set to work with a definite purpose and master the situation. Strange to say, I saw then what I had not seen before—that every one about me had limitations in some form, perhaps even greater ones to them than mine were to me. It is not the limitations that hinder progress so much as our attitude toward them. From this viewpoint, life seemed a different thing. I began to practise lip-reading. I enrolled in a correspondence course for short-story writing, and determined to make the most of all it offered.

"I asked for a place as ticket agent in the small town near my home, and got it. The people are kind, always ready to write for me a thing I cannot understand. The salary is small, but sufficient for my needs and for me to save a little for the time when I can no longer do even this work. In the meantime, I have long hours, with little interruption, for study, reading, and writing. And I am happy. No, it has not all been easy. I walk two miles to my work, morning and evening. I am housekeeper at home. My time is full. Occasionally, I have had a reproof or a complaint from the public. But I am conquering difficulties and I glory in the hard places. I have a purpose in life, an ideal to strive for. I know now that whatever comes to me from without, or fails to come, cannot permanently affect my happiness. Do you wonder now, little girl of 'the silent desert,' that I say, 'There's hope for you?'

[Continued on page 28]



# THE BABY WELFARE DEPARTMENT

## PRENATAL HYGIENE

By MARY L. READ, Director of the School of Mothercraft and Author of "The Mothercraft Manual"

**S**PEAKING biologically and literally, prenatal hygiene goes back to the beginning of the race. Speaking practically, prenatal hygiene can begin at once for the children and grandchildren of future generations. Speaking popularly and medically, prenatal hygiene is the special hygiene for the mother in the nine months before the baby comes.

Pregnancy is a period of growth and development, not a disease. It is a mistake for a prospective mother to consider herself an invalid. The more natural the physical life has been up to this time, the more comfortable and normal will the prenatal period be. Women who have lived much out of doors, been accustomed to simple diet, unrestricting clothing, regular, painless functioning, and plenty of exercise that has developed the trunk muscles, have relatively little difficulty during pregnancy and childbirth. This is why peasant women usually have such an easy maternal experience. If a woman has spent most of her life up to this period within doors, has worn restrictive clothing, been subjected to irregular hygiene, insufficient sleep, unhygienic diet, insufficient elimination of waste products, and has not taken sufficient exercise to develop strong trunk muscles, she should begin now to change her method of living, both for the baby's welfare and for her own comfort.

No woman who is ambitious to be a physically efficient mother with the least discomfort to herself, will wait until these few months before the baby comes, to practise prenatal hygiene. She will live for the welfare of her children from the time she is old enough to realize the privilege of motherhood which may some day be hers. Before she undertakes maternal responsibility, she will consult a physician and make certain that she is in sufficiently good health and strength to bear a healthy child, and she will place herself in the physician's care during the entire period of pregnancy.

**W**ITH such forethought and preliminary care, motherhood will be a joyous anticipation and the prenatal period a relatively easy experience. There may be some unusual sensations during the nine months, but as these are due to changes in the blood supply or to pressure upon internal organs and nerves, they are perfectly normal, and need cause no alarm. Any new experience brings feelings of uncertainty and strangeness; but with good cheer, deep breathing, plenty of fresh air, kindness and consideration from family and friends, and suitable hygiene, any nervousness will be reduced to a minimum.

The physician in charge of the case should be regularly consulted and the urine examined once a month until the last two months, then fortnightly. With attention to hygiene and medical examinations, no unusual symptoms are likely to appear. If they should, report them to the physician immediately, and rest in bed.

Maternity clothing should be loose, especially around the trunk and neck. Round garters should not be worn, but elastic hose supporters. One-piece garments are best at this time. No clothing should be supported from the waist; but the weight should hang from the shoulders. No heavy skirts should be worn. For very cold weather, two light-weight woolen skirts are advisable. Separate skirts should be attached at the front, back, and sides to a waist or to suspenders from the shoulders. Except in hot weather, under-

wear should cover the arms and should reach to the ankles. Neck-bands, gloves, and shoes should be a size larger than usual, as there is a slight swelling during this time. Shoes should have low heels with rubber tips, to prevent jarring. If a corset has been worn, it must be discarded, and either a plain muslin waist or a special maternity corset substituted. As the needs of women differ and the proper adjustment of any

support is an important matter, the physician should be consulted in this matter. Women who have not worn corsets have the great advantage of the strong trunk muscles that are now needed.

Neither idleness nor overwork is good hygiene. Fortunately, most mothers have housework that prevents the idleness which would mean weak muscles and stale blood. The things that should be avoided are running, especially up and down stairs; running a foot-power machine, such as a sewing-machine; scrubbing, which necessitates getting down upon one's hands and knees; rubbing on a washboard; lifting or pulling heavy weights; getting overheated, fatigued, or nervous. The use of a few labor-saving devices in the kitchen, the simplifying and systematizing of the household life, and the consideration and helpfulness of other members of the family, can prevent the heavy work and fatigue. Working in well-ventilated rooms, with windows open, keeping the temperature between 63 and 68 degrees, will also help to prevent fatigue and nervousness. If the trunk muscles are weak, they should be strengthened by special exercises adapted to the individual needs as determined by the physician.

There is a mistaken notion that the expectant mother must eat for two. Even after birth, the baby needs only a

[Continued on page 67]



# PARIS STYLES FOR AMERICA

MATERIALS ARE UNSURPASSED IN TEXTURE AND SOFTNESS

By OUR PARIS CORRESPONDENT

**C**HÈRE AMIE:—

In spite of the seriousness of war times, Paris has been busy with the subject of clothes, not so much for herself as for you and your American sisters. The Parisian is content with the simplest clothes for herself as long as they are beautiful in line and color and of the finest material, but for you, on the other side, she is diligently creating many charming costumes.

The dominant note in the simpler style of dresses is the rich embroidery which almost covers them in many instances. The dresses are mainly of the one-piece type and, were it not for the embroidery, you would say they were very, very simple, indeed. In the accompanying sketch, you will see one of these embroidered dresses over which I know you will at once lose your heart. The original was of egg-plant duvetyn embroidered in the same color with dark blue and silver in addition.

The other gown in the illustration is Worth's Ruby Dress. Was there ever a more delightful bit of loveliness to gladden the feminine heart? The dress is of ruby tulle over ruby satin, and Worth put his seal upon it when he added the long panel train of ruby velvet, one yard and a half wide. The trailing wing sleeves of tulle are edged with iridescent beads, the only other trimming being the large ruby-colored iridescent butterfly. Of all the evening dresses I have seen, this is certainly the most adorable. I can imagine how you will go into raptures over it. Other evening dresses have little shoulder capes of tulle, chiffon or net.

The materials for this season have never been surpassed in quality and softness, neither have they been more varied in weave or more beautiful in color. Rodier Frères show marvelous combinations of wool and chiffon, or a new kind of veiling, also wool and satin and the thinnest chiffon velvets for evening and one-piece dresses. Wide plush is used for bands of trimming to take the place of fur.

There is a new variety of serge-foulard and tricot-serge to be used for winter dresses. The colors most favored are marine blue, prune, wine-color, Joffre blue, and a strange brick red as well as the softest shades of taupe, gray, green and brown. Plaids, too, are quite popular but in subdued colors.

Burella is one of the fascinating new materials, of a soft, loose weave, and it is frequently combined with satin. Ursine, Erdelle, Astarte, Soie Diagos and Kasha are the names of some of the other lovely materials.



AN EMBROIDERED DUVETYN FROCK AND WORTH'S RUBY DRESS

Skirts, you know, are from six to eight inches from the ground and usually measure from four to four and a half yards. Most of the houses, particularly Bulloz, Agnes, Beer, and Callot, are featuring the uneven hem again. This effect is gained sometimes by side or back and front panels which hang at least six inches longer than the skirt, and again by lengthening the skirt gradually at the back.

Callot, unlike all the other couturières, departs from the usual full skirt, and makes almost all her skirts tight, especially her suit skirts, which measure not more than two and a half yards around the lower edge. Her evening gowns are marked by very long trains.

I have given you in a nutshell all the most important features that mark the styles of the hour. Later, you will have more, for I know that only the very latest will content you.

*Votre dévouée,*

*Camille D.*

Paris, France.





7429-7439

7451

7475  
Transfer Design No. 336

7429-7439



7451



7475

## LATE AUTUMN DESIGNS INSPIRED BY PARIS

For descriptions of models illustrated, see page 34



7457-7459



7461  
Transfer Design No. 779



7431-7441  
Transfer Design No. 744



7457-7459



7461



7431-7441

## COLORED EMBROIDERY THE NEWEST TRIMMING

For descriptions of models illustrated, see page 34



FOR THE DAY SHE SETS IN NOVEMBER

For descriptions of models illustrated, see page 34





IN READINESS FOR THE SOCIAL WHIRL

For descriptions of models illustrated, see page 34

# DESCRIPTIONS FOR FOREGOING PAGES

## Descriptions for page 30

**C**OSTUME NOS. 7429-7439, medium size, requires, 38-inch skirt, 4 yards 50-inch striped wool poplin and  $\frac{3}{4}$  yard 36-inch satin for the collar and facing for cuffs and pockets.

**No. 7429, LADIES' WAIST.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires  $2\frac{1}{4}$  yards 36-inch material and  $\frac{3}{4}$  yard same width fabric for the collar and facing for cuffs. The large collar of this waist is particularly smart. Another collar with long back and short front is offered.

**No. 7439, LADIES' ONE- OR TWO-PIECE SKIRT;** 42- OR 38-INCH LENGTH; HIGH WAISTLINE. PATTERN IN 7 SIZES; 22 TO 34 WAIST (15 cents).—Size 26 requires, 38-inch length,  $3\frac{1}{4}$  yards 40-inch fabric. The width of the skirt is  $3\frac{3}{8}$  yards. A stylish model with gathered or habit back and closely fitted front.

**No. 7451, LADIES' DRESS; STRAIGHT PLEATED SKIRT;** ROUND OR INSTEP LENGTH. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, instep length,  $7\frac{1}{2}$  yards 36-inch satin,  $\frac{3}{8}$  yard same width contrasting fabric for small collar. Skirt's width is  $3\frac{3}{4}$  yards. Developed in satin or taffeta the model is suited to wear to the matinee or afternoon tea.

**No. 7475, LADIES' DRESS, THREE-PIECE SKIRT, ROUND OR INSTEP LENGTH.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, instep length,  $4\frac{3}{8}$  yards 54-inch broadcloth and  $\frac{1}{2}$  yard 40-inch velvet. Skirt is  $3\frac{1}{4}$  yards wide. Transfer Design No. 336 is used for the embroidery on collar (10 cents). One of the new fall models showing the tendency to straighter lines and simplicity of design.

## Descriptions for page 31

**COSTUME NOS. 7457-7459, medium size, 38-inch length,** requires 4 yards of 48-inch material and  $\frac{3}{8}$  yard of 22-inch silk of contrasting shade for collar. This design could be developed smartly in satin and serge. Gabardine, poplin and jersey cloth, three of the season's favored fabrics, are also excellent for developing this model into a trig fall costume.

**No. 7457, LADIES' WAIST.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires  $1\frac{7}{8}$  yards 36-inch material with  $\frac{3}{4}$  yard 22-inch fabric for the large round collar. With unusual cut and smart little pockets, the model combines particularly well with the skirt illustrated with it. The large round collar shows one of the newest shapes.

**No. 7459, LADIES' SKIRT, HIGH WAISTLINE, IN 42- OR 38-INCH LENGTH.** PATTERN IN 5 SIZES; 22 TO 30 WAIST (15 cents).—Size 26 requires, 38-inch length,  $3\frac{1}{4}$  yards 44-inch material. Skirt's width,  $3\frac{3}{8}$  yards. A trimly-fitting two-piece yoke, and a one-piece lower section which ripples gracefully around the bottom, make this skirt very smart.

**COSTUME NOS. 7431-7441, medium size, requires  $3\frac{1}{8}$  yards 54-inch material,  $1\frac{1}{2}$  yards of 40-inch Georgette for sleeves and underbody and  $2\frac{1}{8}$  yards 20-inch silk for collar and underfacing on skirt.**

**No. 7431, LADIES' WAIST, SLEEVES ATTACHED TO UNDERBODY.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires 1 yard 45-inch material for jumper and cuffs and  $1\frac{1}{2}$  yards 36-inch material for underbody and sleeves. Transfer Design No. 744 (10 cents). Lovers of novel ideas will at once be charmed with this design. Note the clever arrangement of the pockets hanging below the belt. Wool embroidery is used most effectively on the jumper, cuffs and pockets.

**No. 7441, LADIES' SEAMLESS SKIRT WITH YOKE, HIGH WAISTLINE, 38-INCH LENGTH.** PATTERN IN 5 SIZES; 22 TO 30 WAIST (15 cents).—Size 26 requires, including underfacing, 4 yards of 44-inch material. The width of the skirt is  $3\frac{3}{8}$  yards. No seams in this graceful skirt! Could anything be simpler? The drapery at the side is more effective when faced with a contrasting color.

## Descriptions for page 31—Continued

**No. 7461, LADIES' REDINGOTE DRESS, FULL LENGTH OR TUNIC; SKIRT IN 42- OR 38-INCH LENGTH.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires, skirt in 38-inch length, redingote in tunic length,  $2\frac{3}{4}$  yards 54-inch serge,  $2\frac{1}{4}$  yards 36-inch satin, and  $\frac{1}{2}$  yard 44-inch flannel for collar. The skirt's width is  $2\frac{1}{2}$  yards. The three-piece foundation skirt has the front and lower section cut in one. Transfer Design No. 779 is used for the embroidery (10 cents).

## Descriptions for page 32

**COSTUME NOS. 7027-7213, medium size, 38-inch skirt,** requires  $3\frac{3}{8}$  yards 40-inch taffeta,  $3\frac{1}{2}$  yards 27-inch lace flouncing for tunic,  $1\frac{3}{4}$  yards 12-inch lace for underbody and  $1\frac{7}{8}$  yards 40-inch net for waist. The bride's attendant would be fittingly gowned in this beautiful costume of soft silk and fine lace.

**No. 7027, LADIES' WAIST.** PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).—Size 36 requires  $1\frac{1}{4}$  yards 40-inch net for waist and jumper, and  $1\frac{3}{8}$  yards 12-inch lace for underbody. A charming model for the bodice of an evening frock.

**No. 7213, LADIES' SKIRT, WITH ONE- OR TWO-PIECE SIDE TUNICS, 42- OR 38-INCH LENGTH, HIGH WAISTLINE.** PATTERN IN 8 SIZES; 22 TO 36 WAIST (15 cents).—Size 26 requires, 38-inch length,  $5\frac{7}{8}$  yards 30-inch taffeta and  $3\frac{3}{8}$  yards of 28-inch flouncing. Width of straight gathered lower section,  $3\frac{1}{2}$  yards.

**No. 7087, LADIES' DRESS, FOUR-GORED SKIRT, WITH OR WITHOUT SIDE TUNICS, HIGH WAISTLINE, 42- OR 38-INCH LENGTH.** PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).—Size 36 requires, 38-inch length,  $3\frac{3}{8}$  yards 36-inch plain silk,  $2\frac{3}{4}$  yards same width figured silk for tunic and waist,  $\frac{3}{4}$  yard 36-inch lace for sleeve puffs and  $5\frac{1}{8}$  yards velvet trimming. Skirt's width,  $3\frac{1}{4}$  yards.

**No. 7465, LADIES' DRESS, FOUR-PIECE TUNIC WITH STRAIGHT EDGES; 42- OR 38-INCH LENGTH.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires, as illustrated, 38-inch length, 3 yards 35-inch flouncing for lower section,  $1\frac{1}{4}$  yards 9 inch flouncing for gathered section on waist, 1 yard 36-inch fabric for underwaist and  $4\frac{1}{2}$  yards of 40-inch satin for tunic and overwaist. Lower edge of skirt, 3 yards. Transfer design No. 737 used. Price, 10 cents.

## Descriptions for page 33

**No. 7067, LADIES' DRESS, TWO-PIECE CIRCULAR SKIRT, INSTEP LENGTH, WITH OR WITHOUT CIRCLE TUNIC.** PATTERN IN 5 SIZES; 32 TO 40 BUST (15 cents).—Size 36 requires, in instep length,  $3\frac{1}{4}$  yards 44-inch chiffon velvet for the tunic and jumper and  $2\frac{1}{4}$  yards of 72-inch net for lower skirt and waist. Width of skirt is  $2\frac{1}{4}$  yards. Transfer Design No. 400 is used for the braiding design (10 cents). Braiding, beading and embroidery are being used a great deal for trimming the fall and winter costumes. It is an effective embellishment and not hard to achieve.

**No. 7478, LADIES' AND MISSES' CAPE.** PATTERN IN 3 SIZES; SMALL, 32 TO 34; MEDIUM, 36 TO 38; LARGE, 40 TO 42 BUST (15 cents).—Medium size requires  $3\frac{7}{8}$  yards bisque-colored broadcloth 54 inches wide,  $11\frac{1}{4}$  yards of seal banding and  $4\frac{1}{2}$  yards of 36-inch satin for the lining. To envelop and protect the filmy evening frock is this new cape, which may be richly trimmed with fur. The model would be very handsome made of taupe broadcloth, lined and trimmed with flame-colored velvet.

**No. 7223, LADIES' DRESS WITH UNDERBODICE, ONE-PIECE TUNIC IN TWO OUTLINES; 42- OR 38-INCH LENGTH.** PATTERN IN 8 SIZES; 34 TO 48 BUST (15 cents).—Size 36 requires, 38-inch length,  $2\frac{5}{8}$  yards 40-inch material for skirt, 5 yards 40-inch for tunic and waist, and  $7\frac{3}{4}$  yards fringe. The one-piece circular lower section of skirt, attached to a one-piece foundation, is 3 yards wide. The adaptation for evening shown on the figure is full of grace and charm.



THREE WAYS OF KEEPING APACE WITH FASHION

For other views and descriptions, see page 38





SLOWLY BUT SURELY LINES GROW STRAIGHTER AND SKIRTS GROW LONGER

For descriptions of models illustrated, see page 38



7473-7271  
Transfer Design No. 737



7057



7063



7463-7038

Transfer Design No. 710 for Bag



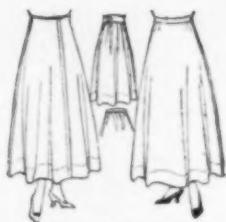
7473



7463



7038



7271



7057



7063

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THE MODES OF AUTUMN MANIFEST THEMSELVES IN DIVERS FORMS

For descriptions of models illustrated, see page 38



7355

Transfer Design No. 336

7145

**NO. 7355, LADIES' WAIST.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires  $\frac{3}{4}$  yard 36-inch silk and 2 yards 13-inch lace flouncing. Transfer Design No. 336 (10 cents).

**NO. 7145, LADIES' WAIST.** PATTERN IN 8 SIZES; 34 TO 48 BUST (15 cents).—Size 36 requires  $1\frac{1}{4}$  yards 40-inch chiffon,  $\frac{1}{2}$  yard 27-inch organdy for collar and vest and  $\frac{3}{8}$  yard 45-inch net for underbody.

#### Descriptions for page 35

**NO. 7471, LADIES' COAT SUIT;** COAT, 43- OR 39-INCH LENGTH; SKIRT, 42- OR 38-INCH LENGTH. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, 38-inch skirt, 43-inch coat,  $4\frac{5}{8}$  yards 54-inch tweed and  $\frac{3}{8}$  yard 20-inch velvet. Width of two-piece skirt is  $2\frac{3}{4}$  yards.

**NO. 7455, LADIES' JUMPER DRESS WITH GUIMPE, ROUND OR INSTEP LENGTH.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, instep length,  $2\frac{3}{4}$  yards 45-inch plain fabric,  $1\frac{7}{8}$  yards 40-inch contrasting fabric, and  $\frac{5}{8}$  yard 20-inch fabric for collar and cuffs. Two-piece skirt's width is  $3\frac{1}{2}$  yards.

**NO. 7467, LADIES' COAT IN 54- OR 45-INCH LENGTH.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, 45-inch length coat,  $3\frac{7}{8}$  yards 48-inch material and  $3\frac{3}{4}$  yards of narrow fur trimming.

#### Descriptions for page 36

**NO. 7180, LADIES' DRESS, FOUR-GORED SKIRT, 42- OR 38-INCH LENGTH.** PATTERN IN 8 SIZES; 34 TO 48 BUST (15 cents).—Size 36 requires, 42-inch length,  $5\frac{1}{4}$  yards 36-inch fabric with  $\frac{1}{2}$  yard 40-inch material for collar and cuff facing. The width of the skirt at the lower edge is  $3\frac{3}{4}$  yards. There are always times when a tailored frock is needed to meet the demands of women in every walk of life. Here is one with every mark of good style. It offers a choice of two styles of collar.



7355



7471



7455



7467



7145

**NO. 7427, LADIES' WAIST.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires  $1\frac{1}{4}$  yards 40-inch chiffon,  $\frac{5}{8}$  yard 27-inch satin, and  $\frac{5}{8}$  yard 18-inch fabric for collar.

**NO. 7447—LADIES' THREE-PIECE SKIRT, HIGH WAISTLINE, 42- OR 38-INCH LENGTH.** PATTERN IN 6 SIZES; 22 TO 32 WAIST (15 cents).—Size 26 requires, 38-inch length,  $3\frac{1}{8}$  yards of 44-inch material. Skirt's width,  $3\frac{1}{4}$  yards.

**NO. 7479, LADIES' DRESS, SLEEVES ATTACHED TO UNDERBODY; 42- OR 38-INCH LENGTH.** PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).—Size 36 requires, 38-inch skirt,  $4\frac{3}{8}$  yards 54-inch serge,  $\frac{1}{2}$  yard 30-inch satin for collar. Four-gored skirt's width,  $3\frac{1}{2}$  yards. Transfer Design No. 723 (10 cents).

**NO. 7481, LADIES' COAT, 48 $\frac{1}{2}$  OR 38 $\frac{1}{2}$ -INCH LENGTH.** PATTERN IN 3 SIZES; SMALL, 32 TO 34; MEDIUM, 36 TO 38; LARGE, 40 TO 42 BUST (15 cents).—Medium size requires, 48 $\frac{1}{2}$ -inch length,  $4\frac{1}{2}$  yards of 50-inch material.

#### Descriptions for page 37

**COSTUME NOS. 7473-7271, medium size requires, 38-inch skirt length,  $5\frac{1}{8}$  yards 44-inch dress goods and  $\frac{3}{8}$  yard 18-inch silk for the collar.**

**NO. 7473, LADIES' MIDDY BLOUSE WITH OR WITHOUT CHEMISETTE.** PATTERN IN 4 SIZES; 34 TO 40 BUST (15 cents).—Size 36 requires  $2\frac{3}{8}$  yards 36-inch serge,  $\frac{5}{8}$  yard 18-inch silk. Transfer Design No. 737 (10 cents).

**NO. 7271, LADIES' TWO- OR THREE-PIECE SKIRT; 42- OR 38-INCH LENGTH.** PATTERN IN 7 SIZES; 22 TO 34 WAIST (15 cents).—Size 26 requires, 38-inch length,  $2\frac{3}{4}$  yards 44-inch material. Skirt's width at lower edge is  $2\frac{1}{2}$  yards.

**COSTUME NOS. 7463-7038, medium size, requires, 38-inch skirt,  $5\frac{3}{8}$  yards 36-inch striped taffeta,  $\frac{3}{4}$  yard 40-inch chiffon for waist,  $\frac{3}{8}$  yard 36-inch plain taffeta for girdle and cuffs and  $\frac{3}{8}$  yard 18-inch silk for collar.**

**NO. 7463, LADIES' JUMPER WAIST.** PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).—Size 36 requires  $\frac{5}{8}$  yard 36-inch striped material,  $\frac{3}{4}$  yard 40-inch for waist,  $\frac{3}{8}$  yard 18-inch for collar,  $\frac{3}{8}$  yard 36-inch for girdle and cuffs.

**NO. 7038, LADIES' TWO-PIECE CIRCULAR SKIRT, 42- OR 38-INCH LENGTH.** PATTERN IN 7 SIZES; 22 TO 34 WAIST (15 cents).—Size 26 requires, 38-inch length,  $2\frac{3}{4}$  yards 45-inch material. Width of skirt, 3 yards. The bag illustrated with the figure is Transfer Design No. 710 (10 cents).

**NO. 7057, LADIES' DRESS, WITH OR WITHOUT VEST AND ADJUSTABLE COLLAR. 38-INCH SKIRT LENGTH, HIGH WAISTLINE.** PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).—Size 36 requires  $6\frac{3}{4}$  yards 40-inch dark satin with  $\frac{3}{8}$  yard 30-inch white satin for collar, vest and sleeve facing. The width of the one-piece straight skirt is 3 yards. The illustrated model is charming for the dress of satin or taffeta.

**NO. 7063, LADIES' PRINCESS DRESS, SIDE OR CENTER-FRONT CLOSING, ROUND OR INSTEP LENGTH.** PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—Size 36 requires, instep length,  $4\frac{1}{8}$  yards 40-inch gabardine for the dress and  $\frac{5}{8}$  yard 18-inch contrasting silk for collar and belt. At lower edge the dress measures 3 yards. A smart design for the serviceable frock of serge or chevot.





STYLES THAT ARE MORE OR LESS TAILORED

For descriptions of models illustrated, see page 40

# A FASCINATING JUMPER DRESS

**C**OSTUME Nos. 7339-7437, medium size, requires, 38-inch skirt, 3 yards 44-inch plaid worsted,  $3\frac{3}{4}$  yards plain taffeta 40 inches wide and  $\frac{3}{4}$  yard 36-inch contrasting silk for collar and cuffs.

**No. 7339, LADIES' WAIST. PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).**—Size 36 requires  $2\frac{1}{4}$  yards 36-inch silk and  $\frac{7}{8}$  yard 27-inch contrasting silk for collar and cuff facings. A unique square collar gives this waist an unusually smart touch.

**No. 7437, LADIES' JUMPER DRESS, TO BE WORN OVER A WAIST. ONE-PIECE STRAIGHT TUNIC; SEPARATE FOUNDATION SKIRT. 42- OR 38-INCH LENGTH. PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).**—Size 36 requires, 38-inch length,  $3\frac{3}{4}$  yards 36-inch material,  $1\frac{1}{2}$  yards 40-inch for lower section of skirt and  $1\frac{1}{2}$  yards 36-inch lining. Skirt's width, 3 yards.

## Descriptions for page 39

**No. 7435, LADIES' WAIST. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).**—Size 36 requires  $3\frac{3}{4}$  yards 30-inch pongee with  $\frac{5}{8}$  yard same width silk for trimmings. A smart little blouse with new features in collar, cuffs and style of pocket. Wash satin, China silk or one of the soft flannel materials might be used advantageously to make this waist.

**No. 7445, LADIES' FOUR-GORED SKIRT, HIGH WAISTLINE, IN 42- OR 38-INCH LENGTH. PATTERN IN 6 SIZES; 22 TO 32 WAIST (15 cents).**—Size 26 requires, 38-inch length,  $3\frac{3}{4}$  yards 50-inch broadcloth. The width of the skirt is  $3\frac{3}{4}$  yards at the lower edge. Tabs are cut on the front and on the back of this skirt and meet to form a pocket effect on the hips. Cheviot is suited to the wear and tear given a separate skirt.

**COSTUME NOS. 7433-7476, medium size, requires, 38-inch length,  $4\frac{1}{2}$  yards 36-inch striped satin and  $2\frac{1}{2}$  yards 36-inch plain satin with 2 yards of fur to trim the collar and cuffs. A particularly becoming costume for the very slender figure, with its jabot on the waist and bulging pockets on the skirt.**

**No. 7433, LADIES' WAIST. PATTERN IN 5 SIZES; 34 TO 42 BUST (15 cents).**—Size 36 requires  $1\frac{3}{4}$  yards of 36-inch striped taffeta,  $\frac{7}{8}$  yard plain taffeta the same width and 2 yards of fur. A new feature shown in this waist is the attaching of collar and jabot under the fur. Made in sheer materials, this joining could be done by machine hemstitching or the hemstitched veining which is being used so much this season. The model is one which may be attractively fashioned of sheer linen, batiste, crêpe de Chine,orgette or chiffon cloth, and would also be effective in satin.



7339

**No. 7476, LADIES' TWO-PIECE SKIRT, 38-INCH LENGTH, OR TUNIC WITH TWO-PIECE FOUNDATION LENGTHENED BY CIRCULAR FLOUCE, 42- OR 38-INCH LENGTH. PATTERN IN 5 SIZES; 22 TO 30 WAIST (15 cents).**—Size 26 requires, 38-inch length, as illustrated,  $2\frac{1}{4}$  yards 54-inch striped material and 2 yards of 36-inch plain material. The skirt's width is  $3\frac{3}{4}$  yards at lower edge. A pocketed tunic expresses the new style note in this skirt.



7339-7437

**No. 7477, LADIES' DRESS, TWO STYLES OF BACK, TWO-PIECE SKIRT, ROUND OR INSTEP LENGTH. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).**—Size 36 requires, instep length,  $3\frac{3}{4}$  yards 50-inch serge,  $\frac{1}{2}$  yard 36-inch material for collar and cuffs and  $4\frac{1}{8}$  yards of silk braid to trim. The skirt's width is  $3\frac{3}{4}$  yards.

**No. 7469, LADIES' COAT SUIT; COAT IN 41- OR 33-INCH LENGTH; THREE-PIECE SKIRT, HIGH WAISTLINE, 42- OR 38-INCH LENGTH. PATTERN IN 7 SIZES; 34 TO 46 BUST (15 cents).**—Size 36 requires, 38-inch skirt, 41-inch coat,  $5\frac{1}{4}$  yards of 50-inch checked suiting and  $\frac{3}{4}$  yard of 50-inch contrasting broadcloth for collar and cuffs. The width of the skirt is  $2\frac{7}{8}$  yards at the lower edge.

## Descriptions for page 41

**No. 7449, LADIES' HOUSE DRESS AND CAP; THREE-PIECE SKIRT, HIGH OR REGULATION WAISTLINE; 42- OR 38-INCH LENGTH. PATTERN IN 8 SIZES; 34 TO 48 BUST (15 cents).**—Size 36 requires, 38-inch skirt,  $5\frac{3}{4}$  yards 36-inch material and  $\frac{3}{4}$  yard same width material for collar and facings. At the lower edge the skirt's width is 3 yards. With a cap to match, a large collar and roomy pockets, comes this attractive house dress.

**No. 7453, LADIES' AND MISSES' MIDDY OR DRESS APRON IN TWO LENGTHS. PATTERN IN 3 SIZES; SMALL, 32 TO 34; MEDIUM, 36 TO 38; LARGE, 40 TO 42 BUST (15 cents).**—Medium size requires  $4\frac{3}{4}$  yards 36-inch percale and  $\frac{3}{4}$  yard 27-inch linen for collar and facing. So trim is this garment that it might be worn in place of a dress. The busy housewife will find it a comfort for morning hours and the artist will appreciate it for studio work, either as a dress or an apron.

**No. 7313, LADIES' HOUSE DRESS, FOUR-GORED SKIRT, HABIT OR GATHERED BACK; 42- OR 38-INCH LENGTH. PATTERN IN 8 SIZES; 34 TO 48 BUST (15 cents).**—Size 36 requires, 38-inch length,  $4\frac{3}{4}$  yards 36-inch material with  $\frac{5}{8}$  yard 30-inch material for collar and cuff facing. The skirt's width is 3 yards. Percale and gingham are excellent materials for this dress.

**No. 7308, LADIES' WAIST. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).**—Size 36 requires  $2\frac{1}{8}$  yards 40-inch voile and  $5\frac{1}{4}$  yards of narrow lace edging for trimming. A dainty and stylish model for the separate waist which may be developed in batiste, china silk, crêpe de Chine, pongee or marquisette. The graceful jabot, having a straight edge, might be made of lace edging or bordered chiffon, and the sides may be finished with silk bands.

**No. 7443, LADIES' FOUR-PIECE ENVELOPE SKIRT, HIGH WAISTLINE; 42- OR 38-INCH LENGTH. PATTERN IN 7 SIZES; 22 TO 34 WAIST (15 cents).**—Size 26 requires, 38-inch length,  $4\frac{3}{4}$  yards 44-inch material. The skirt's width at lower edge is  $3\frac{3}{4}$  yards. Shaped like the flap of an envelope, are the small sections placed over the hips and confining the pleats beneath them. This is the novel feature of this clever skirt, suitable for separate wear.



7437



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WHEN MORNING DUTIES CLAIM THE ATTENTION

For descriptions of models illustrated, see page 40





**NO. 7458, MISSES' COAT, IN TWO LENGTHS; SUITABLE FOR SMALL WOMEN. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).** Size 16 requires  $3\frac{3}{4}$  yards 54-inch material with  $1\frac{1}{4}$  yards 48-inch fur cloth. For lining,  $4\frac{1}{4}$  yards 36-inch material will be required. Ready to brave the wintry blasts is she who wears this coat.

**NO. 7474, MISSES' MIDDY DRESS. TWO-PIECE SKIRT IN TWO LENGTHS; SUITABLE FOR SMALL WOMEN. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).**—Size 16 requires 4 yards 44-inch serge and 1 yard 44-inch flannel. Skirt's width  $2\frac{1}{2}$  yards.

**NO. 7452, MISSES' DRESS; SUITABLE FOR SMALL WOMEN; STRAIGHT TUNIC PLEATED OR GATHERED, TWO-PIECE FOUNDATION SKIRT IN TWO LENGTHS. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).** Size 16 requires  $3\frac{3}{4}$  yards 36-inch charmeuse for the overdress,  $2\frac{1}{2}$  yards 13-inch lace flouncing,  $1\frac{1}{4}$  yards 18-inch net for the yokes and sleeves, and  $2\frac{1}{4}$  yards 36-inch lining for underbody and foundation. Skirt's width is  $2\frac{1}{2}$  yards.

**NO. 6964, MISSES' DRESS; SUITABLE FOR SMALL WOMEN; THREE-PIECE SKIRT IN TWO LENGTHS, WITH OR WITHOUT CIRCULAR FLOUNCES. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).**—Size 16 requires 3 yards 72-inch net,  $7\frac{3}{4}$  yards narrow ribbon and  $\frac{3}{4}$  yard wide ribbon for girdle. The skirt's width is  $2\frac{1}{2}$  yards. A charming frock for the young girl to wear to her first evening parties. It is dainty in net or chiffon.

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**NO. 7472, MISSES' DRESS; SUITABLE FOR SMALL WOMEN; ONE-PIECE STRAIGHT SKIRT, IN TWO LENGTHS; WITH OR WITHOUT STRAIGHT YOKE. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—Size 16 requires  $2\frac{1}{2}$  yards 72-inch net,  $1\frac{1}{2}$  yards 16-inch lace for the bretelles, and  $\frac{3}{4}$  yard 22-inch taffeta for the girdle. The skirt's width is 3 yards. A simple, girlish evening frock for the young girl to wear to dances.**

**NO. 7434, MISSES' DRESS; SUITABLE FOR SMALL WOMEN; ONE-PIECE FOUNDATION LENGTHENED BY ONE-PIECE CIRCULAR LOWER SECTION; IN TWO LENGTHS. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—Size 16 requires, longer length,  $5\frac{3}{4}$  yards 36-inch material,  $\frac{1}{2}$  yard 27-inch for collar and yoke, and  $1\frac{3}{8}$  yards 36-inch for foundation. The skirt's width is  $2\frac{7}{8}$  yards. This is a smart model for the girl's street dress of serge or gabardine with white flannel collar and yoke.**

**NO. 7438, MISSES' DRESS; SUITABLE FOR SMALL WOMEN; TWO-PIECE SKIRT IN TWO LENGTHS. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—Size 16 requires 3 yards 50-inch broadcloth for the dress,  $\frac{3}{4}$  yard 40-inch Georgette for the guimpe and  $\frac{3}{4}$  yard 48-inch fur cloth. The skirt's width is  $2\frac{7}{8}$  yards. In fawn-colored broadcloth with beaver-brown fur cloth for bands, this dress would be suitable for all the day-time festivities of any girl.**

**NO. 7466, MISSES' COAT SUIT; SUITABLE FOR SMALL WOMEN; TWO-PIECE SKIRT IN TWO LENGTHS, HIGH WAISTLINE. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—Size 16 requires, longer length,  $4\frac{3}{4}$  yards 54-inch checked suiting and  $\frac{1}{2}$  yard of 27-inch satin for collar. Skirt's width  $2\frac{3}{4}$  yards around the lower edge. A nobby little suit for the cold days of winter when street attire must combine comfort and style. A large collar and large pockets are striking features of the coat.**

7466



7446

7448



7436

7428

## WHETHER IN THEIR EARLY OR LATE TEENS

**NO. 7446, MISSES' SHIRTWAIST DRESS, TWO-PIECE SKIRT IN TWO LENGTHS, HIGH WAISTLINE; SUITABLE FOR SMALL WOMEN. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—**Size 16 requires  $2\frac{3}{4}$  yards 40-inch striped flannel as shown and  $1\frac{3}{4}$  yards 36-inch plain flannel for waist and pockets. The width of the skirt at the lower edge is  $2\frac{3}{4}$  yards. Developed in striped flannel with waist of contrasting plain color trimmed with the striped, the model shows a serviceable dress for high school or college.

**NO. 7448, GIRL'S DRESS WITH GUIMPE. TWO-PIECE SKIRT. PATTERN IN 6 SIZES; 4 TO 14 YEARS (15 cents).—**Size 12 requires  $2\frac{1}{2}$  yards 36-inch material for the dress with  $1\frac{1}{2}$  yards of 40-inch contrasting for guimpe and belt. The guimpe dress is very popular this season, and the one illustrated shows a new and youthful version developed in



7446

7448

in plaid poplin and worn with a sheer white guimpe. Sometimes the guimpe is made of a shade harmonizing with some color in the dress. Two shades of brown would be very effective.

**NO. 7436, GIRL'S NATIONAL GUARD SUIT, STRAIGHT PLEATED SKIRT. PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—**Size 12 requires  $4\frac{1}{2}$  yards 44-inch material for coat and skirt and  $2\frac{3}{4}$  yards 36-inch lining for coat. With Big Brother doing duty on the border, the least that Little Sister can do to show her patriotism is to have a suit as near like his as custom will permit. Navy blue serge and khaki colored flannel are the best materials to use for this smart suit. The pattern includes a simple waist.

**NO. 7428, GIRL'S EMPIRE DRESS WITH GUIMPE, STRAIGHT PLEATED SKIRT. PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—**Size 10 requires  $1\frac{1}{2}$  yards 44-inch serge and  $1\frac{3}{4}$  yards 40-inch linen for the guimpe. An unusual and charming suggestion for the development of this model is to have the jumper and skirt of navy blue serge or poplin and the guimpe of buckskin-colored linen with a navy-blue silk tie at the throat. Checked, striped or plaided materials may be used effectively for this model with a guimpe of white lawn or voile; or else silk or satin.



7436

7428





## FROCKS ARE OF IMPORTANCE TO ALL GIRLS

**NO. 7454. GIRL'S DRESS, TWO-PIECE SKIRT. PATTERN IN 6 SIZES; 4 TO 14 YEARS (15 cents).—**Size 12 requires  $3\frac{3}{4}$  yards 36-inch wool crepe and  $1\frac{1}{4}$  yards 27-inch contrasting silk as illustrated. No one more than the school-girl will appreciate pockets on her frock, and the more original they are the better pleased she will be. The large sailor collar which she always favors is also featured in this smart dress. Challis, cashmere, serge or poplin is recommended for this model.

**No. 7464, MISSES' COAT IN TWO LENGTHS; SUITABLE FOR SMALL WOMEN. PATTERN IN 3 SIZES; SMALL, 14 TO 15; MEDIUM, 16 TO 17; LARGE, 18 TO 20 YEARS (15 cents).—**Medium size requires  $4\frac{1}{4}$  yards 44-inch mixture and 1 yard 40-inch contrasting material to trim as shown. For lining,  $4\frac{3}{4}$  yards 36-inch material will be required. Here is a coat that will please young girls because it is up-to-date in every detail yet it is not too fussy for every day wear. It makes a practical coat in mixture.



**No. 6802, MISSES' PLEATED PRINCESS DRESS IN TWO LENGTHS; SUITABLE FOR SMALL WOMEN. PATTERN IN 4 SIZES; 14 TO 20 YEARS (15 cents).—**Size 16 requires  $2\frac{1}{4}$  yards 54-inch serge and  $\frac{5}{8}$  yard 36-inch contrasting flannel, as illustrated. The width at the lower edge is  $3\frac{3}{8}$  yards. With the approach of winter in sight, the school-girl must be provided with several warm, serviceable frocks. An excellent suggestion is offered in this model, which hangs from a yoke and has a pleated panel front and back.

**No. 7468, GIRL'S DRESS; FOUR-PIECE SKIRT. PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—**Size 12, as illustrated, requires  $4\frac{1}{4}$  yards 36-inch material. By reason of its well-cut panel and kangaroo pockets this frock gains a simple but distinguished air, which would make any small girl happy in the possession of it. Although illustrated in one material, the model lends itself to combinations, by making the panel and collar of one material and the remainder contrasting.

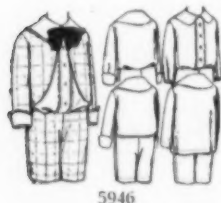




## FOR THE RISING GENERATION

**NO. 5946, BOY'S LITTLE ADMIRAL OR ETON SUIT.** PATTERN IN 4 SIZES; 2 TO 8 YEARS (15 cents).—Size 6 requires  $3\frac{1}{4}$  yards 24-inch velvet and  $\frac{3}{8}$  yard 22-inch satin. A suit for dress occasions which is particularly up to date developed in black or dark blue velvet and trimmed with white satin.

**NO. 7212, GIRL'S DRESS, STRAIGHT GATHERED SKIRT.** PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—Size 12 requires  $3\frac{1}{4}$  yards 36-inch challis,  $\frac{1}{4}$  yard 36-inch net and  $2\frac{3}{4}$  yards insertion. A very stylish model for the little girl's dress of challis, albatross or cashmere to wear to dancing school.



5946

**NO. 7072, GIRL'S DRESS.** PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—Size 10 requires, with adjustable collar and long sleeves,  $3\frac{1}{4}$  yards 36-inch material and  $\frac{1}{8}$  yard 27-inch for collar.



7212



7072



7426

**NO. 7426, CHILD'S DRESS, WITH OR WITHOUT GUIMPE.** PATTERN IN 5 SIZES; 2 TO 10 YEARS (15 cents).—Size 6 requires  $1\frac{3}{4}$  yards 38-inch material, with  $\frac{1}{2}$  yard of 30-inch material for pockets and bands,  $\frac{7}{8}$  yard 40-inch material for guimpe and  $2\frac{1}{2}$  yards  $\frac{1}{2}$ -inch ribbon for sash. A new and original design for school or afternoon wear.

**NO. 6422, BOY'S OVERCOAT IN TWO LENGTHS.** PATTERN IN 6 SIZES; 2 TO 12 YEARS (15 cents).—Size 10 requires  $2\frac{1}{4}$  yards 54-inch material for the full length coat. This is a practical and comfortable model for your boy's winter overcoat. It might be made of Scotch or English mixtures, tweed, or chinchilla. The small view shows the coat in short length.

**NO. 5330, BOY'S HATS.** PATTERN IN 3 SIZES; SMALL, 2 TO 4; MEDIUM, 6, 8, 10; LARGE, 12, 14, 16 YEARS (10 cents).—Medium size requires for Alpine hat and middy, each,  $\frac{1}{2}$  yard 36-inch material; for the Rah-rah and the cap, each,  $\frac{3}{8}$  yard 36-inch fabric. Tweed, chinchilla and heavy cloth are suitable for these hats.



5330



6422



## THE NEW FASHIONS IN MINIATURE

**NO. 6512, BOY'S SUIT IN TWO STYLES, KNEE TROUSERS.** PATTERN IN 4 SIZES; 2 TO 8 YEARS (15 cents).—Size 4 requires  $2\frac{3}{8}$  yards 30-inch material and  $\frac{5}{8}$  yard 30-inch contrasting fabric for collar, pocket facing and vest. With vest and collar of poplin and suit of galatea comes this cunning costume for a little boy.

**NO. 7456, GIRL'S DRESS, TO BE SLIPPED ON OVER THE HEAD. FULL LENGTH DRESS, OR RUSSIAN BLOUSE TO BE WORN OVER THREE-PIECE SKIRT.** PATTERN IN 5 SIZES; 6 TO 14 YEARS (15 cents).—Size 8 requires  $1\frac{7}{8}$  yards 45-inch material and 1 yard 30-inch contrasting fabric for yokes, collar and sleeve bands.

**NO. 7442, BOY'S SUIT, KNEE TROUSERS.** PATTERN IN 3 SIZES; 2 TO 6 YEARS (15 cents).—Size 4 requires  $1\frac{1}{2}$  yards 27-inch material for jacket, trousers and belt and  $\frac{3}{4}$  yard 36-inch material for the blouse. A trim little suit for the small boy is made of green chambray and white lawn.

**NO. 7462, GIRL'S COAT.** PATTERN IN 6 SIZES; 4 TO 14 YEARS (15 cents).—Size 10 requires  $2\frac{3}{4}$  yards of 48-inch plush,  $\frac{3}{4}$  yard 48-inch fur cloth for collar and cuffs, and  $2\frac{3}{8}$  yards 36-inch lining. Extremely up-to-date is the little coat here illustrated with its short rippling skirt.

**NO. 6784, LADIES', MISSES' AND GIRLS' MOTOR OR SPORTS HATS.** PATTERN IN 3 SIZES; LADIES', MISSES' AND GIRLS' (15 cents).—Any size requires, flat Tam-o'-Shanter, 1 yard 24-inch velvet; pleated Tam-o'-Shanter,  $\frac{3}{4}$  yard 22-inch cloth; sectional Tam-o'-Shanter,  $\frac{7}{8}$  yard 27-inch fabric; motor hat,  $\frac{3}{4}$  yard 27-inch material.

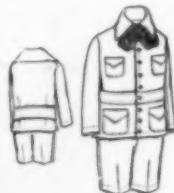
**NO. 7444, CHILD'S DRESS, STRAIGHT PLEATED SKIRT.** PATTERN IN 4 SIZES; 2 TO 8 YEARS (15 cents).—Size 4 requires  $2\frac{1}{2}$  yards 27-inch blue gingham for jacket, skirt and belt and  $\frac{3}{4}$  yard 36-inch sheer lawn for the waist.



7444



6784



6512



7456



7442



7462





## FROM TODDLERS TO KINDERGARTNERS

**NO. 7460, CHILD'S BISHOP DRESS.** PATTERN IN 4 SIZES; 6 MONTHS TO 4 YEARS (10 cents).—Size 2 requires, as illustrated,  $1\frac{3}{4}$  yards 36-inch material,  $2\frac{3}{4}$  yards insertion and  $1\frac{1}{2}$  yards lace edging. The dress above illustrated is particularly good for the baby when made of sheer lawn. Shirred in yoke shape, it makes a dress which is charming in its dainty simplicity. The small view shows the shirring placed in groups. It would be very pretty made in blue, pink or green chambray for the little four-year-old.

**NO. 7424, CHILD'S DRESS TO BE SLIPPED ON OVER THE HEAD.** PATTERN IN 4 SIZES; 2 TO 8 YEARS (15 cents).—Size 4 requires, with contrasting collar and cuffs,  $2\frac{1}{4}$  yards 27-inch chambray and  $\frac{3}{4}$  yard 30-inch contrasting material. The frock on simple but stylish lines is the kind mother wants for the little kindergartner. The design illustrated, with its front yoke and gathers directly in the front, is one of these. Chambray, gingham, percale, or poplin might be used to develop it.

**NO. 7352, CHILD'S COAT, WITH OR WITHOUT CAPE.** PATTERN IN 5 SIZES; 2 TO 10 YEARS (15 cents).—Size 4 requires 2 yards 44-inch material and  $2\frac{1}{4}$  yards 36-inch lining. In Empire effect with cunning fur-edged shoulder cape this little coat is just the thing for little sister's winter wrap. Broadcloth, serge and zibeline are three materials which would be suitable for the development of the model.

*McCall Patterns (with detailed directions for use) can be obtained from the nearest McCall Pattern Agency in your locality or may be ordered by mail by stating the number and size wanted and enclosing the price to The McCall Company, 236-246 West 37th Street, New York City; 418-424 So. Fifth Avenue, Chicago, Ill.; 140 Second Street, San Francisco, Cal.; 34-40 Chauncy Street, Boston, Mass.; 82 North Pryor Street, Atlanta, Ga.; 70 Bond Street, Toronto, Canada.*

**NO. 7432, CHILD'S DRESS WITH GUIMPE; STRAIGHT SKIRT, PLEATED OR GATHERED.** PATTERN IN 5 SIZES; 2 TO 10 YEARS (15 cents).—Size 6 requires  $1\frac{1}{2}$  yards 36-inch material with  $\frac{7}{8}$  yard 40-inch material for guimpe. In soft woolen material with a guimpe of sheer lawn the dress illustrated is both stylish and practical, well suited to the tiny school-girl. Such a design is also suited to development in galatea, plaid or checked gingham or kindergarden cloth with guimpe of white or a harmonizing color.

**NO. 7328, GIRL'S DRESS, STRAIGHT PLEATED SKIRT.** PATTERN IN 5 SIZES; 4 TO 12 YEARS (15 cents).—Size 8 requires  $2\frac{1}{4}$  yards 44-inch serge and 1 yard 36-inch contrasting fabric for collar and belt. Gibson-pleated, trimly buttoned and with cunning pockets in one with the belt, this little model is up-to-date and smart for the little girl's winter school frock. Brown bedford cord, or shepherd checked material in brown and white, with collar, cuffs and belt of plain brown, would be pretty.



7460



7424



7352



7432



7328

# SEVEN DESIGNS FOR VARIOUS USES

## An Equestrian Costume Among Other Things



7450

Transfer Designs No. 646 and No. 323



7450

**NO. 7450, LADIES' AND MISSES' APRON IN TWO LENGTHS. PATTERN IN ONE SIZE (10 cents).—**The apron requires  $2\frac{1}{4}$  yards of 36-inch batiste and 4 yards edging. Transfer Design No. 646 is used for the embroidered sprays and No. 323 for the scallops (10 cents each). A decided novelty is here shown in the way of a fancy apron. Made in batiste and embroidered, it is a charming and practical gift to the bride for her chafing-dish apron. It is also practical for any of the other occupations which might call for a simple protection to one's dress.



7430

**No. 7430, GIRL'S NIGHTGOWN, TWO STYLES OF SLEEVE. PATTERN IN 8 SIZES; 1 TO 14 YEARS (10 cents).—**Size 8 requires  $2\frac{3}{4}$  yards 36-inch material for model with gathered sleeves and collar. Transfer Design No. 448 is used for the feather-stitching (10 cents). The other view requires  $2\frac{5}{8}$  yards 36-inch striped fabric.



7482

**No. 7482, LADIES' RIDING COSTUME. PATTERN IN 6 SIZES; 34 TO 44 BUST (15 cents).—**Size 36 requires  $4\frac{1}{4}$  yards 54-inch material, and  $3\frac{1}{4}$  yards 36-inch lining for coat.



7480

**No. 7480, DOLL'S SET; CONSISTING OF COAT, HAT, DRESS AND ROMPERS. PATTERN IN 6 SIZES; 16 TO 30 INCHES IN HEIGHT (10 cents).—**The 22-inch doll requires 1 yard 36-inch material for the coat and hat with  $\frac{1}{4}$  yard 18-inch material for the collar facing. The dress requires  $\frac{5}{8}$  yard 36-inch material and the rompers  $\frac{3}{8}$  yard 27-inch fabric. Where is the little girl who would not be delighted with this set for her doll?



7440

**No. 7440, CHILD'S PAJAMAS. PATTERN IN 7 SIZES; 2 TO 14 YEARS (10 cents).—**Size 4 requires  $2\frac{3}{8}$  yards 36-inch material,  $\frac{3}{8}$  yard 14-inch material for band.

## The Newest Ideas In Dress Sleeves



7425

**No. 7425, LADIES' AND MISSES' NIGHTGOWN; TWO STYLES OF SLEEVE. PATTERN IN 8 SIZES; 32 TO 46 BUST (15 cents).—**Size 36 requires  $4\frac{1}{2}$  yards 36-inch material. The model is practical for the nightgown of nainsook, longcloth, cambric or flannelette. In the small view is shown a little different possibility which has a yoke and is trimmed with feather-stitching from Transfer Design No. 448 (10 cents). Albatross, a soft woolen material which washes well, is sometimes used for nightgowns that are worn in cold weather. This material may be easily and effectively embroidered.



7470

**No. 7470, LADIES' AND MISSES' DRESS SLEEVES. PATTERN IN 3 SIZES; SMALL, 11 TO 12; MEDIUM, 13 TO 14; LARGE, 15 TO 16 INCHES ARM MEASURE (10 cents).—**Medium size requires, of 36-inch material, two-piece sleeve, 1 yard; gathered sleeve,  $\frac{3}{8}$  yard; oversleeve,  $\frac{3}{8}$  yard; plain long sleeve, 1 yard.



## The Ideal Confection

They taste so good and are so good you should eat Dromedary Dates every day. Ideal for grown-ups and children—a food, a dainty, a confection.

## Dromedary Dates

With Dromedary Dates you can make scores of appetizing dishes. Write today for Free Cook Book giving prize-winning recipes employing dates. Try these muffins for tomorrow's breakfast or lunch.

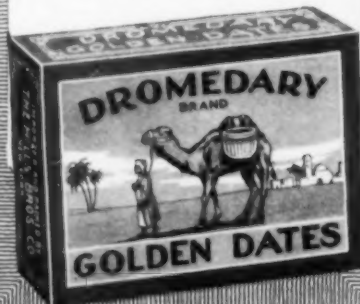
### Dromedary Date Muffins

Cream two tablespoonfuls of butter with quarter cupful of sugar; add two well beaten eggs, then one cupful of milk, and two cupfuls of flour alternately, and two tablespoonfuls of baking powder (the flour and baking powder having been sifted together); beat thoroughly and add pinch of salt and one cupful of Dromedary Dates cut fine. Bake in a quick oven.

## FREE Cookie-Cutter

In order to introduce you to our new product, DROMEDARY COCOA-NUT, on receipt of ten cents (stamps or coin) we will send you a "One-Cake" package, and for your grocer's name also, we will include a Dromedary COOKIE-CUTTER and Book of Coconut Recipes.

THE HILLS BROTHERS COMPANY  
Dept. 23 375 Washington Street, New York



# STITCHERY FOR YOUNG AND OLD

Designed by HELEN THOMAS

**No. 775**—Design for Japanese Initial. This may be effectively worked on sheets, pillow-slips, tablecloths, napkins, towels, underwear, and fancy articles. In all white, it is suitable for any use, but in colors—pink, blue, green, or yellow—it is more appropriate for tray-cloths, luncheon-sets, towels, and fancy articles. After the design is stamped according to directions provided with transfer pattern, the letter is padded and outlined in the running- or chain-stitch with coarse cotton. It is then worked in a close, even satin-stitch with fine mercerized or stranded cotton. The padding is run in opposite direction to the satin-stitch. The stems and flowers are worked in the satin-stitch, and the centers of the flowers in outline-stitch and French knots. Transfer design, 10 cents.

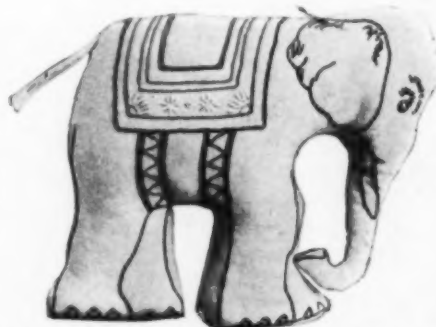
outlined with mercerized cotton or silk, in any gay colors desired. The trunk is outlined in the satin-stitch with white. The rest of the design is outlined with black. Beads or shoe buttons may be used for the eyes. Transfer design, 10 cents.

**No. 780**—A 30-inch Centerpiece. This beautiful



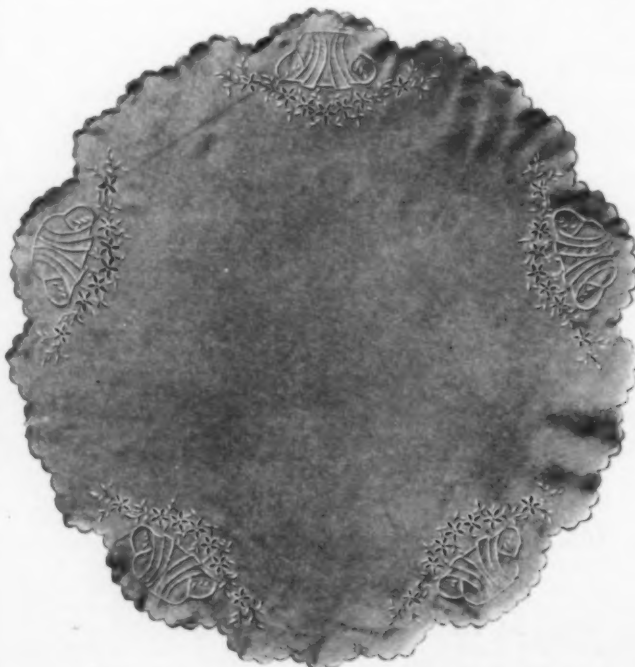
775—TRANSFER DESIGN FOR JAPANESE INITIAL, 10 CENTS

**No. 776**—Design for Stuffed Elephant. This very real looking elephant will make a delightful acquisition for the nursery. It is made of gray felt or flannelette, and stuffed with sawdust or cotton. The blanket and trappings are



776—TRANSFER DESIGN FOR STUFFED ELEPHANT, 10 CENTS

design is embroidered on linen. The flower petals are worked in the eyelet-stitch; the baskets and leaves in the satin-stitch; and the stems in the outline-stitch. The scallops are first padded and outlined in the running-stitch with coarse cotton, and then worked in buttonhole with a rather heavy cotton. The baskets, too, may be padded. Transfer design, 10 cents.



780—TRANSFER DESIGN FOR 30-INCH CENTERPIECE, 10 CENTS

**No. 779**—Motif for Dress Trimming. This charming motif-design is especially effective for embroidering costumes of serge or other heavy materials. On silk, satin, or chiffon the motif should be worked in heavy embroidery silk, beads, or a combination of both. The work is done in the darn-ing-stitch, each straight line being covered with

[Con. on page 51]



# STITCHERY FOR YOUNG AND OLD

[Continued from page 50]



779—TRANSFER DESIGN FOR DRESS MOTIF, 10 CENTS

ton in either red, white, blue or brown, the same color being used to buttonhole the edges of the pockets. If desired, these edges may be bound instead of being embroidered. In that case, binding-tape to match the color of the embroidery gives a dainty effect. Transfer design, 10 cents.

No. 778—Child's Pillow. This quaint design consists of applied pieces in colors which are sewn onto a background of unbleached muslin or white linen, according to the directions provided with the pattern, and hemmed down with fine stitches. The fence is embroidered with green, and the tree-trunk and basket with brown in the outline-stitch. The

a single stitch. Transfer design, 10 cents.

No. 777—Design for Clothespin Apron. This novel little apron is especially useful for holding clothespins on wash-day. It is made of any strong material suitable for standing wear and tear. The design is worked in the outline-stitch with stranded or medium-weight mercerized cot-

stems are worked with green in the outline-; the leaves with green in the lazy-daisy-stitch, and the flowers with pink, blue, and lavender in the lazy-daisy-stitch and French knots. The bonnet-ribbons are worked in the satin-stitch with pink. The hands and feet are outlined with black; and the blossoms on the trees worked in pink French knots. Medium-weight mercerized or stranded cotton should be used.

The attached pieces are not embroidered, but are cut from various colored materials. For instance, one doll has a pink bonnet, a lavender cape, and a blue dress; the other has a lavender bonnet, a blue cape, and a gray dress. The patterns for these pieces are laid on colored material, and the goods cut out and sewn onto the background. Transfer Design, 10 cents.

*Editor's Note.*—McCall Kaumagraph patterns can be transferred to any material with a hot iron in less than a minute. Obtained at McCall Pattern agencies, or post-

paid from McCall Co. on receipt of 10 cents. Stamped material not supplied. McCall's Book of Embroidery gives designs and lessons on stitches for household linen, initials, scallops, and garments, etc. In U. S., with 1 free transfer pattern, 15 cents; by mail, 25 cents; in Canada, 20 cents; by mail, 30 cents.



777—TRANSFER DESIGN FOR CLOTHESPIN APRON, 10 CENTS



778—TRANSFER DESIGN FOR CHILD'S PILLOW, 10 CENTS



Many persons drive ahead recklessly in the matter of food and drink who wouldn't think of disregarding a traffic signal.

But Nature's laws of health cannot be trifled with.

For instance, the coffee drinker who says, "coffee doesn't hurt me" may sooner or later find he has a "jumpy" heart, frazzled nerves or some other trouble often due to the drug, caffeine, in coffee.

Generally one can get back to health and comfort by a change from coffee to

## POSTUM

the delicious, pure cereal food-drink.

"There's a Reason"

Postum comes in two forms: The original Postum Cereal must be well boiled; Instant Postum needs no boiling—a level teaspoonful in cup of hot water makes the same delicious drink—instantly. The cost per cup is about the same for both forms.

—sold by Grocers.





*Avoid the handicap of bad skin; a clean, healthy look is a strong asset.*

Remember that

# Pears' Soap

is just as fine for young folks as for grown-ups. No matter how "dirty" you are, you can get your skin clean, really clean, with Pears and it will be easy to keep it as fresh and clear as you would like to have it.

The best aid to skin-health of man, woman and child, is the daily bath with Pears' Soap.

**Send 4c. for Trial Cake**

For a generous trial-size cake of Pears' Unscented Soap send your address and 4c. in stamps to cover mailing cost, to WALTER JANVIER, United States Agent, 509 Canal Street, New York City.

**A. & F. PEARS, Ltd.**

*The largest manufacturers of high-grade toilet soaps in the world.*

## YOUR NEW AUTUMN SUIT

LESSON 69—THE HOME DRESSMAKER

By MARGARET WHITNEY

**W**ON'T it be a triumph to make this stylish coat-suit No. 7469, so that no one will ever suspect it was made at home?

It is one of the newest fall models, and as I know you will want to have one just like it, I am going to give you some hints that will help to make it a success.

First of all, I will suggest some of the fashionable materials. The suit in the illustration is of bottle-green broadcloth with collar of beaver-fur cloth, which may be substituted for the real fur. Dark brown broadcloth also combines well with beaver. Other materials of the season are velour, velveteen, gabardine, wool poplin, serge, tricot, cheviot and mixtures. The new colors for autumn are purple, burgundy, dark green, brown, taupe and dark gray; navy blue and black are also very popular. For lining, you may use figured silk, printed crepe, satin, or peau de cygne. In the plain colors, gray or bright green is very good for lining black or navy blue.

**THE PATTERN.**—The coat is illustrated in 33-inch length, but it may be made in 41-inch length, and in this longer length you may sometimes wear it as a separate coat. The skirt is three-piece, with high waistline, plain in front and gathered at the back. It measures  $2\frac{7}{8}$  yards at the lower edge. The pattern is cut in 7 sizes; from 34- to 46-inch bust measure. Price, 15 cents.

The material required for the suit, in medium size, with 33-inch coat and 38-inch skirt, Fig. 1, is  $4\frac{1}{4}$  yards of 54-inch cloth and  $\frac{3}{8}$  of a yard of 48-inch fur-cloth.

In this lesson I am going to devote most of the space to giving hints regarding the canvassing and pressing of the suit for I am sure it is just such information most women are in need of. Directions for cutting and putting the pattern together will be found on the envelope so I will not repeat them here. These should be followed very carefully.

**CUTTING THE CANVAS.**—Figures 3 and 4 give illustrations of the back and front of the coat showing how to cut the canvas. There is no pattern given for this, but I am sure you will be able to cut it by following the illustrations. The canvas used should be soft and light. Heavy, stiff canvas is not used any more for coats. The canvas should be cut by placing the pieces of the pattern together, as the front and side-front, then cutting along the armhole, shoulder, neck and front-edges exactly like the pattern. For the inner-edge, start about one and one-half inches below the armhole-edge and mark off the curved outline as shown in the illustration. The line of the seams will help as a guide. The straight piece down the front, below the curve, continues

straight down to the hem and is about four and one-half inches wide.

In the back, the canvas is about six and one-quarter inches deep at the center-back and one and one-half inches under the arm. It should not be at all difficult to follow the outline, using the pattern for the outer edges.

At the shoulder and underarm, the canvas is laid flat, one edge lapping over

[Concluded on page 53]



FIG. 1—NO. 7469—GREEN BROADCLOTH SUIT WITH COLLAR OF BEAVER-FUR CLOTH



FIG. 2—OTHER POSSIBILITIES OF THIS DESIGN

## YOUR NEW AUTUMN SUIT

[Continued from page 52]

the other, and joined with cat-stitching, as a seam would make it too bulky.

The little strip of canvas sewed to the top of the sleeve is used in coats, nowadays, in place of the old-fashioned padding. It is merely a bias strip of the canvas about one inch wide when doubled. The strip is about ten and one-half inches long and does not go all around the armhole. It gradually tapers off to nothing at either end about three or four inches above the underarm-seam. In Figures 3 and 4 the sleeves are turned wrong side out to show how the canvas is put on.

**PRESSING SEAMS.**—Each seam of the coat should be pressed open as you work, for on this depends a great deal of the success of your suit. Do not leave all the pressing for the last. For example, in making the coat, press open the seams that join the side-fronts and side-backs to the front and back before sewing up the shoulder- and underarm-seams. Use a damp cloth, and with a hot iron press the seams open on the wrong side. The seams of the coat-lining should be done in the same way. Of course, you know that the seams of the lining are sewed up separately, and the lining is put in last of all and tacked to the coat underneath, along the shoulder- and underarm-seams, which are pressed open facing one another. Then the front edges are turned in and felled by hand over the coat-facing. Lastly, the lower edge is felled to the bottom of the coat, each edge having been turned up separately. The lining should be felled about a sixteenth of an inch above the lower edge of the coat so it will not hang over and show on the right side. The top of the sleeve-lining is felled over the armhole-edge after the sleeve is sewed in. The fulness is to be eased in. The narrow side belts on the coat are to be lined with the material used for the coat-lining. The edges may be finished with a row of machine stitching. Press them carefully and tack on the coat, placing buttons on the ends.

When the coat is all finished, it is much more satisfactory to take it to a tailor for the final pressing. It will also pay you to have him make the buttonholes, unless you

are well experienced in making buttonholes on heavy material.

**THE SKIRT.**—The skirt is so simple, I am sure you will need no other instructions than those on the pattern envelope. Use firm belting one and one-half inches wide for the waistline and bind the seams with taffeta seam-binding. The lower edge is faced with a three-inch false hem as there is no hem allowance on the pattern. If you would rather not have a false hem, however, you may cut your material longer than the pattern at the lower edge, allowing the extra material you will require for a three- or four-inch hem.

The length of your skirt when finished should be six or eight inches from the floor, for this is the average length of skirts this season. Some skirts are made even longer, but for the skirt of a practical suit it is not advisable to have it any longer. If you have any difficulty in getting your skirt to hang evenly at the lower edge, the best way to manage it is to put it on and have some one mark the correct line for you. But do not attempt to finish the edge of your skirt until every other part of the skirt has been completed. The top of the skirt should be completed with the belt and hooks and eyes sewed on, and the placket also should be finished.

In this skirt the placket is at the center-back. Underface the right edge with a strip of material about one and one-half inches wide when the edges have been turned under. The left edge should be finished with an extension made from a doubled strip of material one and one-half inches wide when finished. On this strip should be sewed the eyes or eyelets, and on the other side, the hooks. Patent fasteners may be used in place of hooks and eyes if liked. They are preferred by many women as they finish plackets nicely.

**Editor's Note.**—Write to Mrs. Whitney concerning any difficulty you may have in selecting designs or materials for your fall and winter wardrobe, and she will be glad to assist you if you will enclose a stamped self-addressed envelope for her reply.

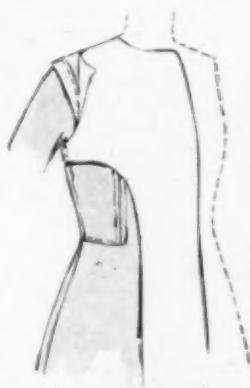


FIG. 3—THE CANVAS FOR THE FRONT OF THE COAT



FIG. 4—CAT-STITCH THE CANVAS AT THE SHOULDER AND UNDERARM

## When Baby Plays

When she gets hold of a lead pencil, for instance, and "writes" all over the white paint that's so hard to keep clean anyway! *Don't get cross!* It only means a damp cloth and Fels-Naptha Soap. In a jiffy, without hard rubbing, the pencil marks will disappear; smudgy finger marks too—and all kinds of dirt.



There's nothing better than Fels-Naptha for getting bathtubs clean, either. No hard scrubbing to get rid of that greasy scum that will collect—just wipe out the tubs, basins or bowls with a damp cloth and Fels-Naptha Soap. You'll be surprised at their shining whiteness. Fels-Naptha dissolves grease, softens dirt and makes it disappear.



Let baby have her wash-day too—it will make her so happy to copy Mama's way of washing. And Dolly's clothes do get dirty. If Mama washes with Fels-Naptha Soap she knows how easy work can be. With Fels-Naptha there's no hard rubbing—no long boiling. Just soak the clothes with Fels-Naptha Soap for about 30 minutes. When you come to wash, the hard part's done. The dirt rolls out with a few light rubs. You get the clothes on the line in half the time, sweeter and cleaner than ever before.



It's the perfect combination of soap with naptha, that makes Fels-Naptha the "wonder soap." Wonderful because it does every soap-and-water household task perfectly, quickly and easily. Cuts out all hard work—cuts the time in half.

**"Fels-Naptha"**  
The Original Naptha Soap







## Two shakes and 10 seconds—and the tub is clean

A little of that fine, clean white Bon Ami Powder on a wet cloth and then swish!—the soapy tide-mark vanishes, every smear departs and the tub glistens immaculate!

# Bon Ami

The soft mineral in Bon Ami won't scratch the enamel or the porcelain as scouring powders do.

"Hasn't scratched yet!"



## HOLIDAY EMBROIDERY HINTS

By GENEVIEVE STERLING



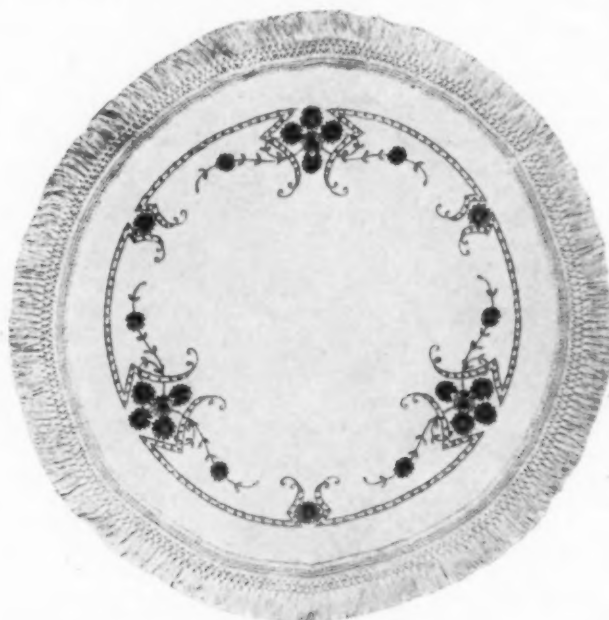
10587—SCARF

10585—Laundry bag. To be worked in the lazy-daisy-stitch. This is a practical and attractive article. The word "laundry" is worked in solid-embroidery. The design may be had stamped on white linen for 35 cents; on cream white crash, 45 cents. Three skeins of heavy colored linen thread and sufficient cord for the top are also provided upon receipt of 20 cents.



10585—LAUNDRY BAG

10587—Artistic bureau scarf. To be worked in solid- and buttonhole-embroidery. The design may be had stamped on 18- by 32-inch imitation linen, 30 cents; on 18- by 32-inch pure white linen, 60 cents; 6 skeins of embroidery cotton, 15 cents; design stamped on 18- by 52-inch imitation linen, 45 cents; on 18- by 52-inch pure white linen, 75 cents; 9 skeins of embroidery cotton, 20 cents; design stamped on 18- by 72-inch imitation linen, 60 cents; on 18- by 72-inch pure white linen, 95 cents; 12 skeins of white embroidery cotton, 25 cents. Free for four 50-cent subscriptions.



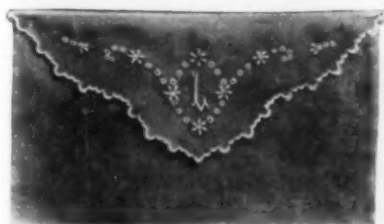
10584—CENTERPIECE

10584—Beautiful 27-inch centerpiece. To be worked in the lazy-daisy-stitch with French knots, outline-embroidery, and fringe for the edge. The design may be had stamped on 27- by 27-inch tan crash, 40 cents; on 27- by 27-inch brown linen, 50 cents; 5 skeins of heavy colored linen thread, extra, 25 cents; 2½ yards of 4-inch tan linen fringe, extra, 50 cents; design stamped on 36- by 36-inch tan crash, 60 cents; on 36- by 36-inch brown linen, 75 cents; 7 skeins of heavy colored linen thread, extra, 35 cents; 3½ yards of 4-inch tan linen fringe, 65 cents. Free for three 50-cent subscriptions.

[Concluded on page 55]

## HOLIDAY EMBROIDERY HINTS

[Continued from page 54]



10586—HANDKERCHIEF CASE



10588—PINCUSHION

10586—Serviceable handkerchief-case. To be worked in eyelet- and solid-embroidery with edges finished in button-hole-embroidery. The design stamped on white Normandy linen, including any one initial stamped, and sufficient embroidery cotton to work may be had for 25 cents; stamped on fine white linen, including any one initial stamped, and sufficient embroidery cotton to work, 35 cents; perforated initials, including stamping materials, extra, 5 cents each.



10589—CHEMISE

10588—Pincushion to match Scarf No. 10587. This pincushion cover is to be buttoned in center of each side, size 13 by 8 inches. The design may be had stamped on imitation linen, including back and sufficient embroidery cotton to work, for 20 cents; stamped on pure white linen, including back and sufficient embroidery cotton to work, 35 cents; 1¼ yards of Val lace edging, and 4 Duchess buttons, extra, 20 cents.

10589—Pretty chemise (McCall Pattern No. 7310). To be worked in solid-embroidery with edges button-holed. The design may be had stamped on fine white nainsook,

including any one initial stamped, for 75 cents; stamped on fine white linen, including any one initial stamped, \$1.65. 12 skeins of embroidery cotton to work, extra, 25 cents; perforated initials, including stamping materials, extra, 5 cents each. Free for eight 50-cent subscriptions.

*Editor's Note.*—New fancy work book with lessons on stitches sent for 2-cent stamp. Perforated patterns of any article illustrated on page 54 and on this page, including stamping directions, may be had for 10 cents, postage prepaid. Send check, money order, or stamps by mail to McCall Company, 236 W. 37th Street, New York City. Patterns not carried by agencies.



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## HOME-MADE PIMENTO CHEESE

By EMMA W. STILL

RED peppers do not always keep well, and until recently I had been puzzled what to do with the piece or two that seemed always to remain after a can had been opened. Throwing away large slices that I knew would not keep was a real trial to my thrifty soul. But one night, while clearing up after tea, a happy idea came to me. I took a piece of domestic cheese—one-quarter or perhaps one-half pound—creamed it up with a little butter, mashed into it the solitary piece of pimento that

had been mockingly regarding me from the corner of my kitchen-table, and behold, a jelly-glass full of delicious pimento cheese! Since then, odd bits of pimento have no power to disturb me. One can always use the cheese for sandwiches for the little afternoon affair or for the daily lunch-box, and it may be varied by the addition of two or three chopped olives or English walnuts, to suit the taste. By laying a bit of buttered paper over the top, and putting it in a cool place, I have kept it two weeks.



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# STYLISH WINTER HEAD-WEAR

LESSONS IN HOME MILLINERY—NUMBER XLVI

By EVELYN TOBEY, Director of the Millinery Department of Columbia University

THE dress hats this winter are very large. Some are made of sheer materials, and some of velvet and of hatters' plush.

The frames for the sheer ones are made with spring-wire on the edge and regular frame-wire for head-size and spokes. To make them, first cut two head-size wires twenty-six inches long. Lap ends of each wire two inches and tie so as to make two circles measuring twenty-four inches. Make four equidistant dots on each circle and attach four spokes at these dots. For spokes cut four pieces of frame-wire, each nine inches long, and attach them to the head-size wires so as to leave one inch

between circles; then straighten spokes. Measure from lower head-size wire five inches on front and back spokes and five and one-half inches on left and right spokes.

Bend head-size circles oval to fit shape of head. Lay middle of spring-wire on five-inch mark on front spoke and twist end of this spoke around the stiffer wire. Then twist both side spokes around to edge-wire at the five and a half-inch marks, but be careful to keep the sailor frame flat on the table. Twist back spoke around edge-wire at five-inch mark. Break the spring-wire and fasten ends of it with the tin clasp. Now you have a frame which is a flat sailor, five inches wide at front and back, and five and a half inches on sides.

To cover this frame cut a piece of maline one inch longer than edge-wire and two inches wider than twice the width of brim. Fold this strip through the middle lengthwise, and steam folded line to stretch it. To do this, hold maline over the steamer so as to moisten it only enough to stretch edge without wetting it. This will make a circular

ruffle-shape of the maline, which will fit over the frame so as to be smooth on the edge-wire. It will have almost no fullness or gathers at head-size (Fig. 1). Open folded maline, lay it over frame, and sew edges to head-size on top and underneath brim.

After one piece is fitted over the frame, cut and fit a second piece in same way, so

as to make four layers of maline, two on top and two underneath the brim. If the maline is very thin, more layers may be necessary. The edge of the brim may have sequin spangles sewed close, or any fancy beads. It may be bound with velvet or grosgrain ribbon or with a bias fold. The crown ought to be transparent on top.

The side crown may be transparent or may be covered with heavy trimming.

To make the crown, lay four layers of maline over an ordinary crown-frame and stretch out fullness by steaming. To do this, place one layer over frame and hold high over steam so as to prevent wetting maline. While it is moist, pull fullness out so that maline will fit over frame without wrinkles.

Fit next layer directly on top, until finally four are fitted, one on top of the other. After this maline crown is dry, remove it from crown-frame and sew it to brim head-size. Lace may be used instead of maline. Sew one edge of lace on top of frame around edge-wire, plain with no fullness, then shirr second edge to gather it

into head-size. On the under side of brim fit in same way a strip of single maline. Finish edge with binding or other trimming.

For a dress hat a velvet sailor, wider on the left side back and left side, is appropriate (Fig. 2). The pattern is laid



FIG. 1—EVENING HAT WITH MALINE CROWN



FIG. 2—SMART DRESS HAT

[Continued on page 57]



## STYLISH WINTER HEAD-WEAR

[Continued from page 56]

on buckram or stiff willow, and cut with one inch left inside of head-size line for a bandeau. Make slashes about one inch apart around this inch-allowance and bend slashes upright to make a bandeau. Sew frame-wire around edge of brim and around head-size line at base of slashes. Lap each wire about two inches and use a buttonhole-stitch.

After you cut each wire, make it the shape of the line to which you are to sew it. Press buckram to make it perfectly flat before you wire it. From pattern cut cover of top of brim. Allow about three-eighths of an inch around outside edge of pattern and about one inch inside of head-size. Lay cover on top of frame and pin it to edge so that it will fit very tightly. Sew it to frame on under side by taking one stitch in edge of the velvet and another stitch, forward, through frame. When you make this zig-zag stitch, be careful not to catch the velvet on top side of the frame with the point of the needle. After velvet has been fitted tightly and sewed on edge, slash inch-allowance left inside of head-size, then sew velvet around base of slashes on frame. From pattern cut the cover for under side of frame, making same allowances as for top side. Fit and pin in place; then finish edge by turning three-eighths inch-allowance so that folded edge of facing is exactly on a line with the edge of frame. Sew with a slip-stitch.

Sometimes the top- and under-brim covers may be cut to finish exactly on edge of frame; the edges are then whipped over the edge of frame and finished with ribbon, braid, or bias binding of velvet.

Another edge-finish may be made by turning allowance of facing over a piece of frame-wire to make corded edge. Pin wire, thus covered, exactly on edge of frame; then take half-inch stitches inside of edge of wire on facing; make a deep crease with the needle to force velvet under wire, and give a cord effect. As the half-inch stitches

ought to be very near together, take shortest possible stitch between them. The small stitch take through the edge of cover of top of brim, but the long stitches take only through facing inside of wire.

To make the crown of this hat, lay side-crown pattern on buckram or willow, and cut, allowing one-half inch on one end for joining. Lap the other half-inch allowance under second end and sew frame-wire around top and bottom edges of side-crown piece. Lap wires two inches. Cover frame with bias piece of velvet and turn edge a half inch over top and bottom of frame. Make seam at the back and catch-stitch the edges of the velvet to inside of frame, around the top and bottom. Lay oval pattern for top of hat on the material directly and cut. Shirr around edge, keeping gathering thread very loose. Pin top inside of top edge of side-crown so that the longest line of the oval will lie from front to back and shortest line from left to right. Blind-stitch from edge of top-piece to top edge of the side-crown.

These hats may be trimmed in a variety of ways, but do not combine too many kinds of trimming on one hat. One attractive thing of the right size has more style than heavy, fussy trimming.

Mushroom brims are very popular and make comfortable hats for winter wear. A very stylish brim (Fig. 3) is about three inches wide at the back and four inches at the front. The crown is a tam which measures fifteen inches from front to back and thirteen inches from left to right. This tam is mounted on a straight band of buck-

ram two inches wide that is cut to fit around head-size of brim. The trimming is a simple bow, directly in front, with band of ribbon around base of tam. The ends of the bow are about four inches long and are wired so as to stand forward.

[Concluded on page 58]



FIG. 3—MUSHROOM BRIMS ARE POPULAR



FIG. 4—LATEST TURBAN MODEL



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## STYLISH WINTER HEAD WEAR

[Continued from page 57]

Perhaps the most sensible and comfortable hat for winter wear is the turban. One of this year's models (Fig. 4) has trimming across back and drapery of crown folded toward back. For the frame cut a straight piece of buckram or willow three and one-half inches wide and long enough to fit loosely around the head. Join ends of this band and sew soft frame-wire around top and bottom edges. Place band on head and bend to conform to shape of skull. Cover top with a piece of crinoline or other thin material laid on loosely. Pin a piece of plain velvet around front of frame and lay a double box-pleat at back. Cover side crown with a band of fur, marabou, or bias velvet.

If you use bias material, cut it about six or seven inches wide so as to be able to lay folds in it to make it softer than a fitted piece would be. Turn one edge inside of frame around bottom and catch to inside of frame. Turn back about one-half inch around top edge of drapery. Trim with bow or buckle across back. You can make your own buckle by cutting it from stiff frame-material. Wire the edge all around; then cover with a fancy or a metal braid, or trim with wool. This buckle ought to be as wide as side crown and about six inches long.

**A**NOTHER turban (Fig. 5) has a side-crown piece which is three and one-half inches wide and two inches shorter around top than around bottom edge. The frame is made with wire around top and bottom. A loose piece of crinoline is laid over top after side crown has been bent

to fit head. The top of turban has velvet draped high to left of back. The fulness is laid in pleats around top of side crown; then a six-inch bias piece of velvet is draped around side crown and finished at the left of back. The drapery may be caught in one or two places with pearl or

jet pins. When you drape material, lay large deep pleats instead of many small fussy ones. Have few lines or folds in the drapery and let them fall naturally instead of sewing them tightly in place. Either of these turbans can be made with one-quarter of a yard of velvet cut on the

bias and one-half of a yard on the straight for the top drapery.

For the woman who may not wish to spend an appreciable amount on a new street hat, there are several satisfactory methods for remodeling a last winter's style. For instance, when the big brimmed hat, which has been lying away since last winter, looks too old-fashioned for this season's wear, you can readily disguise it with a little simple but skillful manipulation. No one will recognize your broad brimmed, 1915 model, if you will cut it around the edge and

make it a medium-size (Fig. 6). The brim can then be readjusted along the edge with a binding- or cord-finish, and the right edge can be dented, in a jaunty manner. The top of the side crown, in this case, should be finished with an ostrich fringe. If you haven't a fringe of this sort among your home millinery scraps, make one

from the various ostrich odds and ends that have been accumulating from season to season. A combination of many colors is desirable, but if one color is preferred, the fringe may be dyed as dark as the darkest ostrich tip.

**Editor's Note.**—If you have hats to trim, retrim, or make over, Mrs. Tobey will tell you how. This department will contain, from time to time, clear in-

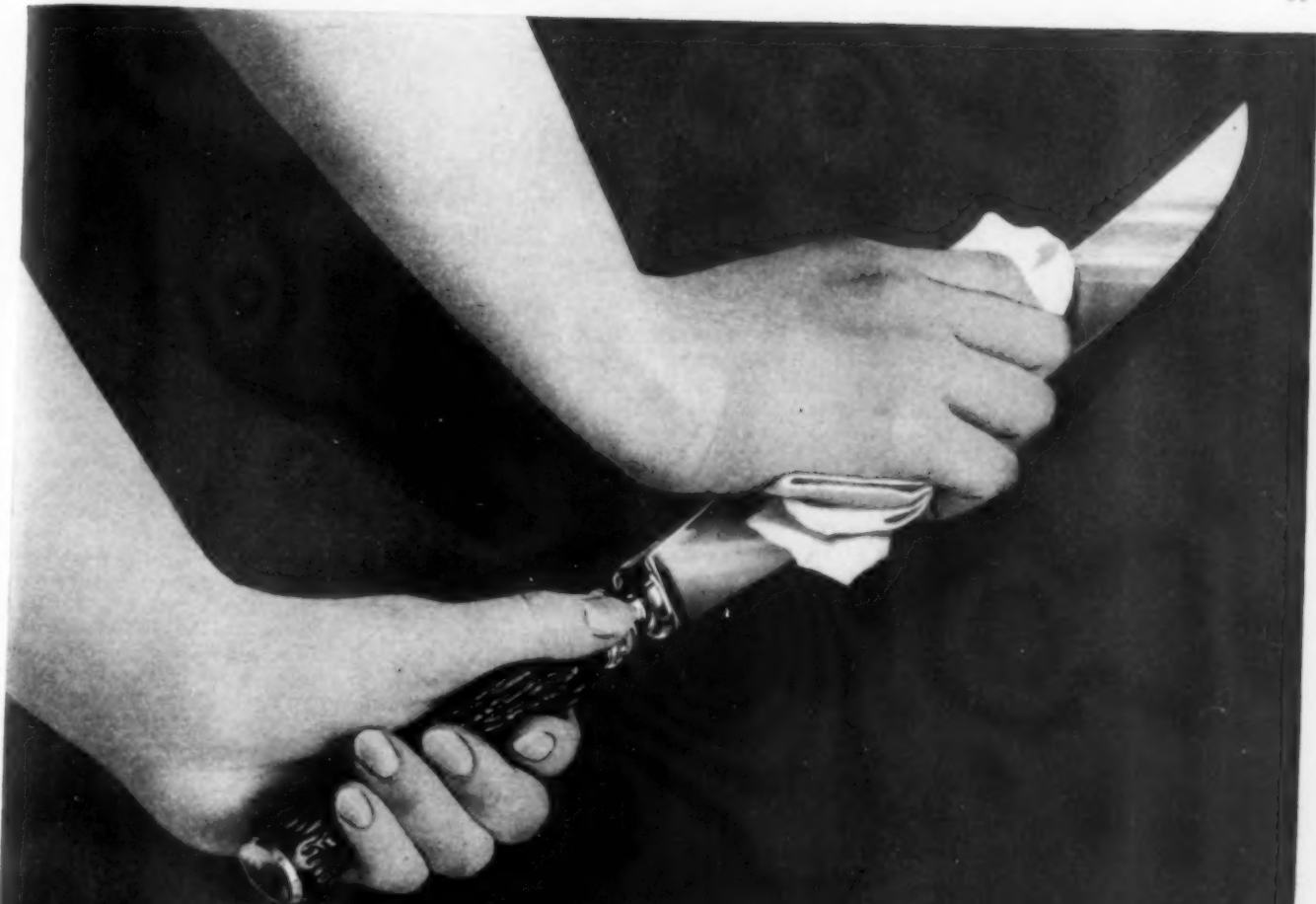
structions in every branch of home millinery; while letters submitting special problems—your last year's hat that has to be made over, or your new winter hat that will not look right—will be gladly answered by mail by Mrs. Tobey, if stamped envelope is enclosed.



FIG. 5—A TURBAN WITH A NOVEL FLARE



FIG. 6—A LAST YEAR'S BRIM CUT DOWN



Cutlery

Kept

Clean

and

Bright

by

Quickly Cuts  
Off Rust  
and Stains

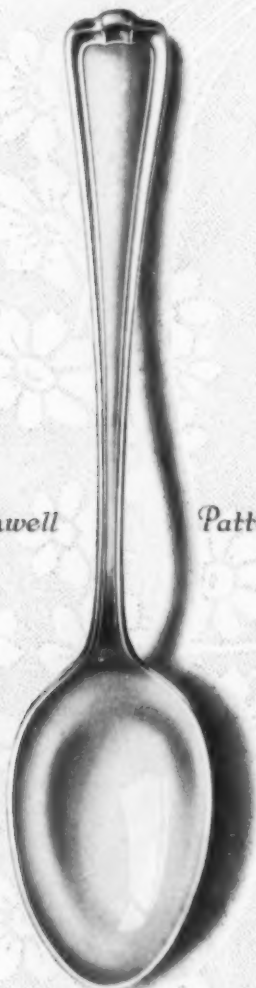




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## VERONESE CROCHET

By GREYE LA SPINA

FOR those of us who are planning Christmas gift-making early this year a pair of bedroom slippers worked in Veronese crochet will offer a novel suggestion. The foundation stitch is the same as for all Veronese crochet (Fig. 1) and is made as follows: Chain 2; draw thread through first stitch of chain and through the two loops now on hook. Chain 1; draw thread through stitch of loop made in first chain-stitch; now draw thread through the two loops on hook. Continue this until chain is of desired length. All this Veronese crochet is made according to the same directions, i. e., without turning the work, as the crochet-hook is used in the wide work much as is a knitting-needle (being often filled with loops drawn upon it).

The Veronese stitch, when used for

the loops over the entire last row, pulling the work apart to see if hook goes under the last row and between each loop of it.

In making a ring such as is used in the crocheted slipper (Fig. 4), chain 8; join to form ring. Chain 3; take up a loop in the first two stitches of third chain; take another loop into the foundation ring; draw thread through two loops, through next two loops and through final two loops; chain 1; take up one loop in first opening formed by loops of preceding row, one loop in second opening; another loop by drawing the thread through the ring. Now draw thread through two, through two, through two; chain 1; and continue until you have made twenty of these groups of loops; then join.

The development of the petals of the central flower used in the slippers is brought out as follows: chain 7; draw three loops through the three nearest chain-stitches to hook; draw thread entirely through the four loops now on



FIG. 1—FOUNDATION STITCH FOR ALL VERONESE CROCHET

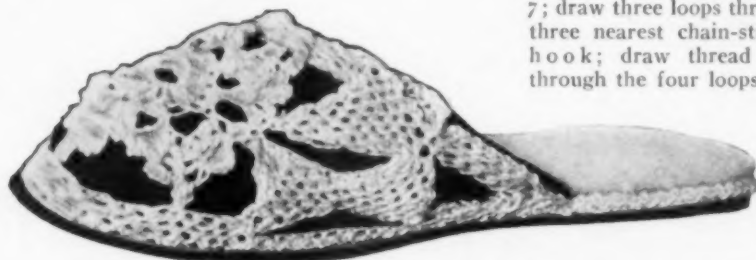


FIG. 2—SLIPPER IN VERONESE CROCHET

wider work (Fig. 3), should consist of one chain-stitch for every loop of the desired width, and a chain of four stitches forming a strip with four loops.

In making this wider work, chain 4, for example; take up a loop on the hook through each of the first three chains, beginning always with the stitch nearest the hook; when you have four loops on the hook, draw the thread through the first two loops, then through two more, and through the final two, making four groups of two threads, or one loop; chain 1, and repeat for the next row, all without turning the work. In the second row and rows thereafter, take up

hook; \* now draw loops through remaining three chain-stitches; draw thread through two, through two, and through two. Chain four; draw three loops onto hook through the three first chain-stitches; draw thread entirely through all four loops, and continue with the Veronese stitch to make three loops, as described from \* on.

Continue until you have a strip with five of these Veronese picots; then fasten into central or foundation figure in same stitch in which you started this petal; make five single crochets along the edge of center, and repeat for another petal (Fig. 5). Make five petals in all. This completes central figure.

[Continued on page 61]

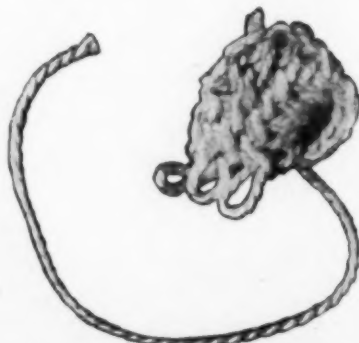


FIG. 3—DETAIL WHEN USED FOR WIDER WORK



## VERONESE CROCHET

[Continued from page 60]

A strip of four loops fourteen inches long is made for the front of the slipper, and the strip is continued around the heel in a single loop; the length of this latter strip cannot be given, as it varies with the size of the sole used. This is a small detail which the worker can easily adjust for herself. To the central point of this wider strip the central picot on one of the flower-petals is sewed carefully. Two inches from it, on either side, the central picots of the two adjoining petals are attached.



FIG. 4—FIRST STEP IN MAKING RING

To make the group of leaves, or the side figures, the worker must start with the single loop-stitch and then with each new row, chain 2 instead of 1, thus giving the foundation for an extra loop. Continue to increase first petal of leaf until you have seven loops; then commence to decrease by chaining 1 instead of 2, and by skipping the first opening between loops of preceding row, thus lessening the loops by one. When you are down to two loops, recommence increasing again. In this man-

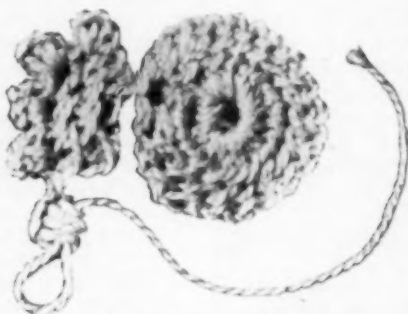
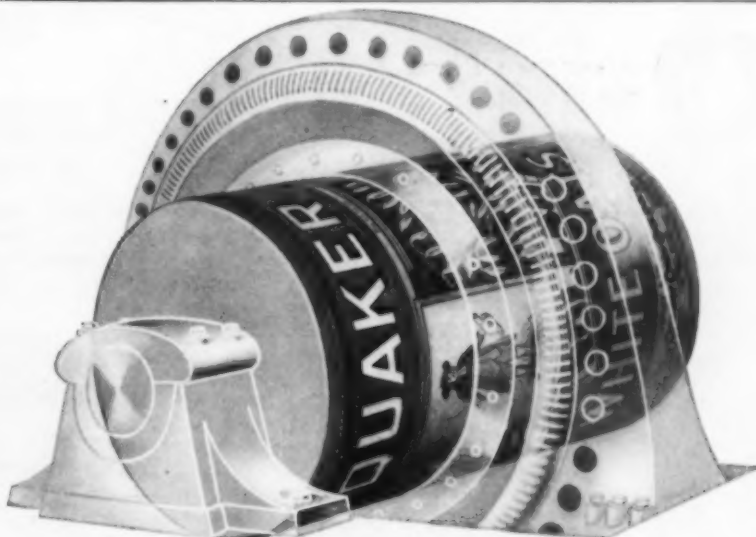


FIG. 5—DEVELOPMENT OF PETALS

ner, form the three leaves, join them, and with a fastening-stitch catch into both of two picots of the flower-petals which were nearest the central or foundation figure (and which should be sewed together, as should all picots nearest the central ring, two and two). Each leaf should be caught to those picots which are on either side of the two flower-petals, which are as yet unattached to any part of the slipper. Sew

[Concluded on page 63]



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## DRAWN LINEN AND APPLIQUÉ

By JOSEPHINE W. HOW

HEMSTITCHING has always been a delight to needle-workers since the days when our great-grandmothers heaped high their daughters' hope-chests with exquisite gifts of hand-embroidery. Even the modern machine-made devices for fancy stitching cannot persuade the true hand-worker that the "short-cut" way is the happier one. Machine-made articles serve their purpose for practical, hard wear, but the hand-made ones are always the more effective.

Hemstitching, too, can be used on almost any sort of garment or article and will add richness and beauty to it. The straight double hemstitching on drawn linen combined with appliqué is particularly effective. Pincushions, combing-sacks, pillows, table covers, table-runners, night-dress cases—they cover a wide range and yet all look equally well with this type of decorative handling. In fact, the range is unlimited, and if you are already thinking of Christmas, half your problem, at least, is solved right here. Each one of the articles illustrated is simple enough to follow without a pattern.

Sometimes arguments arise as to which of the many hemstitching methods is the most satisfactory. It is hard to answer that, but an always effective method is to begin at the left, on the wrong side, to pick up the threads with the needle, draw them tight with the sewing cotton, and, in the space at the right, make a stitch as if you were buttonholing.

In some cases, when the thread is not drawn

from edge to edge, as in the scarf and night-dress case (Figs. 5 and 6), it is wise to determine just where it is to stop, and then to mark with a pin, and, drawing the first thread carefully, cut it at the mark. If the opening is to be an inch wide, the threads for that distance may be cut, if care is taken not to touch the cross-threads. When the threads for the row at right angles to it are to be drawn, cut off close to the material the loose

threads for the correct distance, and when these are also drawn, a square space will be left, between the raw edges, which must be finished off by neat buttonholing. It is

best not to take up more than six or eight threads at once, in this heavy linen, as the space must not draw.

The hemstitching on the appliqué pincushion box (Fig. 1) is one-half inch wide, worked in one and one-half inches from the edges around the sides. The frill is three inches wide with a half-inch hem, topped by the same width hemstitching. Little red motifs with green leaves give the effect, and these are embroidered at each corner

and at intervals around the frill. The box itself is easily made by covering pieces of cardboard of the desired size with sateen and sewing these pieces together at the ends and base. A lid is made by covering a larger piece of cardboard with the sateen on one side, and stuffing the other with wool wadding to make a rounded top.

THE combing-jacket is a straight piece of linen toweling (Fig. 2), one and one-quarter yards long and

[Con. on page 66]

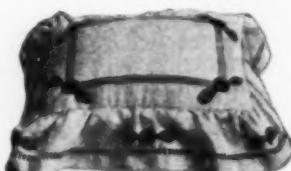


FIG. 1—APPLIQUÉ PINCUSHION OF WHITE LINEN OVER RED

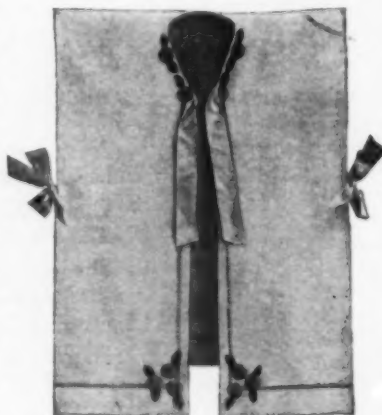


FIG. 2—COMBING-SACK MADE FROM TOWELING, WITH APPLIQUÉ IN HELIOTROPE



FIG. 3—PILLOW-COVER OF WHITE LINEN WITH DRAWN-WORK AND FLOWER DESIGN



## VERONESE CROCHET

[Continued from page 61]

the points of those leaves nearest the long strip of four-loop width at equal distances of about one and one-half inches each to the four-loop strip, leaving about two inches from the point of the central leaf to the end of the strip, which end should just about reach past the instep of the slipper when sewed into the sole.

Beginning at this instep-end of the four-loop strip, make a two-inch long four-loop strip; narrow to the single loop-stitch after catching the thread through the narrow joining of the central and upper leaves, by single crocheting back over the four loops to the final loop. Chain 1, make an inch of the narrow or single loop; chain 5, make a strip three inches long with a five-loop stitch. Catch into the point of the third leaf. Catch into point of upper leaf of second group of three leaves; make one inch of single loop-stitch; catch into juncture of upper leaf and that adjoining it; complete top of slipper with a four-loop strip two inches long, and attach to end of long strip.

The central picots of the two upper petals of the flower should now be sewed to the upper or five-loop strip forming the top of the slipper, each a third of the way apart.

Cut the satin lining to fit the crocheted top, which, if made according to directions, should be the right shape, and sew it to the sole of the shoe, gathering it slightly at the point of the sole to give room for the foot. Sew it right side out, and with the satin turned up a little on the right side to prevent raveling. This raw edge will be covered by the strip of four loops which forms the bottom of the slipper. Finally, sew on the crocheted part lightly over the satin lining, pulling gently into position.

## THE LAND OF DUSK

[Continued from page 19]

Then the lovely Princess went with the Sandman to live in Shut-Eye Town, and when the people in her new home came to know the Princess, they all loved her and were glad to have her for their Princess.

And now, when Playtime is over and Nighttime draws near, just as the Sandman comes to close the tired eyes of the Littlest Children, his dear Lady of Dreams glides through the nursery window, ever so softly, and out of the folds of her soft robe of blue, slips a tiny dream, one for each sleepy child.

The Sandman smiles and is happy! And so is the lovely Princess. Even the Littlest Children smile as they sleep!



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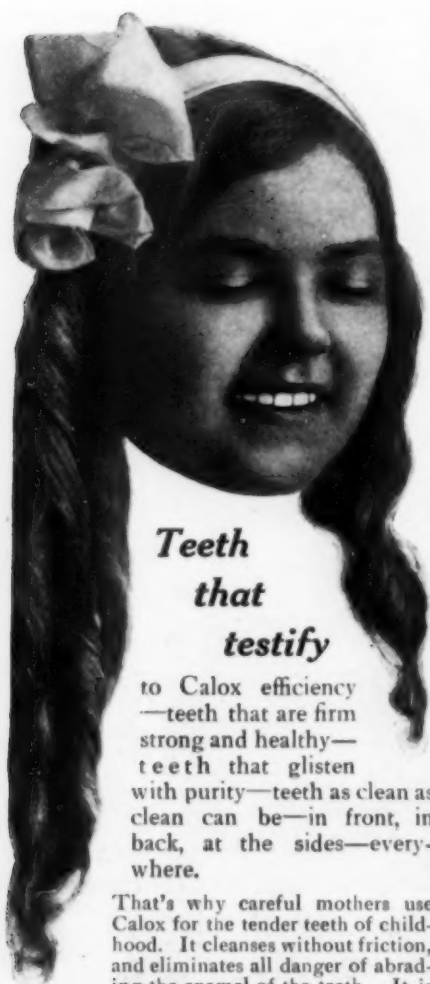
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Laboratories—25 and 50 cents everywhere. The 50-cent size contains almost three times the quantity of the other.

"Your 32 Teeth are 32 Reasons"

McKESSON & ROBBINS  
91 Fulton Street New York



## THE LITTLE GOLD GOD

[Continued from page 24]

probably would have been up to mischief at that first stockholders' meeting if you had not bobbed up unexpectedly in San Diego."

"Ted is right, I am sure, Mr. Warrington," said Lawrence earnestly. "They came to me almost immediately after they arrived and demanded to be shown the company's books. I told them that you had given orders that everything was to be wide open to their inspection, and after that, they cooled off a little. From the way they went at things the last few days, I felt sure they were hunting desperately for something to criticise. As it was, the only satisfaction they got was what they considered your wild extravagance in running your table. When they found out, yesterday, that none of that had ever been charged to the company at all, so that their one ground of complaint slipped through their fingers, they were furious."

Teddy tried to scoff at the whole thing and brace Daddy up that way; but there was no use—the thing has got to be faced.

HERE Daddy and Uncle Granville are the largest owners of the mine; and yet by some fiendish combination of circumstances and the law, these people can put us off the Island and ruin the company. For it is as bad as that. That is what is driving Dad almost crazy. There is two hundred thousand dollars' worth of ore lying beside the stamp-mill, ready to go through the mill as soon as the plant starts up. Daddy says it is the plan of a lot of madmen to put an ignorant boy in charge at such a moment. The Island ore is notoriously difficult to handle; and he says nine-tenths of the gold can be lost and run off in the waste into the sea, in the hands of an incompetent person. And that means disaster for the entire company.

There is another thing that Daddy says is incomprehensible. If these people had bought control of the mine, there would be some sense in this complete upsetting of everything. But they have only acquired a very temporary control by a trick; and just the minute Uncle Granville appears on the scene, they go back into a minority again. It doesn't seem possible that men with good business sense would have gone to all this trouble to obtain something which they can lose at any moment, and must lose in a few months!

It is all terribly puzzling and a hopeless tangle! Daddy's heart is broken over the whole thing. This Island was his pet, his hobby. And now, with Charlie Richards to handle the thing—why, it is like taking a delicate baby from the arms of an anxious mother and giving it to the wolves to nurse! It is the cruellest thing I ever heard of!

(To be continued in the December McCall's)

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Illustration shows our Model No. 388 Evelyn Muff—British Columbia Mink Set.

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and lends grace with absolute comfort at all times. Our patented methods of construction, and the character of materials used, make it equally desirable for street, dancing, evening or sport wear, and make unnecessary the use of corset laces. Made in short and long lengths, white and pink. Retaila from \$2.00 to \$7.00. If your local dealer cannot supply you, write for illustrated free booklet. Do not accept a substitute garment.

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It's the greatest boon to both babies and mothers since the cradle was invented. Keeps baby happy, healthful, out of the way and out of the dirt.

Rock-a-Bye Baby Swing is made of heavy duck on strong steel frames, with strong, reinforced strap hangers and screw hook. Easily washed.

Can be hung in doorway, from porch ceiling or tree branch. Baby can't possibly fall out.

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## A PRACTICAL HAT-BAG

By ELIZABETH MACKENZIE ROTH

A UNIQUE and practical gift for a friend who is going away is a hat-bag of linen or silk in which to protect the hat while traveling. The bag should be large enough to hold the hat without crushing. A little larger than the ordinary 22-by 26-inch size that milliners use is the best. As to the material, linen is perhaps



HAT-BAG NOVELTY IN LINEN

the most practical for ordinary use, but silk may be substituted if desired. Whatever the material, however, the finishing touch should be a monogram embroidered in the center of the bag. A drawing-string is inserted at the top.

## MY RUSSIAN INVASION

[Continued from page 13]

But of Excellency again. It was at F.'s tea-party that I told about my journey, speaking gratefully of Excellency. One of the correspondents had asked how I had made the journey from Vologda to Petrograd so promptly.

How they shouted when I explained to them! It is not the custom of the country! One does not travel familiarly with aged officials, and my listeners thought me a great goose not to have known it! They laughed and laughed. And then, they rumbled on to telling me what everyone told me: that Moscow was Russia, and that I must surely go there.

"This place is only Petrograd," said one of the correspondents.

I answered that I did mean to go to Moscow and go quickly.

"Haste!" They smiled. "Why hurry? Nitchewohl." That dear word "Nitchewohl"—it means yes, and no, and everything. It is the very backbone of the Russian vocabulary.

And so I replied. "Yes, I am going to Moscow while I am in Russia, of course, but when or why, how can I tell? Nitchewohl!"

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**COAT SUIT**  
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**1 M 305. Tailored Suit**, made of a beautiful, lustrous All-wool Chiffon Broadcloth. The coat is designed with a deep cape collar of Broadcloth trimmed with two bands of near-seal fur. The collar may be buttoned up around neck or worn with revers open. The coat fastens with groups of broadcloth buttons, and buttons to match trim each side of front and the panel at center of back. The lower part of coat is cut with gathered fulness. Sleeves are trimmed with bands of fur to match collar. Coat is 34 inches long, and is lined to waist with guaranteed satin. The skirt is a plain flare model with a pointed ruffle at the top trimmed with broadcloth buttons. Comes in navy blue, black, brown or Catawba (a beautiful, dark wine). Sizes, 32 to 46 bust measure, 32 to 32 waist measure, and 37 to 44 skirt length; also to fit misses and small women, sizes 32 to 38 bust measure, 23 to 23 waist measure, and 37 to 40 inches skirt length. Postage Paid. . . . **\$2498**

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"Let's play school! Bobby, what are the best children's garters?"

"Hickory!—'cause the patent rubber clasp saves darnin', pin is strong and rustless and the buckle is easy to adjust."

"My! but you know your garter lesson well."

"I oughta, Mother's always talkin' about these garters to other folks."

Send 15c for a trial pair  
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## DRAWN LINEN AND APPLIQUÉ

[Continued from page 62]

twenty inches wide, folded in such a manner that the front will be two inches longer than the back. The front is cut up through the center to the fold, where it is rounded out a trifle for the neck, which is bound with a bias band of soft muslin, and edged with a tiny flower-motif in lavender chambray. These motif-patterns are laid on the colored material when the article is ready for decoration. The edge is marked carefully around with a pencil and each design cut out and basted in position on the foundation.

The pillow design varies considerably from the one used on the cushion-box. The hemstitching is doubled around all four sides, three and one-half inches in from the edges (Fig. 3). These rows cross at the corners, and where the crossing forms a corner square, a triangle of hemstitching is worked, one and one-half inches from the corner. The squares left by pulling the threads are not filled in as they would be ordinarily, in the buttonholed crossed pieces, "spiders," and so forth; but left empty, to afford plenty of space to show the color underneath. For the design, a tiny circle is cut from the center of little yellow motif, and the edges are turned in and hemmed down. A rectangular pillow could also be decorated in this way, varying the flower design to suit the lengthened space on two sides in a consistent manner.

The table-runner or scarf is made very effective by two rows of hemstitching on either end, one row at the top of the hem, which is two and one-half inches deep, the hemstitching taking up about an inch; and a second row

above this, the same width, only two and one-half inches in from the edge of the scarf (Fig. 5). After the hemstitching is done, a rose-colored flower-motif with green leaves is placed at the ends and basted down. This wide hemstitching looks extremely well on a polished surface, or, if preferred, placed over a background of any color of saten.

The design showing one corner of a table-cover (Fig. 4) has a three-inch hem with wide hemstitching. The decoration is in the form of a daisy, having white for the petals and a golden brown for the centers.

A deep green linen is used for the cover, so that the white and brown show up effectively over the background.

Possibly the most novel article is the night-dress case of oyster-white (Fig. 6), decorated with motifs in orange and green, buttonholed on in the same method hitherto described. A slightly different finish, however, is used for the flower edges in this design. A scrap of very soft linen of golden-brown, green or orange, or of any other color, so

long as it blends into the decoration, may be used as a band to show through. The case is twelve inches deep and eighteen inches wide, the body part joining a pocket in which to hold the night-dress during the day. The flap has an inch-wide row of hemstitching, an inch in from the edge, and extending around three sides, the top being folded over from the back.

Such an article makes a serviceable addition for a suitcase or trunk outfit as it keeps the nightgowns packed flat together.

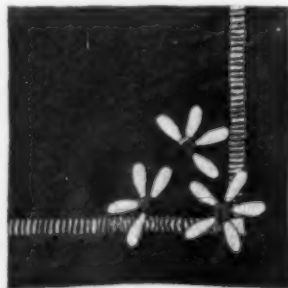


FIG. 4—TABLE-COVER OF HEAVY GREEN LINEN APPLIQUÉ WITH WHITE DAISIES

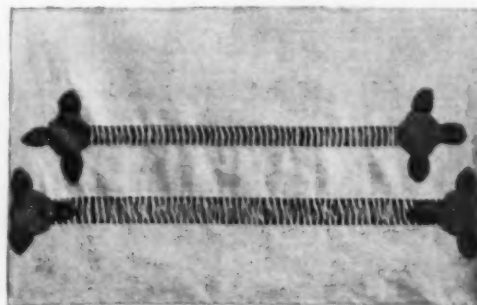


FIG. 5—TABLE-RUNNER ORNAMENTED IN GREEN AND YELLOW

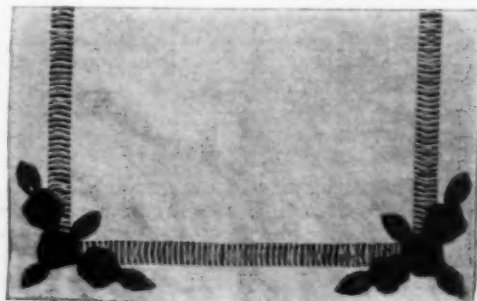


FIG. 6—NIGHT-DRESS CASE IN WHITE WITH GREEN AND RED APPLIQUÉ CORNERS

## THE BABY WELFARE DEPARTMENT

[Continued from page 28]

few ounces of nourishment a day for some days. Its needs before birth are only a small fraction of that. Until the last six weeks, the mother needs no increase in the normal amount of food, and then only a few ounces additional of starch or sugar—about what would be represented by two or three slices of bread or tablespoonfuls of dry cereal or sugar. It may be necessary, however, for her to make some changes in the choice of foods. An increased amount of minerals, especially, is always a requirement during this time.

Foods should be selected that are easily digested, in order to put no unnecessary tax upon the system. The diet should be laxative and should contain a minimum of uric-acid-forming elements, in order to minimize the poisonous waste in the blood, which is now much increased by the new development. Such a diet would include milk, eggs, nuts, whole-wheat bread, whole ground cereals, and two or three servings daily of fruit and of vegetables. It would not include rich foods, fried foods, pastry, pork, pepper, vinegar, or any food difficult of digestion, and very little white or fresh bread, or such foods as baked beans, mustard, or pickles. Tea and coffee are better omitted, because of the nerve stimulants they contain; and cocoa, cereal coffee, lemonade, fruit-juices or milk should be substituted. Meat and meat broths contain uric-acid-forming substances and should be used very sparingly. Not more than two ounces of meat a day should be taken and that preferably fish or chicken.

Meat may be omitted entirely at this time to advantage, and a meat substitute used. One glass of milk, or one-half cupful of peas, lentils, or lima beans, a tablespoonful of peanut butter, or a dozen almonds give as much food value as an ordinary serving of meat, without the disadvantages of the latter. Fruit may be raw or cooked. The vegetables for each day should include one raw salad, such as lettuce, cress, celery, or raw cabbage. The latter is usually easily digested, whereas cabbage as ordinarily cooked is difficult of digestion.

**ALCOHOL** in any form is injurious to the delicate nerve cells of the baby, and would be carried directly, in the circulation, to these cells. Distilled liquors, malt liquors, and beer should be carefully avoided.

The heaviest meal should come in the middle of the day, and a rest period of half an hour or an hour should be taken

[Concluded on page 39]



## Dress Baby in a "Rubens" and Keep Him Safely Out-Doors

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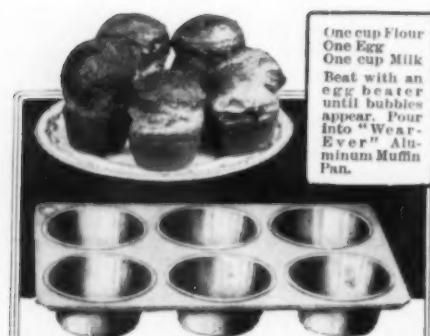
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Remember to ask to see Rubens Shirts and Union Suits, at your favorite store. If they haven't them, write us direct. For you mustn't deprive your baby of the comfort afforded by a Rubens Shirt, nor risk his health by letting him wear a less perfect garment. Address (161)

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### The Popover—The Recipe

## "The Wear-Ever" Pan

Bake without turning the pan. Figure on less than the usual baking time because aluminum ware gets hot quickly and stays hotter than other ware—heats evenly all over, so every cake in the pan bakes at the same time and you have puffy, brown, crusty popovers.

Aluminum utensils are NOT "all the same." The enormous pressure of rolling mills and stamping machines makes the metal in "Wear-Ever" utensils dense, smooth and rigid. They give enduring satisfaction. Always look for the "Wear-Ever" trade mark—on the bottom of every utensil.

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Please send me prepaid, sample one-quart "Wear-Ever" pan, for which I enclose 25 cents to be refunded if I'm not satisfied. Offer good until Dec. 30, 1916, only.

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## ANKLES, THICK AND THIN

COMMON-SENSE BEAUTY TALKS

By ANNETTE BEACON

**E**VEN though skirts promise to be a little longer, this season, ankles are still far from retiring, and with the vogue for white hose and white or light-colored shoes, and spats of equal conspicuity, it is absolutely impossible to be careless about one's feet and expect the rest of one's toilette to hide the defect.

A pretty leg has a slim, trim ankle, from which the leg rounds out gracefully. A leg which goes up straight from the ankle without any plumpness whatever is unlovely, suggesting angularity and awkwardness. A fat ankle with an even fatter leg which bulges above the shoe-top is even more unbecoming.

We need submit, however, to neither shortcoming, for fat ankles can be successfully reduced, fat legs made to lose an unlovely pound or two, while the bony ankle and straight up-and-down leg can be molded into more beautiful lines with only a little effort.

First, however, let us consider making the most of the ankles we already have, for we can't expect to be remodeled overnight, and while the process is going on, we shall have to walk and dance and wear our new gowns, and be observed, whether we will or no.

Your stockings should be your first consideration. If your feet and legs are large, do not be led astray by light or bright colors, checked effects, or any novelties. Stick to black or dark blue or bronze as closely as possible, and if you wish to wear white or delicately-colored hose in the evenings, do not make the mistake of combining them with patent leather pumps. Your feet at once become conspicuous, and their apparent size increased.

With light hose, wear pumps of the same color, white with white, pink with pink, blue with blue, but do not indulge in these colors except where they match your gown, for pink hose and slippers beneath a white gown, of course, attracts the eye at once.

In choosing your hose, be sure that the feet are not too short, or bunions and other ills will result—get at least half a size larger than your foot. The leg of the stocking, however, should fit trimly, and without the suspicion of a wrinkle. A loosely-fitting stocking would make the prettiest leg look unattractive. To keep the stocking always smooth and trim, wear two sets of garters; that is, in addition to the three pair attached to your corset (one in front, one at the side, and one in back), you should also wear a pair of circular garters just below the knee. To attempt to keep your stockings trim with your corset-garters would mean a generous crop of "runners" and frequently a gaping tear, but by wearing the round garters below the knee (where the circulation is not interfered with), the leg of the stocking is kept perfectly smooth and the corset-garters need be drawn only comfortably short. You can buy narrow, shirred, silk elastic for your round

garters, or you can make as dainty ones as you like from narrow satin ribbon shirred over elastic, and finished with a ribbon-rose or rosette. Garters like this make pretty Christmas gifts.

If your legs are thin and your feet small, you may add colored hose to your wardrobe, but if the legs are thin and the feet long, then shun them religiously, for your feet will grow and grow in apparent length.

If your ankles are very fat, avoid laced shoes, for the wide expanse of lacing, and the way the shoe spreads

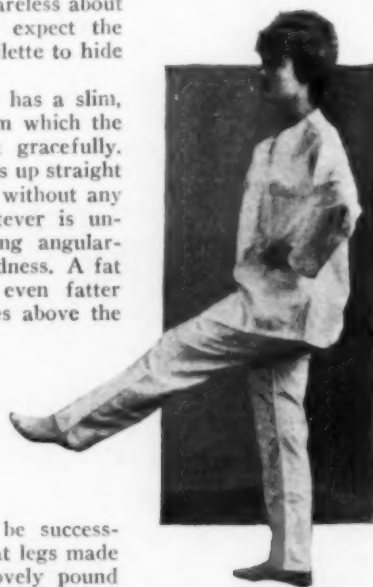


FIG. 1—THE PENDULUM LEG-MOVEMENT

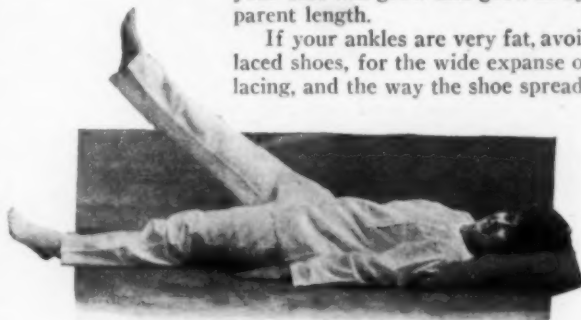


FIG. 2—FOR A SUPPLE HIP

farther and farther apart the higher up it goes, accentuates and calls attention to the defect. Stick to buttoned shoes, where the position of the buttons can be altered to fit your leg without undue attention being

[Concluded on page 74]



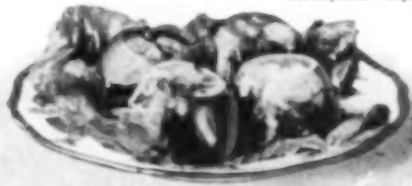
# MINUTE DAINTIES

Made with Minute Tapioca and Minute Gelatine



**Orange Fluff**

Mix 1 envelope Minute Gelatine and 1 tablespoon sugar and dissolve in 1 pint of boiling water. Add the juice and grated rind of 1 orange. When beginning to set, mix in the beaten whites of 2 eggs which have been beaten stiff. This may be served in sherbet cups or molded as shown with whipped cream and whole nuts on top.



**Jellied Chicken**

Boil 1 chicken until it falls from the bones. Salt, pepper, strain off the broth. Cook down to a scant quart, add 2 envelopes Minute Gelatine dissolved in 2 tablespoons boiling water, add the chicken chopped. Put in a mold; when hard, turn on a platter. Slice with a sharp knife, garnish with parsley and lettuce and hard-boiled eggs. Shown molded in individual cups, a slice of hard-boiled egg jellied in side of each mold.



**Maple Walnut Tapioca**

Heat 1 pint milk and stir into it carefully 2 heaping tablespoons Minute Tapioca. Cook fifteen minutes, then add the well-beaten yolks of 2 eggs and a pinch of salt, but NO sugar. Stir for 3 minutes, then let cool. Beat 1/2 cup of maple syrup into the cool tapioca and add English walnut meats, chopped fine. Serve with whipped cream and place half nuts on the top.



**Neapolitan Jelly**

Dissolve 2 envelopes Minute Gelatine and 1 cup sugar in 2 cups boiling water. Divide in three parts. Color one part pink and flavor with rose. Leave one part white and flavor with lemon. The third part color with dissolved cocoa. Beat each part as it begins to jell and mold separate flavors in after-dinner coffee cups or small molds. Serve as shown with whipped cream and whole nuts.



**Danish Pudding**

Cook 1/2 cup Minute Tapioca in 3 cups full hot water fifteen minutes. Add 1/2 cup sugar, 1 saltspoon salt and 1 small tumbler grape jelly. Stir till dissolved. Serve ice-cold with sugar and whipped cream. Pint ripe strawberries may be used in place of jelly.



**American Cream**

Heat 1 pint milk boiling hot, stir in slowly 1 envelope Minute Gelatine which has been mixed with two tablespoons sugar. Add the yolks of two eggs, beaten with a little salt, and cook only a moment, stirring constantly. Remove from fire, stir in the whites of the eggs, beaten with 2 tablespoons sugar and flavor to taste. Shown here molded in sherbet glass and served with whipped cream into which dry cocoa has been stirred. (Teaspoon of dry cocoa to one cup of cream, whipped.)



**Pineapple Tapioca**

Boil 1/2 cup Minute Tapioca, 1/2 cup of sugar and pinch of salt in 4 cups of water till clear. Remove from fire and add 1 cup pineapple grated or chopped with 1/2 cup of sugar. Serve with cream. This is shown served on a slice of canned pineapple with whipped cream and whole nut on top.



**Strawberry Tapioca**

Cook for fifteen minutes in a double boiler 1/2 cup Minute Tapioca, 1/2 cup sugar, 1 teaspoon butter and 3 cups of hot water. Crush 1 pint strawberries, sweeten to taste and let stand one-half hour. Take the tapioca from the fire and stir in the fruit. Set in a cool place. It should be served very cold. This dessert is delicious served with whipped cream. Raspberries may be used in place of strawberries. Shown molded in sherbet glass.



**Tapioca Pie**

Bake a short pie crust. Cook 1 pint milk and 1 tablespoon Minute Tapioca 15 minutes. Add 1/2 cup sugar, beaten yolks of 2 eggs and 1/2 cup of cherry preserves. Stir until quite thick, flavor with lemon, pour into pie crust. Cover with meringue and brown.



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# THE ETIQUETTE OF SMALL TALK

WHAT PRISCILLA LEARNED AT BOARDING-SCHOOL

By MARY MARSHALL DUFFEE



THE first reception of the year at Miss Standish's school took place one Monday in October. The next morning, when Miss Osborn met her class in social dramatics, she told the eight girls present that the subject she had chosen for the morning's talk had occurred to her from what she had seen the night before.

"Although my thoughts were more or less engaged, as I stood in the reception line," she said, "I had my eye on you newcomers, and I decided that the social accomplishment you needed most to acquire was the gentle art of small talk. It seems strange to me that you girls, whose little tongues wag so incessantly here in school—at tea-time, in recreation hours, or in the corridors going to and from classes—should have appeared so unable to keep up conversation with the guests of the school with whom you were talking. Perhaps you were trying to say something very wise or very clever. Didn't it occur to you that all you need on occasions of that sort is small talk?"

"As I looked at you eight young women and at the other girls of the school, it occurred to me that as far as social conversation goes, there are several distinct types of young women. You will find the same thing true in any group. If you can't shine as one sort of conversationalist, you can probably shine as another.

"The young girl who usually attracts most attention, and makes the most favorable impression in her conversation, is the girl who is naturally amusing, the girl with a sense of humor. If you have a merry laugh and aren't afraid to use it occasionally, when talking to new persons, your problem is half solved. Of course, nobody likes a stage laugh, but there is no harm in cultivating one that is pleasant. The amusing girl naturally thinks of something to say that will make her listeners laugh, too, and after she has done that the ice is broken and the small talk flows on easily.

"Another type of girl that usually makes a social success is the girl interested

in the persons she meets. She takes pains to catch the names of those introduced to her, and if she has already heard of them, she recalls in what connection, and starts the conversation accordingly. I overheard one of you girls, who is fortunate enough to come under this classification, when she was introduced to Mrs. Clarendon last night. She caught the name at once and recalled that our gymnasium was a gift of that lady."

The girls in the class looked at each other to see which one was receiving Miss Osborn's commendation; and the telltale blush on the cheeks of Irene Lockwood answered their question.

"I AM so glad to meet you, Mrs. Clarendon," said this young woman, "because I spend so many happy hours in our gymnasium, and I feel sure that you, too, are interested in athletics." When I had heard this much, I knew that conversation was bound to run smoothly along; and I made up my mind," continued Miss Osborn, "that one member of my class had mastered the art of small talk. This type of girl is always a good listener, and, as she listens, she catches points in the narrative that she can bring up later as starting-points for further conversation. If Mrs. Clarendon had incidentally mentioned that she had seats at the opera, this young woman would have noticed it, and later would have asked Mrs. Clarendon for her opinion on the latest tenor. This type of talker flatters her listeners by making them feel that they have been intensely interested themselves. So if you can't be very amusing, and if you are not wonderfully magnetic, you can score a social triumph by simply being interested."

"But," said Priscilla Blair, the little country lass who had only recently come to Miss Standish's school, "suppose two good listeners happen to meet, and though each knows how to draw the other out, neither likes to do the talking. How is one going to make the break then?"

[Continued on page 71]

# THE ETIQUETTE OF SMALL TALK

[Continued from page 70]

"In that case," said Miss Osborn, who was always willing to receive interruptions to her talk, "one of the two must for the time assume the rôle of conversational leader. And that suggests another type—the type of person who always starts the ball rolling along new and interesting lines. This type of person has originality, and she is usually a person of experience. Though she may break many of the rules of conversation, she is still regarded as a social success. Of course, it is usually bad form to talk much about one's self, but this type of person can dwell on her own personal experiences for a long time without seeming in the least rude. Usually it is considered highly ill-bred to discuss at length one's servants, one's children, or one's clothes, yet this type of woman sometimes does all three at the same time, and does it so interestingly, that no one is bored. For the most part, however, girls of your age have not traveled enough and have not met enough people to play this rôle. In fact," added Miss Osborn, looking around at the girls before her, "not one of you girls comes under this head and probably will not for many years."

Irene Lockwood was ready with a question at this pause.

I NEVER knew that one shouldn't talk much about servants, clothes, or one's children," she said. "Won't you give us a few more 'Don'ts for small talk?'"

"To discuss any of these three subjects to the exclusion of others," explained Miss Osborn, "indicates that the speaker is very much occupied with her own affairs, and egotism always puts a damper on conversational success. Even among girls as young as you, I find some who talk so incessantly about themselves that I cannot help but think that they fancy themselves the most interesting creatures living. This is a great mistake. Never repeat any anecdote about yourself unless it is especially amusing. Never—except, of course, in a burst of confidence to your roommate or your chum—never repeat a complimentary thing that has been said about you. Never boast to a stranger about your family or your friends. And if you are so misguided—" there was a twinkle in Miss Osborn's eye as she made this remark—"as to imagine yourself at all pretty or clever or interesting, please be deceitful enough to conceal it, and give others a chance to make the discovery unassisted."

"Next to the egotistical person, the greatest social nuisance is the complainer. This type of woman complains of the weather. For her it is always too hot or too cold. She tells the person to whom she has just been introduced all the details of the difficulty she had in arriving—the

crowded cars, the slippery pavements, the blinding sun or the drizzly rain. If she is a schoolgirl, she grumbles and complains about the difficulty of her lessons. On first acquaintance, she tells you she is homesick, that school rules are hardships, and that the school-cook doesn't make the kind of dessert she likes. Always remember that when you complain, you admit your own inability to put up with surroundings—that you are in one way or another defective. Besides this, you are not being at all interesting, and you are making other people miserable, at the same time. I really think," added Miss Osborn, "that there are some women who imagine that by complaining, they are making others think that they are more sensitive or more refined or more delicate than others. But nowadays delicacy and over-fastidiousness have gone out of fashion, and our idea of womanhood is what your gymnasium teacher would call a 'good sport.'"

"Other types that I am sure you dislike as much as I do are the lazy folk, who are just simply too indolent to keep up their end of the conversation; interrupters, who show by their interruptions that they lack ability to concentrate; incessant chatterers who talk about trifles simply for the sake of talking, and those extremely indifferent persons who contrive to put a damper on the enthusiasm of all whom they meet."


The clock pointed toward the end of the hour, and Miss Osborn looked down at the notes she had before her.

I HAD many more things I wished to speak of in this talk, but as our time is limited, I wish you would take them down briefly in your note-books. Don't say all you have to say at once. An actor or opera singer always reserves a part of his lines to deliver as he is about to leave the stage. As it is only the amateur actor who blurts out his entire speech in the center of the stage, then turns about, and walks awkwardly to the wings, so, too, it is only the amateur conversationalist who gives all her interesting small talk at once, and then remains silent.

"Don't fall back on the weather as a topic of conversation. In Denmark and other European countries where I have been, it is considered absolutely ill-bred to discuss temperature, and there is good reason for this opinion. Don't discuss your health and never talk symptoms. Remember that 'How-do-you-do?' is merely a courteous salutation and not an invitation to dilate upon your bodily health. Never bring up gruesome, disgusting, or sad subjects in social conversation."

"In case you meet a person who tells a coarse or vulgar story, indicate by your

[Concluded on page 72]



*Adapted for  
Gentlemen.*

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## THE ETIQUETTE OF SMALL TALK

[Continued from page 71]

expression or by a sudden change in the subject of conversation that the story is distasteful. If necessary, say that you are not clever enough to appreciate that type of repartee. It is always the listener's fault, quite as much as the talker's, when prohibited or coarse subjects are dwelt upon.

"Don't dwell too insistently on your own tastes. Many young women intersperse their remarks with such phrases as 'I just dote on turnips,' or 'I adore Mozart,' or 'I am wild about Rembrandt,' under the false impression that others care to know about these things.

"In a group, it is always bad taste to talk tête-à-tête, that is, to address all your remarks to one person. Especially is this so where men and women are both present. One of the most desirable of social gifts as well as one of the most difficult is the ability to converse with a group as well as with one person."

Miss Osborn rose, for the hour was over. But Priscilla Blair, who was eager to get all she could out of Miss Osborn's course, raised her hand to ask a final question that perplexed her.

"Those nine simple rules for table manners that you gave us were so helpful," she told Miss Osborn. "My greatest trouble in small talk is getting conversation started. Sometimes I almost feel like crying with embarrassment until I get started. Could you give us a few directions similar to those you gave us on Table Etiquette, the other day? It would help so much."

"Oh, yes, do, Miss Osborn," chimed in the others with enthusiasm.

Priscilla's face grew a trifle red.

"Sometimes," she continued confidentially, "I feel myself tongue-tied from a sense of resentment because I think that the stranger with whom I am thrown is inwardly criticizing my personal appearance; and although I know that my hairpins are in place and my dress-fasteners secure, I can't help feeling ill at ease. Isn't there any cure for such a foolish embarrassment?"

"First aid to small talk," laughed Miss Osborn in reply. "Yes, I have a few practical rules that are bound to help to set the ball rolling. Before many days have passed I shall have them ready, and any girl who wishes may have a copy for her note-book."

*Editor's Note.—Mrs. Duffee will be glad to send you the practical suggestions on "First Aid to Small Talk" as they were given the girls at this select finishing-school, if you will enclose a stamped self-addressed envelope with your request. She also stands ready to help you out of any dilemma about good form.*

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## MIXED PICKLES

(Continued from page 18)

and demanded a maid's work from me. You treated me—"

"How did I treat you?" stormed Miss Adair, anger lighting fires in her cheeks and stilling the delicious pulsations.

"Like a husband! Like a ten- or twenty-year-old husband at that! You coolly ordered me to sew up that gown and, like a well-trained husband, I obeyed."

"Well?" The concentrated coldness of the frozen north was in Miss Adair's voice.

"I am a strong believer in justice, Miss Adair. What was sauce for the gander should be sauce for the goose. In payment for that five minutes of husbandhood, I propose to treat you as a ten- or twenty-year-old wife. That is only just."

"And have you followed me to give yourself that pleasure?"

A hint of a smile dawned in the gray eyes watching her scornful face.

"I followed you," he said blandly, "because I did not believe that Miss Constance Adair should be roaming alone about the city in bedroom slippers. I noticed that curious finish to your ensemble as you ran to the elevator. More than that, you left your key in your door. As a ten- or twenty-year-old husband, I was perfectly justified in going in and possessing myself of these absurdly little affairs which are more in keeping with that pretty gown I sewed up."

He drew from his pocket a shimmery pump. Miss Adair snatched at it.

"Not yet," he denied her calmly, hiding the little slipper again. "The waiter is coming our way. An ice to top off your extremely nourishing repast?"

In deadly silence the Princess waited while he gave the order.

HE folded his arms and scowled as the waiter placed the ices and small cakes he had ordered upon the table. Miss Adair stole a look at his forbidding face.

It was a nice face, she decided. The nose was large and straight and the lips were firm and well cut under the crisp, little, dark mustache. The chin was as deeply cleft as her own and the forehead broad and unlined. He had the clean, direct look of a man who works among men, but who plays ruch in the open.

He looked up suddenly and caught her appraising eye.

"Do I pass inspection?" he inquired coolly. "Any little alterations you'd like? Just what are the qualifications you would desire in a husband?"

"Won't you let me have my pumps and go home? I'm—I'm awfully tired."

"You're not playing fairly," he remonstrated. "First you bluster and then you

(Continued on page 75)

## "And I thought I had nothing to wear"



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"What a quick solution it gave me for every clothes problem! All I needed now was materials and I had a closet full of them. I ripped and cleaned and pressed and then made them up with the newest touches and an individuality all my own. Just two or three new garments—at merely the cost of materials—and I have a charming, complete wardrobe. And the whole cost—including my Course—is the least I have spent for clothes in any season in five years."

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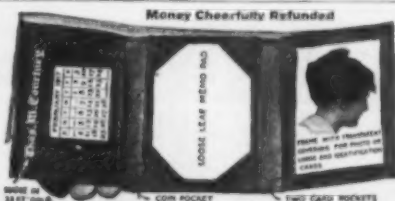
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**Daggett & Ramsdell**  
New York

# ANKLES, THICK AND THIN

[Continued from page 68]

attracted, or wear pumps and spats. If you choose the latter, however, your motto must be "Dark colors!" Do not make the mistake of wearing them too tight under the impression that your leg is being made to look smaller. It isn't! It merely looks as if it would burst a button or two shortly, and the flesh that inevitably bulges over the top of the spats is at once a confession and a disillusionment. With thin legs, however, spats are an advantage, if well fitted, for they make the leg seem larger.

There are many ways for improving the shape of the leg if one is persistent. An exercise which will reduce a fat ankle by working off the fat, but plump a thin ankle by developing the muscles, if practised faithfully night and morning for five or ten minutes, is the following:

#### EXERCISE FOR REMODELING THE ANKLE

Stand with heels together and toes out. Now rest the weight on the left toe and right heel, and move the left heel to the left, and the right toe also to the left. This will bring toes together and heels apart. Resting now on the left heel and right toe, swing the left toe to the left and the right heel to the left. This will bring heels together and toes apart. Repeat, increasing the rapidity of the movement. This exercise will take you clear across your bedroom floor, at a rapid pace, and, by reversing the movement, back again as rapidly.

An astringent foot-bath is an excellent treatment to give to fat feet; it checks perspiration and makes the flesh firm.

If you have at times a painful arch, consider whether you have been changing from low to high heels or vice versa. Many cases of broken arches are caused by accustoming the foot to a heel of a certain height, then switching to a lower or higher heel, and back again. If you once develop a broken arch or flat foot, your foot will lose much of its grace, for the shape and size of a foot alone do not determine its beauty, but the manner in which you use it, and it is impossible to walk with ease and grace if one's feet are aching and protesting at every step. A good preventive exercise for flat foot should be added to your day's schedule and taken regularly night and morning.

#### EXERCISE FOR WEAK OR BROKEN ARCHES

Standing with heels together, rise on the toes until you are standing on the very tips. Now, let the heels sink to the floor, very, very gradually. Repeat, making the lowering of the heels as slow a process as possible. This is an excellent exercise to develop the calf of the leg, where the leg is too thin, or to wear off fat from the leg which is over-plump.

To give yourself a light springy step, and take away all suggestion of heaviness from your foot, be careful, in walking, to swing the leg from the hip instead of letting the leg bend excessively at the knee, giving you a sort of crumpled-up walk, tiring as well as unlovely. An excellent exercise for keeping the hip joints supple, and one which is productive of grace, is the following:

#### FOR A SUPPLE HIP

Standing with heels together, place hands on hip. Now, swing your left leg as far to the left and up as possible (Fig. 3) without bending the knee. Do this vigorously and quickly, throwing the leg up, bringing it back, throwing it up, bringing it back. Repeat with the right leg, swinging to the right and up. Then, resting on the left foot, swing the right foot out in front and up as far as possible (Fig. 1), then down and back as far as possible, like the pendulum of a clock, making the movement rapid and rhythmical, and keeping the knee rigid. An almost similar exercise may

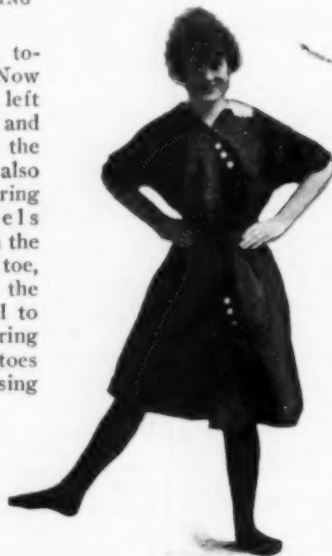


FIG. 3—PRACTISE SWINGING LEG FROM HIP INSTEAD OF BENDING AT KNEE

be taken lying down (Fig. 2). In this case, the hands are kept on the floor, palms down, and one leg at a time is raised as nearly at right angles to the body as possible.

In walking, be sure to toe straight ahead to avoid walking on the side of the foot. To point the toes out is productive of broken arches, run-over heels, and other conditions to be avoided.

*Editor's Note.*—Miss Beacon will be glad to mail the formula for a foot-bath astringent for fat feet, if a stamped, self-addressed envelope accompanies the request. She is always ready to advise in regard to all toilet conveniences, as well as to lend every aid to the woman who wishes to improve her appearance and her health.

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## MIXED PICKLES

[Continued from page 73]

beg; but if you're really tired, I'll make a bargain with you. We'll let the game go with the exception of one detail. Will you look at me and tell me who I am?"

"As far as I know," responded the Princess tartly, "you are a man with an incipient bald spot whom I have offended and who is taking a mean revenge."

"Why did you refuse to let French present me?" he interrupted sternly. "I wrote you then I should take matters into my own hands and find my own way of meeting you, and I have done so."

Miss Adair's wide brown eyes sought his for one incredulous moment, then they shifted to her ornate bag. His letter! Why, it was there under her hand!

"You are—" she faltered.

"Your chief," he finished grimly. "Now are you sufficiently squelched to agree to that detail I mentioned or have I moved into that confounded apartment house in vain and carted your shoes around in my pockets to no purpose?"

Miss Adair bent down and rescued the mustard pickles from their abased position. She slapped the dish smartly down upon the table.

"Oh, war, is it?" inquired the gray-eyed man with interest. "Well, I am ready. The detail I mentioned is this: you agree to come with me to Billy French's house and be formally introduced and I'll hand over these fal-lals you call pumps."

"I shall have the waiter 'phone for Billy French," said Miss Adair, white with anger. "Oh, I hate you!"

The man shrugged his broad shoulders.

"Anything is better than your indifference of last week," he answered quietly. "A little aversion isn't a bad thing to begin with. As for French, he won't stir out until he hears from me. I arranged with him that you would call on his sister this evening and that I would drop in fifteen minutes later."

**S**ILENCE fell between them. The man paid the obsequious waiter and tipped him generously. The crowd had begun to thin.

Suddenly the man leaned forward. He laid his brown, sinewy hand over the girl's little, restless fingers.

"Don't sulk with me," he urged gently. "Be generous. If I offended you, forgive me. But it seemed to me you needed the high hand. A man who pleaded, who humbled himself, stood small chance of winning you. Have I made a mistake or is it the bald spot? Am I hateful in your sight for this night's game?"

She strove to hold on to indignation. Who was he to domineer over her? She forced herself to meet his eyes. They were kind, they were ardent, but in their

[Continued on page 76]



Both on the stage and in the box, in fact, wherever lovely women gather, admiring glances follow beautiful hair.

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makes very simple the attainment of attractive hair. It brings out all the natural beauties while it rapidly softens and removes dandruff, excess oil and dirt. It makes a perfectly healthy scalp which will naturally produce attractive, vigorous hair. Canthrox also gives a massy fluffiness which makes the hair appear much heavier than it is and leaves each strand with a silky lustre and softness that makes doing up the hair a pleasure.

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**JANAS**

37 S. Broad St. Phila. Pa.

## MIXED PICKLES

[Continued from page 75]

gray depths lurked a little, quizzical twinkle. It troubled her, and the pressure of his fingers troubled her still more. Electric thrills were racing up her arm. Panic-stricken, she snatched it away.

"I suppose you're thinking what a little fool I am!" she burst out desperately. "Then why don't you go and leave a fool to her folly? What do you want of me?"

"You know," he said quickly, "I told you in my letter. I meant every word of it. I meant it from the first moment I came into that office and saw your naughty, saucy face bent over your drawing-board. I wanted to pick you up and carry you away that very instant. And to-night—well, to-night has convinced me that I am cut out for a model husband. I like to pick up things my wife has forgotten."

"You evidently expect humble and grateful thanks for the information," retorted Miss Adair, spitefully. "I may have a husband, but it will be one I have chosen. I'm not going to have one forced on me—one who bosses me—"

"So that's where the shoe pinches, is it? My dear little tyrant, once I have you safely, the bossing prerogatives shall be yours alone. Like all other good American husbands, I shall be satisfied to have my wife the head of the house."

"H'm," said the Princess doubtfully. "You hand over those pumps and I'll believe you."

"I think I mentioned the terms on which I hand over the pumps."

A HIDEOUS possibility of defeat loomed before the Princess' mental vision. Desperately, she made a last effort.

"I can have the waiter get a policeman. I can have you arrested for taking things from my apartment. I can prove—"

"And you can have your picture in the morning papers! And you can have a full-page write-up as the eccentric Miss Adair who rushes into a stranger's rooms to have her gown sewed up! And you can figure as waiting at the church in an imported evening gown and red bedroom slippers—"

"Stop!" commanded the tortured Princess, putting both hands over her ears.

"There's worse to come," he hinted blandly. "How about those mustard—"

"Give me those pumps!" hissed Miss Adair fiercely. "I'll go with you to Billy French's house like a captured cave-woman—and then I'll make you wish you'd never been born! I'll lead you a dance."

"You will," he assented calmly. "I foresaw an exciting existence on the first day I looked in at you. Well, who wants to stagnate? I'll take the risk. Put your hands out toward me—no, under the table. Do you want to shock the waiter?"

[Concluded on page 78]

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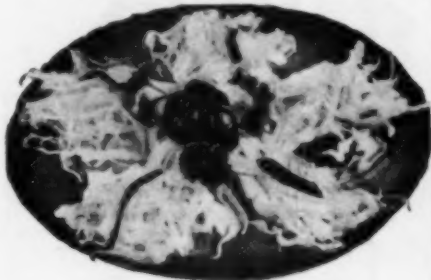
## SEASONABLE SALAD RECEIPTS

By OUR READERS

**A** SALAD may indisputably be made one of the most palatable dishes served at a meal if the right combination is hit upon, and a sufficient amount of dressing, well oiled, is added to make it wholesome. The greatest asset of the salad, however, is its seasonableness, for no matter what the month is, whatever vegetable is then in market may be served cold in salad form. The following simple receipts are especially suitable to a fall menu:

**POTATO-AND-PEANUT SALAD.**—Cut raw potatoes into small pieces with a French cutter, and boil till waxy. Mix with parsley, shelled whole peanuts, and mayonnaise dressing.

**CELERY-AND-DATE SALAD.**—Mix one-half package of dates, stoned and chopped fine, an equal amount of chopped celery, and a few chopped almonds or English walnuts. Serve with French dressing.



A PALATABLE COLD SLAW SALAD

**CELERY-AND-POTATO SALAD.**—Mix an equal amount of cold boiled potatoes and celery, chopped fine, and one grated button-onion. Stir in a French dressing an hour before serving.

**CELERY-AND-APPLE SALAD.**—Add to an equal amount of celery and apples, finely minced, one-fourth cupful of chopped English walnuts, and serve with mayonnaise dressing.

**CELERY-ASPARAGUS-AND-FRUIT SALAD.**—To one can of asparagus-tips add equal parts, cut fine, of celery, oranges, and white grapes (stoned). Arrange asparagus in the center of a flat dish. Place other ingredients around it, and pour over all a stiff mayonnaise.

**COLD SLAW SALAD.**—Cold slaw may be attractively served if made to form a curly chrysanthemum with a green-pepper for the center, and just a thin, long strip of red-pepper placed lengthwise on each serving. French dressing should be served with it.

**The Thanksgiving Dessert** How all eyes brighten when they see Grandma's mince pie! It is a tempting sight, giving to the home coming an appetizing reminder of past Thanksgiving feasts. Made with Crisco a mince pie is a real delicacy. The lower crust is as tender as the flaky, brown top that covers it. Just as good and wholesome as it looks, it is easily digested.

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### Crisco Mince Pie

In Making Both Pastry and Filling Use Accurate Level Measurements

#### For Pastry

1½ cupfuls flour      ¼ cupful Crisco  
1 teaspoonful salt      4 to 6 tablespoonfuls water

Sift the flour and salt and cut the Crisco into the flour with two knives until it is finely divided. Then add the water sparingly, mixing it with a knife through the dry materials. Form into a dough, roll on a floured board to about ¼ inch in thickness. Use a light motion in handling the rolling pin, and roll from the center outward. The Crisco should be of such consistency that when scooped out with a spoon it rounds up egg-shaped. In making pastry it is advisable to use pastry flour. Brush over the lower crust with a little beaten egg white before adding the mince meat. (The egg forms a hard surface between the crust and filling but does not prevent crust from baking properly.) Bake in hot oven.

#### For Filling

4 tart apples      ½ teaspoonful cinnamon  
¾ cupful raisins      ½ teaspoonful nutmeg  
¾ cupful currants      ½ teaspoonful cloves  
1 tablespoonful chopped citron      3 tablespoonfuls sugar  
¾ cupful Crisco      ¼ cupful cider

Chop apples, raisins, currants, citron and Crisco together until quite fine. Add spices, sugar and cider. Mix well together. Cover closely, and, to ripen, let stand several hours before using. (If desired, in place of the cider, one tablespoonful brandy and ¼ cupful sherry may be used.)

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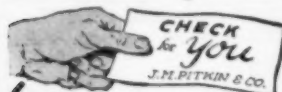
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## MIXED PICKLES

[Continued from page 76]

Miss Adair obeyed. She wriggled her feet out of those Turkish abominations and managed to get on the shimmery pumps. Then she stood up precipitately.

Instantly, his hand was on her elbow. He piloted her to the street in silence, and raised a finger to a passing taxi.

"Good-night, Miss Adair," he said quietly, standing tall and bareheaded on the curb. "Our little comedy is played out. The curtain is down and one of the players can go home and count the leaves in her laurel crown. You win, dear little briar-rose. Here is your key."

The amazed Princess stared at her key on his outstretched palm. It twinkled faintly in the light from the restaurant windows, but she made no move to take it.

"You mean—I may go home alone?"

He bowed gravely.

"Just that. You could not seriously suppose I would force myself on you when you have shown me so plainly that you dislike me. In future I shall try and remember that a buccaneer of love must not have a bald spot."

"It wasn't the bald spot!" burst out Miss Adair from the recesses of the cab. "It's a sign of brains anyway. And I know of something that will grow hair on a door-knob. You get the druggist—"

Her tempestuous tones trailed off into silence. The man stood in unresponsive stillness on the curb. The driver, after one curious glance, had folded his arms and winked at the stars.

Miss Adair's hands were tightly pressed together. Hot and cold tremors ran over her. He was leaving her, disgusted with her horrible temper. And he was right. What had he been but kind and considerate and helpful to an ill-tempered little fool? She leaned forward, the light falling on the quivering red lips and dewy eyes.

"I'm—I'm very tired," she faltered miserably, "but how can I make you understand that it wasn't—wasn't the bald spot?"

The man's fingers clenched suddenly around the key. But he did not move an inch nearer the lovely, appealing face.

"Can't you think of a way?" he said, under his breath, and waited.

HE could hear his watch tick in the silence which followed. Then a little, throaty chuckle came from the cab. It set his pulses leaping. He heard the rustle of the shimmery gown as Miss Adair moved over to the other side of the cab.

"Well," murmured the Princess in a carefully careless voice, "I don't see how you expect me to explain to Billy French. You made all the arrangements, didn't you? And Billy loathes a quitter— There! There goes my key on the floor! You must be more careful with keys. No well-trained husband ever loses a key!"



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## SOME CAKE RECEIPTS

By OUR READERS

**ECCLES CAKE.**—This is a good receipt for using left-over pastry. The cakes are named from the Lancashire town of Eccles, where they are a specialty with confectioners. Roll out left-over pie-crust—puff or short—in rounds about six inches in diameter, and fairly thin. In the middle of each round put a small handful of currants or raisins, and nut-meats, broken small, a heaping teaspoonful of soft sugar, and a dash of your favorite spice. Gather the edges and pat them together, then carefully roll out to the original size. Slash slightly and bake a light brown.

**SUGAR ICINGS.**—Mix one cupful of powdered sugar with one tablespoonful of rose- or orange-water, or plain cold water flavored to taste. Warm gently over a small flame, spread quickly on cake, and let dry in moderate oven until a fine-skin has formed on surface. If the oven is not hot enough, the icing will look dull. Vary the flavor by using instead of the rose-water a tablespoonful of strong coffee, or the syrup from preserved strawberries, apricots, raspberries, or pineapples.

**BOILED CHOCOLATE ICING.**—Mix together two tablespoonfuls of cocoa, three tablespoonfuls of sugar, and one-third glassful of water, and let thicken over a gentle flame, stirring constantly. Continue beating while it cools; then spread on the cakes and dry in the oven.

**LEMON FILLING FOR LAYER CAKE.**—Beat one egg in a bowl. In a granite saucepan, bring to a boil one cupful of sugar, one tablespoonful of butter, and the juice and outer-rind of one lemon. Add beaten egg, and stir constantly until thick.

**A DUCK-POND CAKE.**—The day before serving, bake a good-sized, round sandwich cake, about two inches deep. When perfectly cold, scoop out the center neatly, leaving a "wall" all around, about one-half inch thick. Fill the pond with rather stiff orange jelly, just on the point of setting. This, when firm, makes the water. A little to one side of the pond, place two small white celluloid ducks, and at the back, cut from a plain post-card, a sign-post, bearing in printed lettering, "Notice! No fishing allowed in this pond." The leg of the post should be inserted in the jelly close to the wall. The jelly should be firm enough to cut in slices, and not to part company with the cake. This "Duck Pond" is especially appropriate to serve at children's parties, where the uniqueness of it will at once appeal to the imagination of the small guests. The life-like shaking of the ducks with every vibration will doubly delight the children, making the cake eclipse in popularity all the usual favorite dishes.



## A Letter to the Groceryman.

Everybody being out, and Bobbie and Dorothy having taken possession of their father's office, Bobbie proceeds to do business.

"You're my st'nogofer," he says to Dorothy. "Take this dictation." And Dorothy, at the typewriter, takes this letter:

"Mr. Groceryman: Send me and Dor two packages of Strawberry

## JELL-O

and two packages of Orange Jell-O and two packages of Raspberry Jell-O, and send real Jell-O that says it's Jell-O on the packages, and not that other kind."

That is a businesslike letter and it shows, for one thing, that Bobbie knows what he wants—"real Jell-O" and does not propose to take anything else in its place, as some older people do.

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## WASH-DAY EFFICIENCY

By CORINNE UPDEGRAFF WELLS

**I**N laundering, as in other household tasks, "well begun is half done." So much depends upon proper sorting, soaking, and other preliminaries, that many housekeepers prefer to have the washing done some other day than Monday, realizing that these essentials, while not arduous, require time that can usually be spent to better advantage in the morning. Whenever it is possible, therefore, it is wise to begin wash-day the night before.

As all stains should be removed from clothing before it is put into suds, the logical time to discover garments requiring special attention is when they are first removed from bags and hamper, and distributed upon the sorting-table.

When sorting clothes, the fine pieces that cannot be rubbed should be kept together and washed first. Garments of silk or wool, which require special methods, should be separated from the cotton and linen fabrics. White clothes, which can be boiled, are sorted for washing first, delicately tinted ones next, and dark-colored ones last. Prints that are to be washed for the first time must have colors

set before going into the wash-tub. To do this, soak each garment separately in a strong solution of salt and cold water. A cupful of salt to one-half pailful of cold water will usually be sufficient. If the color continues to run, however, more salt should be added. A tablespoonful of turpentine in one-half pailful of water is especially effective in setting dark blues.

Stains have lost their terror for the laundress who depends upon scientific principles rather than haphazard methods for removing them. If one is able to distinguish the various kinds of stains that appear upon clothing, their obliteration is practically certain. This is often difficult, however, and mistaken diagnosis, which will mean wrong treatment, is apt to so set the stain that its removal is difficult, if not impossible.

Heavy grease stains, such as tar and axle-grease, can be dissolved by rubbing lard into the stain, followed by washing in hot water and soap. Paint, vaseline, and machine-oil should be soaked in turpentine or benzine and then washed in cold water and soap. Grass stain is one of the most

difficult to remove, but very often it yields to a bath of clear, cold water, followed by an application of molasses, which should be left on for an hour or two, and then washed off in warm water. Should the stain be upon some article which will not endure this treatment, try rubbing it with alcohol.

Ink stains and iron-rust require the same treatment. Cover the spots with salt, moisten with lemon-juice, and lay in the sun. If the spots do not disappear after several treatments, apply a few drops of hydrochloric acid, using a medicine-dropper for the purpose. Rinse quickly in water to which borax has been added. Half a teaspoonful of borax to a pint of water makes the proper rinsing-solution. Soak medicine stains in alcohol for several hours; then wash with warm water. Fruit stains yield readily to boiling water, especially when they are fresh. Pour boiling

water directly on and through the stain, continuing until it has disappeared. Powdered borax rubbed into the stain will assist greatly in its removal. Blood stains can be washed out with warm water, soap, and ammonia. If the material be cotton or linen, boiling

### DOES YOUR LAUNDRY CONTAIN ALL OF THESE?

Salt	Starches (wheat, rice, corn)
Turpentine	Washing-soda
Lard	Kerosene
Soaps (white, yellow)	Red ink
Molasses	Bluing
Alcohol	Javelle water
Lemons	Chlorid of lime
Hydrochloric acid	Dyes (blue, green, lavender)
Borax	
Ammonia	

and bleaching in the sun will obliterate the last traces of discoloration. Javelle water, which is a bleach, can be used to remove many kinds of stains, but only those upon white or light-colored cotton and linen materials. This dependable solution can be purchased at any drug-store, or made at home by dissolving half a pound of washing-soda in one pint of boiling water, and adding to it, when cold, a quarter of a pound of chlorid of lime that has been mixed and allowed to settle in a pint of cold water. Strain the last mixture before adding to the soda-solution. Keep corked in a dark bottle or jug.

**V**ERY often, garments that cannot be washed become stained. In this event, try covering the spot with a paste made of laundry-starch and warm water, applying fresh paste after the old has become dry. Alcohol will also remove many stains from materials that cannot be wet with water. In removing stains from colored materials, remember that what will remove the stain will also remove the color. Grease stains

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## THE HOME GROUNDS

[Continued from page 20]

the house. Height, habit of growth, season of bloom, whether full sunlight or partial shade is required—all these things must be taken into consideration in making your selection for any particular spot where you would like to plant shrubs.

In making your list, by far the best plan is to go over your ground, pencil and paper in hand, and make a list of the positions in which the shrubs are to be planted, the conditions, as to light, soil, etc., and the number of plants which will be required for each spot you wish to plant. In estimating the number required, allow five feet each way for the taller varieties and three to four for the smaller ones, where they are to be planted "in mass"—that is, where they are to touch each other and completely shade the ground. Except where individual specimens are wanted, this is always the best way to plant. If the bushes are strung out far apart, they will not only be much less attractive, but harder to care for, and more likely to suffer from dry weather, as the ground will not be kept moist by the shade.

**I**N determining where to plant your shrubs—and that should always be settled on definitely before you order, not after the plants arrive—there are two or three general principles which it is well to keep in mind. The first of these is to keep an open center. In other words, do not make the fatal mistake of scattering your shrubs all over the lawn, but plant in groups or long borders along the boundary lines, in corners, at the turns of walks or drives, or where screening may be desired. Scattered planting will destroy the uniformity and beauty of the place and make the grounds look smaller; skilful border planting will add to the picture the place presents, and make it look larger.

Another thing which should be just as studiously avoided is a too regular or "nursery row" type of planting. There is an old saying that the truest art is that which hides itself, and this applies to shrubbery planting. It must be carefully planned, but it should appear perfectly natural, as if, like Topsy, the shrubs "just grew up." You should, of course, use care to see that the taller varieties are kept back of the smaller ones, and that the spring, summer, and fall flowering varieties are so distributed that all parts of the place will have some bloom during each season.

As soon as you begin to plan your grounds, you will realize that there are a number of quite different ways of utilizing shrubs. They may be used as single specimens, for hedges, for foundation plantings, for low or tall screens, and in

[Continued on page 82]

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## THE HOME GROUNDS

[Continued from page 81]

groups or in long borders. While there is no hard and fast classification, there are a number of shrubs especially adapted for each of these purposes, and a list giving some of these is of decided help to the person not fully familiar with the different shrubs.

Particularly good for single specimens are, snow-ball hydrangea (*Hydrangea arborescens grandiflora*), and the popular, hardy late-flowering hydrangea with enormous flower heads which the catalogs list as *H. paniculata grandiflora*; the lilac (*Syringa*), the many wonderful new varieties of which are still unknown to a great many lovers of flowers; the old-fashioned, but wonderfully scented strawberry shrub (*Calycanthus floridus*); Japanese maples, which are of most wonderful variety of shape and coloring in their foliage; the smoke tree (*Rhus cotinus*); white fringe tree (*Chionanthus Virginica*); the newly and deservedly popular butterfly bush, or summer lilac (*Buddleia*), which bears flower-spikes over a foot long from July to frost, and should be given a place in every collection; and the old, well-known, but indispensable, spireas, forsythias, viburnums, altheas (rose of Sharon), weigelas, and deutzias, of many of which there are magnificent new varieties that will be a revelation to those familiar with only the varieties in vogue in the days of their grandmothers.

For the making of hedges, and for medium-height screens, the following are especially suitable: barberry (*Berberis*), probably the most satisfactory of all shrubs for low, informal hedges and foundation planting; California or Amoor River privet for taller, and for formal hedges—the latter variety being the hardier; Japanese quince (*Pyrus Japonicus*); and boxwood (*Buxus sempervirens*), which is not so hardy as the privets, but popular for all formal hedge work, such as bordering gardens, paths, etc.

THE taller shrubs for mass and border planting and for general groups include: lilac; dogwood (*Cornus*); sumac (*Rhus*); golden elder (*Sambucus*); tamarix; and the taller varieties of spireas, viburnums; honeysuckle (*Lonicera*), weigelas, and deutzias. The low growing ones, *Itea Virginica*; cinquefoil (*Potentilla fruticosa*); abelia, spirea, *Deutzia gracilis*, *Spiraea callosa*, *Deutzia lemoinei*, the lily-of-the-valley shrub (*Andromeda*), forsythia, *Clethra alnifolia*, *Azalea amoena*, *Calluna vulgaris*.

This is by no means a complete list, but it contains many of the most satisfactory and the most hardy sorts. Do not make the mistake of trying to include a little of everything, if your planting space

[Concluded on page 88]



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**LITTLE MISS PRETEND PERSON**  
[Continued from page 10]

of her mother's age, but here there seemed to be no discriminating line drawn between youth and age. There were more young men, in fact, than existed in the whole town of Grayville and they all seemed to be quite ostensibly eligible. She found this rather queer, for the Grayville young men were all "taken."

In particular, there was a young Lieutenant who, it seems, was the Very Best Friend of her aunt; so she was prepared to like him tremendously. In fact, she told him that she hoped he would let her. He had been rather startled at first, but after looking at her curiously for a moment, he seemed relieved and replied that he hoped she would, indeed.

She wrote letters home once a week—nice, dutiful letters, in which she forbore to mention that she had been called a "little devil!" The remark had not really meant very much, as it was a sort of stock phrase used by a blasé man who thought women rather liked it; but she took it to be something personal and thought she must be getting on.

The Very Best Friend was growing skeptical.

"I thought you told me she was all the things she is not," he complained one day when he had been bewildered with a touch of self-assertion. "You know you told me that she would need a guardian. If I were you, I should appoint one for all those young jackanapes she is playing the mischief with. She doesn't need me."

"Not elegant, but expressive," replied Mrs. Hill, amused.

THE object of all this thought doubted very much if she would ever be quite the same again. A part of this life she had entered was becoming hers by right of acquirement—not the clothes or the luxuries, of course, but the things she had attracted to herself, friendship, appreciation, understanding. These things she could never now do without. How could she ever go back to Grayville and fill the old place she had occupied? Go back, she must, but it would have to be with readjusted values, and what would come of it all? Perhaps much unhappiness!

In December, Society held a firefly carnival on the basin of the Potomac. When Annie Gladdie heard of it, she hugged her aunt with gurgles of delight.

The night of the carnival, she appeared dressed in a fur-trimmed skating costume made for the occasion, with a little halo of colored electric lights in tiny bulbs hidden in the fur above her shining eyes. Weeks of triumphs lay behind her and a mile of glassy ice before her. A perfectly eligible man escorted her out to the crowd near the Marine Band.

[Continued on page 84]

**Heatherbloom in Stageland**

MISS CARRIE REYNOLDS in the great comedy success, "The Blue Envelope," wearing a Heatherbloom Petticoat designed by Henri Bendel, famous importer of gowns.

Celebrities of the stage and creators of fashion unite in their endorsement of

**HEATHERBLOOM**

All the leading shops sell Heatherbloom Petticoats. They look and feel like silk, wear three times longer than silk, yet cost one-third as much.

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361 Broadway New York City  
Makers of **Hydegrade** Fabrics

**The Queen Washer**

Oh, how easy it is to get a whole tubful of clothes perfectly clean in just six minutes, with a QUEEN Washer! And you don't get your hands all parboiled in the hot suds, either! The QUEEN Washer is different from others—the clothes don't bunch up in the center and have to be washed over again on the washboard. It washes clean and quick and easy!

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We give you one Link Free for your Bracelet. Friends give or exchange others. Start now! Links only 12¢ each; 3 initials engraved Free. With your first order for one or more Links we send FREE a beautiful Velvet Ribbon. State whether Rolled Gold, Sterling Silver, scroll or plain design.

**STERLING SILVER ROLLED GOLD**

Monogram Jewelry Co., 87 Nassau St., Dept. 48 New York

## LITTLE MISS PRETEND PERSON

[Continued from page 83]

"Oh! Oh!" she squealed in little shivers of ecstasy. She wanted to see if she could do one of the new dance steps she had learned and she found that she could.

Her small, childlike body swayed with the broad curves which swept her now forward, now backward, then up, up on the diamond point of her flying skate, like a bird ready to soar away.

It took the big crowd about two minutes to see that Annie Gladdie was the prettiest thing on skates that had ever gladdened Capital eyes.

Annie Gladdie's aunt's Very Best Friend was watching, and burying his hands deep in his pockets, he shot out into the night with long, savage swings that brought him suddenly to the rear of the two flying figures. He considered that her treatment of him during the last few days had been abominable. He was supposed to be assisting in the transplanting of a simple little Wall-Flower, and found himself suddenly chasing a many-tinted, fluttery winged Butterfly.

The fact was she had become, all at once, uncomfortably self-conscious in his presence. She did not understand the new feeling that was taking possession of her, and it annoyed her, for all the old-time good comradeship between them seemed to have vanished without warning.

"Was - there - ever - such-a-night!" she sing-songed as she whirled along. "Let's try the Flying Mercury—it's the only thing that ever really tires me out."

So she came again into the circle of lights, now poised in the air as her body formed an arch, to light on the point of one toe. The crowd cheered.

The Very Best Friend heard it and gripped Annie Gladdie by the arm as she made the last turn on the edge of the crowd. Her partner releasing her reluctantly, she sank back limply and happily against the other's big frame.

"Was there ever such a night?" she droned softly, and was grieved when he replied coldly:

"Do you say that to all of them?"

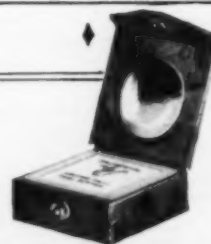
What was the matter with him anyway? He would not have done that when she first came. He was being nasty.

"Well, why shouldn't I?" she asked, straightening herself suddenly. She would not have done so a month ago.

Getting no reply, her indignation increased. "Maybe you've had lots of such nights. Maybe you've had so many that they don't count any more. Maybe you don't even know they are!"

"I've never had such a g-glorious night in my life," she informed him warmly—and burst into tears, which was the last thing either of them had expected.

[Continued on page 85]



## Cloth of Gold Face Powder

THIS beautiful miniature box of real cloth of gold, with mirror and puff, filled with the new Cloth of Gold Face Powder, perfumed with "As The Petals," is given free with a full-size box of Cloth of Gold Face Powder, price One Dollar at your dealer's. Or will be sent to you direct by mail upon receipt of 10 cents and your dealer's name. Tints—White, Cream, Brunette, Flesh.

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Wear my famous Rubber Garments and your superfluous flesh will positively disappear.

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Famous medicated  
**RUBBER GARMENTS**



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Cover the entire body or any part. The safe and quick way to reduce by perspiration. Endorsed by leading physicians.  
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Also Union Suits, Stockings, Jackets, etc., for the purpose of reducing the flesh anywhere desired. Invaluable for those suffering from rheumatism.

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Effective for wrinkles, crowfeet, enlarged pores, etc., because it "tightens" and tones the skin and underlying tissue. No harm to tenderest skin. Get an ounce package, follow the simple directions—see what just one application will do. Sold at all drug stores.

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Medicated Ear Drum  
Pat. Nov. 2, 1908  
GEO. P. WAY, Artificial Ear Drum Co. (Inc.)  
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HAROLD LACHNITO COMPANY,  
12 N. Michigan Ave., Dept. 2068, Chicago, Ill.



## LITTLE MISS PRETEND PERSON

[Continued from page 84]

They had been moving slowly away from the others and were gliding under the shadow of the retaining wall when she broke down so unexpectedly.

He felt miserably that he must be the cause of her tears and it occurred to him that he ought to apologize. But Annie Gladdie whirled impetuously and sped away, leaving behind a sudden little sob that quite melted his heart.

"I say, wait a minute," he called, but if he wanted to say anything to the fast disappearing figure, he would have to skate. He did so, covering the ground with rapid swings, but it is doubtful if he would have overtaken her before they reached the crowd, if it had not been for the unforeseen event which occurred at that moment.

He had been skating with his eyes calculating the distance to her shadowy figure ahead, when suddenly it disappeared. It seemed to drop straight down through the ice without a pause.

In the same instant, his brain comprehended what had happened, and he set his teeth and dug the points of his skates into the ice. In a dozen mad plunges, he reached the little black pool of water which he had known instinctively must be there.

IT did not occur to him to waste strength or time calling to the distant skaters—they would be too late. Somewhere under that great, thick wall The Only Girl was battling for her life. He was breathing hard and his fingers tore savagely at straps and buttons. All the time, his eyes were straining toward that opening in agonized search. He crept to the edge, intent upon the bravest, most foolhardy thing a man could conceive. Just as he gathered for the plunge into the icy dark, a faint voice sent the blood racing into his head with sickening force. He found her lying ten feet beyond, her cap beside her with its dead halo of lights, her hair tumbling about on the snowy surface. She looked up at him, a white, scared little thing.

He leaned over and catching her shoulders in his big, tense hands, shook her until her teeth clicked. "You little idiot!" he exclaimed hoarsely, but she did not seem to mind. She sat up briskly and began making herself presentable with those little feminine gestures so endearing and mystifying to the man who looks on. While she coiled her mass of hair into its new, becoming lines, and while he hunted on his knees for stray shell pins, she told him what had happened.

She had been skating blindly when she heard the warning crack of ice, and looking suddenly down, had seen the big

[Concluded on page 88]



## FIGHTING TRIM

**W**HETHER your battle is fought in the trenches, behind an office desk or in the home *you need to keep fit.*

It's comparatively easy for the soldier to keep up to scratch. The civilian—man or woman—has a harder task. Sedentary habits, insufficient exercise, too much food and too much hurry about eating it, combine to cause a more or less chronic condition of constipation.

Don't think you can dispose of constipation with a cathartic pill. Laxatives and cathartics cause more constipation than they cure and their persistent use is likely seriously to undermine your health.

NUJOL relieves constipation effectively and has none of the objections which are common to all drug remedies. It acts as an internal lubricant, preventing the bowel contents from becoming hard and facilitating the normal processes of evacuation.

NUJOL, put up in pint bottles only, is sold at all drug stores. Refuse substitutes—look for the name NUJOL on bottle and package.

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STANDARD OIL COMPANY  
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1 CARAT \$70  
3/4 CARAT \$52.50  
1/2 CARAT \$35  
1/4 CARAT \$14.75

## WASH-DAY EFFICIENCY

[Continued from page 80]

may be sponged from silk and woolen goods with gasoline or benzine.

After the clothes have been sorted and the stains removed, the white clothes should be put to soak. Delicate lingerie and silken undergarments may be put into a weak suds made of soap-jelly and tepid water. To make soap-jelly, boil one cake of white soap that has been shaven fine in two quarts of water. Even the mildest soap should never be rubbed directly upon wool or silk, and strong yellow soaps are unthinkable because they will rot the fiber of both these materials.

Such articles as sheets, pillow-cases, and towels, which are made of cotton or linen, may be soaked in washing-soda (a tablespoonful to three gallons of water) or suds made of soap-powder. A strong washing-soda solution is the best soaking solution for men's working clothes, especially if they are greasy. Borax also makes an excellent solvent.

WHEN washing garments made of such materials as handkerchief-linen, silk crêpe, cashmere, and challis, squeeze the materials in the hands. Rubbing breaks the threads of the material. As wool fabrics dissolve in strong soda-solution, yellow soap, which is apt to contain a large proportion of the chemical, must never be used. Wool and silk should be washed in water not warmer than ninety-eight degrees. Dark woolen garments may be washed in soap-bark, which is especially effective in removing odors. To prepare the solution, boil one cupful of soap-bark in one quart of water for fifteen minutes and strain. This quantity will make enough for two washings when diluted with water.

When washing colored clothes, soak them only a few moments; hurry through the suds (made of white soap) and dry

quickly out of doors and in the shade. If prints are dried too near a stove, the colors are apt to run. After the soap is thoroughly removed, let them lie a moment in water colored to match the prevailing tints. Use bluing-water for blues, a few drops of cochineal or red ink for reds and pinks, and ordinary dyes for brown, green, lavender, and navy blue. Salt added to this dye-water will help to set the color.

Washing handkerchiefs is always an unpleasant task and one that is often attended with danger to health, especially, if any member of the family has had influenza. Soiled handkerchiefs, therefore, should always be kept in white laundry-bags that may be plunged into a pail of soap-suds and boiled for several minutes.

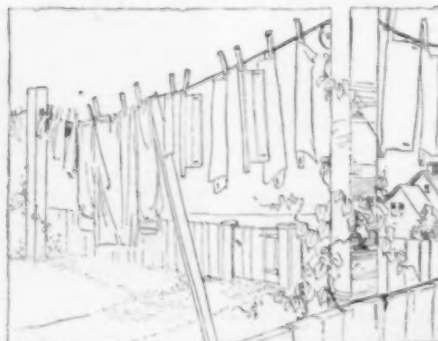
In a well equipped laundry, there is usually some mechanical device for washing which makes rubbing on a wash-board necessary only for badly soiled spots. A board with a glass rubbing-surface has much to recommend it. Being rust-proof, it cannot corrode; nor can it develop sharp edges upon which to snag clothes and cut the hands.

It is quite unnecessary to boil clothes if naphtha soap is used as a cleansing agent. In this event, only cold or lukewarm water should be used. If one prefers to boil clothes, a tablespoonful of kerosene added to each boiler of suds will keep them beautifully white. A boiling-bag made of cheese-cloth or fine muslin is a great convenience when fine garments are to be put into the boiler, as they cannot become stained from rust or scum.

Rinsing is an equally important process that requires skill. To make the clothes come out clear and white, they should be put through two or even three waters. It is the particles of soap adhering to the fiber of materials combined with undissolved



WORKING STARCH INTO GARMENT WITH THE FINGERS



COLLARS AND CUFFS PROPERLY HUNG BY THEIR TABS

[Con. on page 87]



## WASH-DAY EFFICIENCY

[Continued from page 86]

bluing that form those spots of rust that appear so mysteriously on ironing-day.

And a word as to bluing. There are many kinds and each one will give a little different tint to the clothes. A good quality of bluing is always completely soluble in water. Bluing which leaves a residue will not prove satisfactory, as it will spot the clothes and cause the iron-rust mentioned above. Aniline-blue is the most satisfactory, and is no more expensive than other kinds.

Upon proper starching depends successful ironing. Corn-starch is the cheapest and stiffest starch on the market. Being harsh and grainy, it makes the fiber of materials brittle. Wheat-starch comes next in stiffening properties. Rice-starch will impart the newness of unwashed materials but not stiffness or brittleness. Rice-starch is suitable for lingerie and infants' clothes.

To make starch for shirt-bosoms, collars, and cuffs, moisten three tablespoonfuls of dry corn-starch in a little cold water, and stir into it one quart of boiling water. When it is transparent, add a few drops of kerosene oil or a small piece of paraffin, strain through a cheese-cloth bag and blue. Dip the portions of the garments that are to be stiffened into the starch and lay flat on a starch-board or clean table. Rub the starch into the garment with the fingers or palm, taking care not to rub so hard that the starch will be rubbed out of the material. Turn and rub on the other side, working out all blisters and wrinkles with the tips of the fingers. Remove superfluous starch by patting the material with a moistened cheese-cloth.

**A**FTER the garment has been starched, handle it carefully so that it will not become wrinkled or creased, and hang it straight and smooth to dry. Cuffs and collars should be hung by the tabs in which the buttonholes are worked. Garments that are to be heavily starched must be dried first so that the stiffening properties of the starch will not be weakened by the moisture.

Wheat-, or mixed corn- and wheat-starch is best for colored dresses. Turn all garments wrong side out before dipping them into the starch. Rub the starch in with the hands, squeeze as dry as possible and remove any scum or lumps with a cheese-cloth. There is now a colored starch on the market for black or very dark materials.

To make rice-starch for fine garments, moisten two tablespoonfuls of rice-starch in cold water and pour this into a quart of boiling water. Stir constantly and cook ten minutes. Add a pinch of borax, and if too stiff, dilute with hot water.

## UNIVERSAL CUTLERY

For Every Household Use

### UNIVERSAL Shears

Made from the best quality forged steel with overlaid crucible steel blades. This method of manufacture permits of a fine cutting surface which will last indefinitely. 5 to 9 inches. 50c up.



### UNIVERSAL Pocket Knives

The blades in UNIVERSAL Pocket Knives are made from finest English pocket cutlery steel, forged and tempered under a process which insures a uniform temper best suited to long service.



Made in many designs and sizes with handles of Pearl, "Perfected Stag," "Ivory," Buffalo, etc. Prices range from 50c upward.

### UNIVERSAL Carvers

Blades of the finest quality crucible steel with fine cutting edges which remain through years of service. Sizes for every carving requirement with handles of "Perfected Stag," Pearl and "Ivory."



Price, \$2.50 up.



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Is made in various grades, sizes and patterns to meet every kitchen cutlery need. No matter which grade you select, if it bears the UNIVERSAL Trade Mark you are assured of the highest quality for the price you pay. Look for this Trade Mark.

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The Range with a Reputation

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Benjamin Franklin thus warned his countrymen never to buy anything before they saw it. Seeing is the "safety first" of buying; the only sure way of getting exactly what you want and what will best fill your needs.



When you see the Majestic you will know why it has won whole-hearted praise everywhere.

The world-wide reputation of the Majestic is based on the practical, working results of Majestic quality—perfect baking, longest life and most economical service. Body of genuine charcoal iron withstands rust 3 times longer than steel. Frames, top, etc., of malleable iron, unbreakable metal that permits the joints to be cold-riveted, so that they stay tight always, hold in the heat and maintain perfect baking temperature with but as much fuel as other

ranges use. Heavy asbestos boards reflect heat onto all sides, top and bottom of oven; all surfaces baked perfectly without turning. The Majestic has many other important advantages you should see, such as the famous one-piece, all-copper, 15-gallon water heater. You'll find it easy to see the Majestic near you, for there is a Majestic dealer in nearly every county of 42 states. If you don't know one near you, write us for his address.

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Pat. Nov. 9, 1915

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**Only \$1. per pair postpaid**

**KEEPWARM KLIP CO.**  
Roanoke, Va.

*Why tear your sheets with safety pins?*



When answering ads. mention McCALL'S

## THE HOME GROUNDS

[Continued from page 82]

is limited. As with flowers, the best effects with shrubs are to be had by avoiding indiscriminate mixing.

Most shrubs are not fussy about soil. Almost without exception, however, they must have good drainage conditions. In preparing the holes or the border where they are to be set out, the soil should be loosened and dug over with a spading-fork to a depth of twelve or eighteen inches, and enriched with well-rotted manure and bone-dust. It is best to use a mixture of fine and coarse ground bone, as the latter will continue to furnish food for several years. If there is a hard subsoil, break it up with a pick to make the drainage better.

When your plants arrive, unpack them at once, but do not disturb the wrappings about the roots. If they cannot be planted at once, keep them in a moist, shady place protected from wind, and water frequently enough to keep the roots moist. Plant as soon as convenient, but avoid a bright, windy day, if possible. Have the holes made large enough, so that the roots can be spread out in a natural position, and see that the soil is packed about them very firmly, filling in the hole with a short, blunt stick. If the soil is dry, use plenty of water in the hole, as it is being filled, but not on the surface. After planting, the soil should be packed firmly with the feet, using one's full weight, and then raked over on the surface to make a mulch.

## LITTLE MISS PRETEND PERSON

[Continued from page 85]

hole yawning at her very feet. There was not time enough to swerve; so gathering all her force, she sprang forward into the darkness.

He listened and when she declared herself ready to start, he rose, wiped the moisture from his damp forehead, and struggled into his coat and other things that he had scattered about in his frenzy. Then, without a word, he gathered her up in his arms and started across the ice.

"I'm all right now," she protested, "I was just shaken up for a minute, that's all."

"So was I," he replied grimly, "but that's not all. Annie Gladdie, you Only Girl, will you marry me?"

"Oh! Oh!" she breathed for the third time that night. "Was-there-ever-such-a-night!"

So it happened that, after all, she was not to become an All-to-Herself Person, for all that she was, all that she might have been, was suddenly submerged in that far more wonderful being, the Man She Loved.

## VALUABLE REWARDS FOR EVERYONE! GIVEN

without one cent of cost. You may have your choice of hundreds of beautiful and useful gifts—things every woman wants, besides a number of gifts to delight every boy and girl—and they are all GIVEN, without money, as rewards for getting a few friends to subscribe for McCALL'S MAGAZINE at only 50 cents a year (75 cents in Canada).

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Any one article named below GIVEN for sending only 2 yearly McCALL'S MAGAZINE subscriptions at 50 cents each (75 cents in Canada)

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  - 46-M—Nickel-plated Steel Scissors, 5 or 6 ins.
  - 139-M—Ladies' Pocketbook, Seal-Grain Leather
  - 174-M—Three-stone Ring, 12-K Gold-filled
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  - 248-M—Rogers Silver Nuttercracker and Six Picks
  - 275-M—Sterling Silver Thumbie (mention size)
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  - 531-M—Dressmakers' Skirt Gage (a necessity)
  - 612-M—Ten Magic Curiers (better than curling irons)
  - 714-M—Magnetic Scissors, 6 ins. long
  - 723-M—Rogers Silver Cream Ladle, Arbutus Design
  - 731-M—Rogers Silver Pickle Fork, Arbutus Design
  - 738-M—Baby Signet Ring, Gold-filled (engraved with any one initial)
  - 748-M—Fifty Colored Post Cards, European Views
  - 751-M—Three Handy Pins, Gold-filled, Roman
  - 770-AM—Four Hand-colored Pillow Tops, 22x22 ins.
  - 785-M—Stylish English Ring, Gold-filled, 3 Stones
  - 802-M—Ladies' Black Silk Lisle Stockings
  - 806-M—Christmas Package, 264 Post Cards and Tags
  - 816-M—Gold-filled Ring, 3 Emerald-brilliant
  - 817-M—Gold-filled Ring, Amethyst-brilliant
  - 827-M—German Silver Mesh Purse, 3x2½ ins., Long Chain
  - 859-M—Silver Butter Knife, "Community" Reliance Plate, Rose Pattern
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  - 943-M—Pearl Bead Necklace, 14½ ins.
  - 944-M—Tooth Brush and Ebony Comb and Brush
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  - 965-M—Jeweled Locket, 21-in. Chain, Gold-plated
  - 997-M—Mesh Coin Purse, German Silver
  - 1011-M—Bureau Scarf, Imitation Renaissance, 18x50 ins.
  - 1032-M—Embroidery Outfit, Regular Price 50c.
  - 1049-M—Four French Hand-colored Pillow Tops, 17x21½ ins.
  - 1052-M—Stamped Linen Table Cover, 36x36 ins.
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  - 1063-M—Birthstone Lavalliere, 15-in. Chain (mention birth month)
  - 1066-M—Three Palra Ladies' Black Stockings
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## THE BABY WELFARE DEPARTMENT

[Continued from page 67]

afterward. The supper should be light and taken three hours before bed-time, to assure comfortable rest. During the last three months, it is advisable to take the day's food in five light meals.

With a well-balanced diet, two glasses of water, taken at intervals between meals, will usually be sufficient. If the diet did not contain enough milk, fruits, or vegetables, or if it contained much meat, two or three pints of water between meals, taken a glassful at a time, might be required.

With this diet, and with exercise for the trunk muscles, there should be no constipation. If, however, it does occur, purgatives and enemas should be carefully avoided; and mineral oil, compound licorice powder, or cascara sagrada used. The oil is preferable and should be taken at night, two hours after supper.

There should be one daily cleansing bath with warm water, soap, and a good rub. This may be either a tub-, sponge-, or shower-bath. The temperature should be carefully regulated. Hot baths (above 100 degrees) are devitalizing and, at this time, dangerous. Anyone accustomed to cold baths may well continue these so long as there is a good reaction and no shock.

There should be from eight to ten hours of sleep at night, and a nap after the mid-day meal. It should be in a cool, well-ventilated room or out-doors. The prospective mother should sleep alone.

No mother need fear that she will "mark" her baby because of seeing some unpleasant sight or desiring some special object or food. Any physician can explain to her why such marking of a baby is quite impossible. The only way the mother can influence the baby is through her blood supply. If this is kept loaded with poisons because of constipation, alcohol, uric-acid-forming foods, indoor life, insufficient breathing, or by emotions of fear, worry, or anger (all of which produce poisons in the blood), the baby will pay the penalty in lower vitality, slower development, and weaker nerves. If this supply is kept pure and wholesome by eliminating the poisons through deep breathing, fresh air, the daily bath, regular eliminations, simple diet, and wholesome emotions, the baby will have the best possible chance for growth, vitality, and strong nerves, which mean abundant life, beauty and good nature in infancy.

*Editor's Note.*—Menus suitable to the prenatal period will be sent to anyone wishing them, on receipt of a stamped, self-addressed envelope. Mary L. Read—address her Baby Welfare Department, McCall's Magazine—will also be glad to help with any other problems relating to motherhood.

## WHAT IS AN INTERNAL BATH?

By R. W. BEAL

**M**UCH has been said and volumes have been written describing at length the many kinds of baths civilized man has indulged in from time to time. Every possible resource of the human mind has been brought into play to fashion new methods of bathing, but, strange as it may seem, the most important as well as the most beneficial of all baths, the "Internal Bath," has been given little thought. The reason for this is probably due to the fact that few people seem to realize the tremendous part that internal bathing plays in the acquiring and maintaining of health.

If you were to ask a dozen people to define an internal bath you would have as many different definitions, and the probability is that not one of them would be correct. To avoid any misconception as to what constitutes an internal bath, let it be said that a hot water enema is no more an internal bath than a bill of fare is a dinner.

If it were possible and agreeable to take the great mass of thinking people to witness an average post-mortem the sights they would see and the things they would learn would prove of such lasting benefit and impress them so profoundly that further argument in favor of internal bathing would be unnecessary to convince them. Unfortunately, however, it is not possible to do this, profitable as such an experience would doubtless prove to be. There is, then, only one other way to get this information into their hands, and that is, by acquainting them with such knowledge as will enable them to appreciate the value of this long-sought-for health-producing necessity.

Few people realize what a very little thing is necessary sometimes to improve their physical condition. Also they have almost no conception of how a little carelessness, indifference or neglect can be the fundamental cause of the most virulent disease. For instance, that universal disorder from which almost all humanity is suffering, known as "auto-intoxication," "auto-infection," and a multitude of other terms, is not only curable but preventable through the consistent practice of internal bathing.

How many people realize that normal functioning of the bowels and a clean intestinal tract make it impossible to become sick? "Man of to-day is only fifty per cent efficient." Reduced to simple English, this means that most men are trying to do a man's portion of work on half a man's power. This applies equally to women.

That it is impossible to continue to do this indefinitely must be apparent to all. Nature never intended the delicate human organism to be operated on a hundred per cent overload. A machine could not stand this and not break down, and the body certainly cannot do more than a machine. There is entirely too much unnecessary and avoidable sickness in the world.

How many people can you name, including yourself, who are physically vigorous, healthy and strong? The number is appallingly small.

It is not a complex matter to keep in condition, but it takes a little time, and in these strenuous days people have time to do everything else necessary for the

attainment of happiness, but the most essential thing of all, that of giving their bodies their proper care.

Would you believe that five to ten minutes of time devoted to systematic internal bathing can make you healthy and maintain your physical efficiency indefinitely? Granting that such a simple procedure as this will do what is claimed for it, is it not worth while to learn more about that which will accomplish this end? Internal bathing will do this, and it will do it for people of all ages and in all conditions of health and illness.

People don't seem to realize, strange to say, how important it is to keep the body free from accumulated body-waste poisons. Their doing so would prevent the absorption into the blood of the poisonous excretions of the body, and health would be the inevitable result.

If you would keep your blood pure, your heart normal, your eyes clear, your complexion clean, your mind keen, your blood pressure normal, your nerves relaxed, and be able to enjoy the vigor of youth in your declining years, practice internal bathing and begin to-day.

Now, that your attention has been called to the importance of internal bathing, it may be that a number of questions will suggest themselves to your mind. You will probably want to know WHAT an internal bath is, WHY people should take them, and the WAY to take them. These and countless other questions are all answered in a booklet entitled "THE WHAT, THE WHY and THE WAY OF INTERNAL BATHING," written by Dr. Chas. A. Tyrrell, the inventor of the "J. B. L. Cascade," whose lifelong study and research along this line make him the pre-eminent authority on this subject. Not only has internal bathing saved and prolonged Dr. Tyrrell's own life, but the lives of a multitude of hopeless individuals have been equally spared and prolonged. No book has ever been written containing such a vast amount of practical information to the business man, the worker, and the housewife; all that is necessary to secure this book is to write to Dr. Chas. A. Tyrrell at No. 134 West Sixty-fifth Street, New York City, and mention having read this article in McCall's Magazine and same will be immediately mailed to you free of all cost or obligation.

Perhaps you realize now, more than ever, the truth of these statements, and if the reading of this article will result in a proper appreciation on your part of the value of internal bathing, it will have served its purpose. What you will want to do now is to avail yourself of the opportunity for learning more about the subject, and your writing for this book will give you that information. Do not put off doing this, but send for the book now, while the matter is fresh in your mind.

"Procrastination is the thief of time." A thief is one who steals something. Don't allow procrastination to cheat you out of your opportunity to get this valuable information, which is free for the asking. If you would be natural, be healthy. It is unnatural to be sick. Why be unnatural, when it is such a simple thing to be well?

(Adv.)



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### ORANGE CHARLOTTE

$\frac{1}{2}$  envelope Knox Sparkling Gelatine  
 $\frac{2}{3}$  cup cold water  
 $\frac{1}{3}$  cup boiling water  
1 cup sugar  
2 tablespoonfuls lemon juice  
1 cup orange juice and pulp  
Whites of three eggs

Soak gelatine in cold water five minutes and dissolve in boiling water. Add sugar, and when dissolved, add lemon juice. Cool slightly and add orange juice and pulp. When mixture begins to stiffen, beat, using wire whisk, until light; then add whites of eggs, beaten until stiff, and beat thoroughly. Turn into mold that has been dipped in cold water and if desired line mold with lady fingers or sponge cake. One pint whipped cream may be used in place of whites of eggs. Other fruits or nuts may be added.

### APPLE CHARLOTTE

Make same as Orange Charlotte, using cooked apple pulp in place of orange juice and pulp.

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## YOUR THANKSGIVING MENU

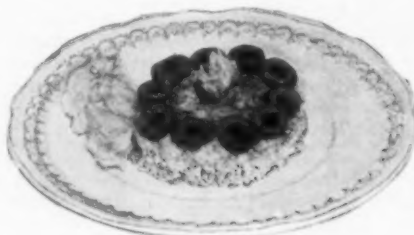
By MARGARET B. FOULKS

WHEN planning the Thanksgiving dinner, the first things to be decided are necessarily the number of people to be served and the amount of money to be expended. American housewives are still inclined to adhere to the old-fashioned menu of our grandmothers; but the change in marketing and prices makes it seem more practical to follow only the general character of this time-honored menu. Because of the memories and traditions centered around this day, it has become, above all others, the home festival of the year, the dinner being a tangible proof of nature's bounty and the housewife's skill, each vying with the other.

Of late years, with the advancement of household science, much more thought has been put into the serving of the Thanksgiving dinner, both from the standpoint of food combinations, and the order of courses. Now it is generally acknowledged among housewives of repute that the first course of the dinner should be a light one, merely to stimulate the appetite. If one wishes to start the dinner with oysters, as was the old-time custom, oyster canapés will be a pleasant change from oysters on the half-shell or oyster soup. If the family does not care for oysters, or if the housewife has planned to serve them with the turkey, the first course can be a vegetable canapé or a fruit cocktail. When the cost of the menu is limited, the turkey, usually the crowning glory of the dinner, should be selected first, then the other courses made to conform to the amount one wishes to spend.

The turkey may be served with a simple but well seasoned bread-stuffing and a sauce made of the giblets and drippings in the roasting-pan. If not too expensive, however, the

stuffing may be made with either oysters or chestnuts. Mushrooms can be sautéed in the pan where the turkey was roasted and combined with the giblet sauce or they may be sautéed, rolled in chopped parsley, and used as a garnish. Little red glacé apples make a pretty garnish, and baked bananas also go well with turkey. Another appetizing garnish is tiny balls of fresh country sausage baked and rolled in chopped parsley and paprika.



OYSTER CANAPÉ

Serving chicken pie with the turkey, as is done in some parts of the country, is neither necessary nor advisable. If chicken be served at all with turkey, it would be better to serve it as an entrée in timbale-cases with mushrooms, or made into cutlets. When two meats are desired, thin slices of baked ham or little balls of fresh sausage will be a pretty garnish and very appetizing with the turkey. Relishes may

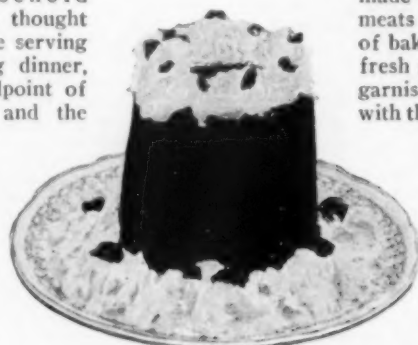
be olives, celery, stuffed mangoes or some favorite home-made pickle.

Cranberries, which, of course, are absolutely necessary to the Thanksgiving menu, may be served in the old-fashioned sauce, or

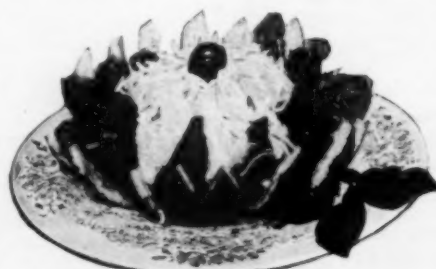
in a strained jelly. If glacé apples are used with the turkey, they can be made the day before, chilled, and filled with cranberry jelly. Two vegetables are usually served with this course, the starchy one either white or sweet potatoes, and the other, some green vegetable in season. If one wishes, boiled rice can be substituted for potatoes, but it should never be served with them. Baked squash, scalloped onions,

creamed salsify, stuffed eggplant, creamed turnips or cauliflower may be chosen for the fresh vegetable, and as they are in season, will add but little to the cost of the menu. When the dinner is prepared by the housewife, canned

[Continued on page 91]



PLUM PUDDING SERVED WITH FROZEN SAUCE



ORANGE FLOWERS

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## PINCUSHIONS AND POETRY

By GERTRUDE CLARK HANSON

AT one of our church fairs, recently, the fancy-work table was put in charge of the Young Women's Society, and as these fairs have always been rather stiff and staid affairs, we decided to try to liven things up a bit. One of our members, who is clever at writing rhymes, suggested that we write appropriate jingles and attach them to the various articles. We tried her plan, and were amazed at the unsuspected talent we unearthed in the process.

The experiment worked beautifully. Before things had progressed very far, that night, our table was surrounded by a laughing crowd, reading the verses and chatting sociably about them. We had not looked upon the jingles as business assets, but we soon found that was what they proved to be. Many people bought things simply because the funny verses had put them in a buying mood, or because they wanted to use their purchases as gifts and the verses added to their value for that purpose.

We found it best to put out only one or two articles of one kind at a time, and to renew them from the stock under the counter as fast as they were sold. We had as many rhymes as possible for each sort of article.

As poetry the verses do not rank high, but they served the desired purpose. Here are a few of them:

For a dusting-cap:

Since it is clear we always must  
 Be ready to get up and dust,  
 We owe it to our fellow-man  
 To look as pretty as we can.

For a twine-holder:

When I am nowhere to be had,  
 You're sure to want me mighty bad;  
 So hang me on a handy nail  
 And when you want me, pull my tail.

For a jabot:

I'm a lonely little jabot,  
 And they've sent me out to roam;  
 Please take me to your bosom  
 And make me feel at home.

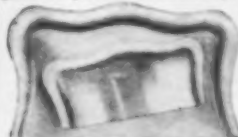
## DIRECTIONS FOR CUT-OUT

(See page 25)

**DIRECTIONS.**—After pasting back and front of head together, bend back flap G and slip through slit A-B. Paste end (G) of lever to end G of flap; end (D) to tail at D. Then paste back and front of Turtle together along outer edges. Leave bottom free for tail, but carefully glue front and back of feet. Mount standard to cardboard. Curve feet forward and paste to standard.



No. 603. \$5.00. Combination Bag and Pocket Book in genuine morocco leather, silk lined. Contains memo pad, mirror and morocco card case. Has large metal frame money pocket, handkerchief pocket and large gusseted pocket. Measures 7½ x 5½.



No. 562 \$1.00. Crumb Tray and Scraper in White Ivory. A very useful article at a low price. Easily kept clean. Tray is 9½ inches long.

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### "My Dream Girl Frock"

WHEN I was designing this model I had in my mind a picture of the bright eyes, red lips and flushed cheeks that go with youthful happiness. I could see this girlish figure appearing among her young friends in lovely unconsciousness of her charm, yet all the time making a fascinating picture in her dainty frock so perfectly suited to her individuality.

"My Dream Girl" is made in softest shades of taffeta, with beautiful lace outlining sleeves and corsage and the point of the fitted bodice. Filmy chiffon covers the neck and shoulders and a band of velvet ribbon follows the edge of the V-neck and peeps from under the lace cascades.

The full skirt has just a suggestion of draping on the lower edge at each side. The graceful panniers are faced with soft satin of a darker shade and caught up with perky little bows. A light hoop holds the skirt out over the hips.

This is a very youthful model and is most becoming for young, slim figures. "My Dream Girl" is very lovely made up in shades of pink, light blue, maize or the exquisite orchid tints with touches of contrasting color. A little French corsage bouquet of varicolored flowers completes the picture.

Mail the coupon on the opposite page for a complimentary copy of my new style book, containing illustrations and descriptions of twenty of my latest models.

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Model in blue, pink,  
maize or orchid  
taffeta. Sizes 14, 16,  
18 and 20.  
Price, \$32.00.



# Lady Duff Gordon's

## Message to the Women of America

"I am going to design clothes for all the women of America who love pretty frocks, instead of designing *only* for the limited few, who can afford to pay for exclusive models. And, that I may reach the largest number, I have selected Sears, Roebuck and Co. to help me carry out my plans."

THE woman who made this statement is probably the greatest fashion creator the world has ever known and is recognized as such the world over. Lady Duff-Gordon ("Lucile") has designed frocks for the queens of Europe and the wives of American finance-kings, for millionaire weddings, for the stage successes and the Grand Opera stars, for coronation fêtes and the richest ceremonies that money could contrive, and yet—

"It has been the ambition of my life to help do for the many what heretofore I have been privileged to do *only* for the exclusive few—make dresses that shall reflect the highest ideals of art and fashion at a price which all may afford. This ambition, I believe, I have now achieved through the co-operation of Sears, Roebuck and Co., whose reputation as the greatest merchants in the world led me to seek their help in carrying out my plan

(Continued on following page)



## Lady Duff-Gordon's Message to the Women of America

(Continued from preceding page)

for reaching all the women of America who love pretty frocks."

We were out on the lawn at The Anchorage, where the velvet green slopes down to the very edge of the blue waters of Long Island Sound. The imperious little lady, surrounded by all the loveliness of her wonderful summer home, looked her high-born part as she talked and I, listening, knew that here at last was a message of importance to be carried to the women of my country.

"YES, of course, I have designed gowns for most women of note in the world, I suppose—Queen Mary of England, Queen Victoria of Spain, the Duchess of Roxborough, for coronation ceremonies, for millionaire weddings—and I shall continue to do this through the "Lucile" establishments in Paris, London, New York and Chicago. But what of that? It is nothing. This other, it has been *my one dream*, to make clothes for the women who have *not* hundreds of dollars to spend on one frock. They have not come to me, naturally, because they could not through the house of "Lucile." But now, these men in Chicago who have grasped my idea are giving us our opportunity to reach each other. I am going to design clothes for the women who have twenty-five, or fifty, or ten dollars to spend. The garments will be made up under my personal supervision and this great Chicago House of yours will pass them on to these women. O, I can help them so much with their clothes! Won't you tell them so, for me?"

There we have the picture—thousands of us vexed women on the one side, struggling with a subject forever just a little too much for us, just a little beyond our knowledge. And, on the other side, this staunch little figure, with her unerring instinct, standing ready with help in her hands to bring peace of mind and real soul-satisfaction to the disturbed thousands.

"IT is all so simple, if they will only let me tell them," the little lady went on to say. And as she talked, I found myself wishing that every woman in the country with a clothes-thought in her head, might have been there to hear. "It doesn't matter where they live, you know. In a city of a hundred thousand or a million, in the village of five hundred souls, in the midst of the Kansas wheat fields you told me about, or in the California foothills, millionaire's wife or farmer's daughter—the principle of being well dressed is the same for all of them. And that is what I am going to show them."

Is it hard to believe that this wonder-person, this fairy god-mother of the present day, is willing to play the part to anxious thousands of us?

TRULY, it does seem more like a fairy tale than a twentieth century fact, that the same matchless gift which has designed clothes-miracles for queens, for grand opera stars, for the wives of millionaires, which has almost taken the dust of the stars and the shine of the moon and the glow of the sun and created from them something to wear—it is almost unbelievable that this same wonderful talent should now of its own accord turn itself toward filling the needs of the rest of us with just moderate allowances to spend for clothes.

But—it is true. And the thing that makes it true is the very thing that, as I have said, has made Lady Duff-Gordon the success she is—her broad human-interest, her life close to the heart of things. She *wants* to do it—and that is enough.

She asked me particularly to say to you that these designs which she proposes to distribute through Sears, Roebuck and Co.

will all be *original* Lady Duff-Gordon designs, created especially for the Fall and Winter season of 1916-1917, and adapted in every case to the personal individuality of the purchaser.

"It is so hard," she says, "for most of us to get just the things we want. I have looked through the shops with their rows upon rows of garments that make us look as alike as peas in a pod. I know how difficult it is to buy individuality in clothes at *any* price, and to secure such individuality at a *moderate* price has been practically an impossibility heretofore. But now it will all be different for the women of America. Tell them I shall design for *them*—but you know what to tell them!"

Yes, I do know. It is just this—that the garments which Lady Duff-Gordon designs for you will be as distinct and different as she herself is distinct and different from the ordinary dressmaker. She cannot be copied—she cannot be duplicated, because she puts something of herself into each of her creations and each is as exclusive as Lady Duff-Gordon herself.

ON behalf of my firm, which I am sure needs no introduction, I am proud to be the bearer of this message to my countrywomen. By the time this reaches you, the first of our Lady Duff-Gordon Style Books will be ready. All you need do to get one free is to send in the attached coupon properly filled in. In order to secure your copy without delay, it is desirable that you send your coupon at once to Sears, Roebuck and Co., as this first edition is limited.

The Style Book contains the first twenty models designed by Lady Duff-Gordon for selling at prices all women may afford. These models are illustrated photographically just as they look on real women and are charmingly described by Lady Duff-Gordon herself. Not only are the designs hers, but she has selected all materials, trimmings and accessories. There are afternoon frocks, tailored suits, house garments and a variety of models all ready-to-wear. They are all *very* moderately priced, ranging in cost from \$20 to \$45. The book contains pictures of Lady Duff-Gordon, an intimate sketch of her life and work and a clothes-talk written by herself. With the book we will send you also a beautiful autographed photograph of Lady Duff-Gordon for framing. Both will be sent you free if you fill out and mail the coupon printed below. Be sure to send coupon to the Chicago office of Sears, Roebuck and Co.

Lady Duff-Gordon is among the greatest fashion creators of the world, so I am certain you will find this the most interesting style book you have ever seen, and the photograph signed by Lady Duff-Gordon you will be glad to frame and hang with your other cherished pictures.

### Mail This Coupon For Free Style Book

SEARS, ROEBUCK AND CO., Chicago, Illinois

Please send me, without charge, copy of Lady Duff-Gordon's Style Book and Autographed Photograph.

Name \_\_\_\_\_

Street Address \_\_\_\_\_ 60 M 92

City \_\_\_\_\_

State \_\_\_\_\_

SEARS, ROEBUCK AND CO.

Chicago: Homan Ave. at Arthington St. New York: Fifth Ave. at 19th St

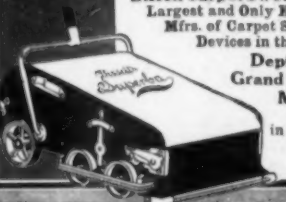
**Efficiency Plus Convenience**

**THIS** shows how the one-piece nozzle-and-dust-bag of BISSELL'S VACUUM SWEEPER empties from the rear without even soiling the hands. This important feature, only second in importance to cleaning efficiency, is one of the many conveniences that make a BISSELL'S more than a box, brush and bellows on four wheels. A most thorough dust-getter; the most easily used, easily cared for and practical cleaner, is what you secure when you invest in

**BISSELL'S Vacuum Sweeper**

Then, in buying a carpet sweeper, that household necessity that no cleaning device made can possibly supersede, "Put your sweeping reliance in any BISSELL'S appliance" and guarantee yourself satisfaction. Vacuum Sweepers at \$7.50 and \$9.00. "Cyclo" Roll-Beating Carpet Sweepers, \$9.00 to \$20.00. Slightly higher in the far West, South and in Canada.

**Bissell Carpet Sweeper Co.**  
Largest and Only Exclusive  
Mfrs. of Carpet Sweeping  
Devices in the World  
Dept. 271  
Grand Rapids,  
Mich.  
Made in Canada, too.



**Send for Trial Cake**

Elsie Janis, the inimitable star of vaudeville—clever, vivacious, of charming beauty—is a constant user of the Pink Complexion Cake. She says, "Your Sempre Giovine is splendid."

**Sempre Giovine**  
Pronounced Sem-pray Jo-ve-nay  
Meaning "Always Young"

Everyone who tries this unique pink cake for the complexion is delighted. It keeps the skin clear, soft and smooth. And it is so economical and convenient. No massaging necessary—no crumbling. Try a cake today.

**At All Drug and Department Stores**

Send 2c (coin or stamps) for liberal 7-day trial cake. The first trial will astonish and delight you. Send now. Marietta Stanley Co., Dept. 268, Grand Rapids, Mich.



When answering ads. mention McCALL'S

## YOUR THANKSGIVING MENU

[Continued from page 90]



GRAPEFRUIT COCKTAIL

asparagus - tips, canned peas, or canned corn may be used in preference to a fresh vegetable, to save time and work.

The salad should be simple but attractive and appetizing. Endive with French dressing, hearts of lettuce with Roquefort cheese dressing, or white head-lettuce garnished with pimentos and green peppers will be enjoyed more than an elaborate salad after a dinner of this kind. When the first course of the dinner is light, and the turkey served with a plain bread-stuffing and two vegetables, then a little more elaborate salad may be planned. A highly seasoned tomato aspic, or an aspic filled with cucumbers, olives, celery, and nuts, will never fail to sharpen the appetite for the courses to follow. When no other frozen dish is to appear in the menu, a frozen salad of vegetables or of cheese may be served on lettuce with crisp crackers.

Steamed puddings, pies, and pound cake are almost too rich served after a heavy meal, and yet many of us would feel the Thanksgiving dinner was incomplete without some one of the old-time desserts. A steamed pudding can be changed by serving with it a frozen sauce garnished with cherries. Pumpkin pies are daintier and better if baked in individual rings and, when ready to serve, garnished with whipped cream or vanilla ice-cream. Mince pies are excellent made of vegetable mince-meat baked in tiny ramekins with only a top pastry, or they can also be baked in individual tins with tiny strips of pastry across the top. Pound cake may be changed into a light fruit cake by adding candied cherries and pineapple, nuts, and citron. It should be served with vanilla ice-cream or orange sherbet. Plain pound cake goes

well with pineapple sherbet and shredded coconut, and makes an unusually pleasing and refreshing dessert after a rich dinner. When one does not care to keep to the conventional menu, any favorite cake may be served with frozen mousse or sher-

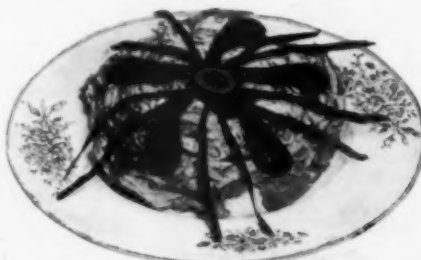
bet. A frozen plum pudding goes well with a plain white cake, and café cream with Lady Baltimore cake. After the dessert, of course, comes the coffee, and with it should be passed nuts and raisins. If convenient, serve this course in the living-room in an informal way, passing the nuts in nut-bowls with a plentiful supply of nut-picks and crackers, replenishing the coffee from time to time as needed. Following are some favorite receipts that may suggest new ways of preparing old dishes:

**OYSTER CANAPÉS.**—Cut small rounds of bread about one-fourth inch thick and fry in deep fat. Drop small oysters in the fat, and let brown. Cover the toast first with catsup, then with the oysters (two or three should cover the toast). Before carrying to the table, garnish with slices of stuffed

olives, and serve with celery-hearts, preferably as a first course on the menu.

**GRAPEFRUIT COCKTAIL.**—Prepare one half of a grapefruit for each person. Before serving, remove the center and white membrane between each section. Sprinkle with powdered sugar and place a thin slice of pineapple on each. Decorate the top with candied cherries and leaves cut out of angelica. Serve as soon as it is ice-cold.

**GRAPE CUP.**—Combine seeded and skinned white grapes with diced pineapple and shredded oranges. Then cover with the juices and



LETTUCE WITH PIMENTO AND GREEN PEPPERS

[Concluded on page 95]

# O-Cedar Polish



can be safely used on your finest furniture. In fact the finer your furniture is, the more need you have for O-Cedar Polish. It cleans, polishes, brightens and beautifies—all in one operation. The O-Cedar Result is guaranteed.

25c to \$3.00 Sizes At All Dealers



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Chicago • Toronto • London



## AN Excellent Tonic for Ladies' and Gentlemen's Hair

### BALDPATE

Registered in U. S. and Canada

### HAIR TONIC NEVER FAILS

Nourishes and strengthens the follicles and thus promotes the growth of the hair. Relieves the scalp of unhealthy accumulations and secretions. Gives a rich gloss, is highly perfumed and free from oil. Makes the hair light and fluffy.

If your dealer cannot supply you, send \$1.00 Send 10c for Trial Size Applications obtained at the better Barber Shops

**BALDPATE CO., NEW YORK**  
467 West 34th Street, Dept. F.  
SOLD EVERYWHERE

**ALL** unwelcome hairs on arms or face removed instantly with one application of this famous preparation. In Paris and New York, famous beauties have used it the past 75 years, with approval of physicians and dermatologists. Try it. 50c and \$1. But refuse cheap, dangerous substitutes.

## X-BAZIN

### DEPILATORY POWDER

If your druggist does not keep it, send direct to  
**HALL & RUCKEL**  
228 Washington St., New York



## Women Agents Wanted!

You can be independent and have your own bank account by spending your spare time showing your friends in your own town our line of fancy and staple wash goods, waist and suit materials, skirts, handkerchiefs, etc. Write now for beautiful free samples and exclusive territory.

**Mitchell & Church Co., 353 Water St., Binghamton, N. Y.**



## POULTRY PAPER

44-124 PAGE periodical, up-to-date; tells all you want to know about care and management of poultry for pleasure or profit. Four months for 10 cents.  
**POULTRY ADVOCATE** - Dept. 47, Syracuse, N. Y.

## YOUR THANKSGIVING MENU

[Continued from page 94]

pack in ice until it begins to freeze. Serve in small, tall glasses with a small bunch of grapes on each plate.

**CRANBERRY ICE.**—After washing and picking over the cranberries, add just enough water to keep from burning and boil slowly until tender. Strain and add an equal amount of sugar syrup. Pour into a freezer with a dasher and turn until frozen. Then remove the dasher and pack for two hours or longer.

**SWEET POTATO SOUFFLÉ.**—Wash and pare one medium-sized sweet potato for each person to be served. Boil until soft enough to mash, season with salt and a sprinkle of powdered sugar, and to each pint of mashed potatoes add one-half cupful of broken nuts, and one-half cupful of raisins. When it is ready to bake, stir in the whites of two eggs beaten stiff and dry. Put into a baking-dish and bake until puffed and brown.

**FROZEN VEGETABLE SALAD.**—Wash and peel four medium-sized tomatoes, and one medium-sized onion, add one pimento and one green pepper. Then put the whole through a meat-grinder. Combine this with one cupful of cold water, three tablespoonfuls of vinegar, and one tablespoonful of lemon-juice. Add fresh grated horseradish, cayenne pepper, and salt, to season highly. Soften two teaspoonfuls of granulated gelatin in three tablespoonfuls of cold water; melt it over hot water and add to the vegetables. Pour into a freezer and when frozen, pack in ice and salt until needed. Serve on lettuce with mayonnaise.

**ORANGE FLOWERS.**—Select one thin-skinned orange for each person to be served. Wash and dry; then with a sharp fruit-knife cut the peel into eighths from the top, down toward the bottom. Separate from the fruit without breaking apart, and lift the fruit out. Clip the peel off about one-third down, then with sharp scissors cut each eighth into thin strips. Remove all the membrane from the orange; pull the sections apart without breaking at the bottom, and clip away the fibrous portion. Place the fruit back in the peel and set on ice. When ready to serve, fill each one with pineapple sherbet and cover with shredded cocoanut.

**FROZEN PLUM PUDDING.**—Make a boiled custard in the usual way. When it is cold, add one pint of whipped cream, one-half cupful of powdered sugar, and one cupful each of ground almonds, diced marshmallows, and chopped candied pineapple. Pack in ice-cold mold and let stand five hours. Garnish with whipped cream and cherries.



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Easy monthly payments without interest or rent.

**"From baby to oldest, everyone plays"**

Mrs. Spence of Ohio describes in these words the all around ministry of the Symphonola to her family. Here is a family possession. Whether it serves to develop the unsuspected talent of the youngest member or as a companion for the skilled player of the home circle, the Symphonola always meets impartially the needs of each one.

## Symphonic Pianos and Player Pianos

Made by piano builders of long experience present unusual quality and price advantages. Learn about our Factory-to-Family plan. Easy payments. A home test. Savings made possible by direct dealing in which we have forty-one years' experience. Investigate these subjects. Ask for details.

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At trifling expense, the greatest vocalists and instrumentalists will furnish, with the Symphonola's help, a variety of entertainment. Held delightful home concerts and musicales. Choose from the world's best music since the Symphonola plays all Victor and Columbia records. To hear this same music at the public concert or opera is expensive. Symphonolas are only sold the saving Factory-to-Family way.



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On the Coupon, check instrument interested in and get our complete, beautifully illustrated Deluxe Catalog. Shows Symphonics and Symphonolas in actual colors. It's Free—get it now.

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**Larkin Co. Dept. No-1116**  
Buffalo, New York

Send me all information about instrument checked with complete Catalog.

Piano ☐ Player ☐ Symphonica ☐

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State

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**ONLY 2¢**  
for this  
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## BUTTON GAME

This new, absorbingly interesting game will keep the children happy by the hour. Game complete with 6 Chalmers Pearl Buttons with which to play it, free, for only a 2c stamp to cover mailing expense. Send now! We do this to familiarize you with Chalmers Pearls—the best pearl buttons made. Buttons are color perfect, centers extra strong and holes do not cut thread. Only 5c to 10c a card for Quality A. Quality B for less. Return five empty cards to us with only 5c and get a handsome

## SOLID SILVER THIMBLE

(Stamped Sterling)

Chalmers Pearls are good for every button purpose. On sale everywhere. We are the largest manufacturers of Pearl Buttons in the world—we make 7,000 a minute.

**Harvey Chalmers & Son, Amsterdam, N. Y.**

**Chalmers Pearls**



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**RUSH**  
**a Postal-TODAY**

My great Holiday Offer will help you get a splendid, Sweet-Toned WILLIAMS PIANO in time for Christmas—at a bargain price—easy terms—freight paid—no deposit—no interest—25 year guarantee.

**SAVE BIG MONEY**

We have no agents or salesmen. You deal direct with us—at net factory prices—saving big money on a

**SWEET TONED**  
**Williams Piano**

Used and loved by Prof. E. O. Excell, the famous composer of Sunday School music, great musicians, eminent educators and many thousands of the music-loving public. 25 year guarantee on every instrument.

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Send Postal today for Catalog and special Christmas Offers.

H. E. Williams  
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Sew with Silk  
Use  
**Corticelli**

**For Hand or Machine Sewing**

Corticelli Spool Silk is the purest, strongest, best-made sewing silk known. Look for the "kitten" head trade mark. Corticelli Mercerized Cordonnet Crochet Cotton is famous for its whiteness and lustre, and its perfect "cable laid" twist.

## New Books on Crochet, Filet Crochet and Tatting

Just off the press. New patterns originated by the best and highest paid designers in America. Different designs in each book.

Sweaters, Sport-coats, Caps, Hats, Shawls, Scarfs, Spencers; Slippers, Dainty Boudoir Caps and Negligees; Baby Bonnets, Jockies, Afghanes; Children's Coats and Trimmings; Luncheon Sets and Table Scarfs; Edgings and Laces for House Linens and Curtains; Pretty Trimmings for Lingerie and Dresses; Bags, Baskets, Candlesticks and Novelties.

**Write for these books of Gift Suggestions**  
Send only 10 cents for each book. Complete instructions for beginners—easy to follow. Latest ideas for experts. **Lessons in Crochet Book No. 1** (varied stitches including some filet patterns). **Lessons in Crochet Book No. 2** (chiefly flat patterns). **Lessons in Tatting**. Send now for any or all three full new books.

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Pleasant, easy way for boys and girls to make money. We send 20 packages, each containing 50 Xmas Cards, Tags and Seals. Sell at 10¢—total, \$2.00. You keep \$1.00 and send us \$1.00. Send reference and 10¢ for postage. Special rates for clubs, churches, etc.  
**E. B. WINSLOW** Dept. M, Tuckahoe, N. Y.

## HUMAN PROBLEMS ANSWERED

[Continued from page 27]

Solution for "A Girl's Problem"

Winner of Five-Dollar Prize

MY parents, as yours, are foreign born. They early realized the necessity of a thorough education in the American schools for their children. Generous and self-sacrificing, they spared nothing to give me the best training within their power.

"When I returned to our simple home-life in the country, after several years' absence at college, it was not so much with regret for the time of ease and pleasure I had passed through, as with thoughts that returns for it should be given my kind and loving parents.

"I set out to stir them up from their monotonous life and its interests and make it the happiest they had ever known.

At first, I invited to our home only friends to whom the situation would be clear, who would cooperate with me in praising all attempts of my parents to adapt themselves to American ideas, and who would make no remarks at the shortcomings they might show.

"My parents, finding they need no longer feel sensitive over mistakes in grammar, etc., began to share our fun with us.

"In time, I arranged for larger gatherings and was very much pleased to see so much attention paid my parents. Now, nothing will prevent them from being present at any entertainment in which I have a part.

"I know my parents are proud of their daughter, will always praise educational training in America and, when old and feeble, will smile contentedly at the life made so worth while for them."

Solution for "The Farmer's Wife"

Winner of Five-Dollar Prize

YOU paint a sorry picture of farm life, and I must confess, at the outset, that there is much of truth in the picture. But there is a remedy, and that remedy lies within your reach and within the reach of everyone else who will but take the trouble to remodel her life on the plan worked out by modern agricultural scientists.

"In the first place, you should get rid of the idea that your husband should dispose of the farm and try some other occupation; for one who has done nothing in his life but farm is not fitted for the keen competition that he will meet in other fields of employment. His experience gives him a foundation upon which to make of himself an expert agriculturist. If he were to leave the farm, it would only be a question of time until he would return. At least, that is the experience of nine-tenths of the farmers past middle age who have lived on farms all their lives.

[Continued on page 97]

## A BIG OFFER!

**Comb, Brush and Mirror Set**  
GIVEN for only 2 McCALL subscriptions



Gift 1110-M

Gift 1110-M—This serviceable 3-piece set consists of a 7-inch black fiberoid comb, a 9-inch ebony-finished brush with genuine bristles and a beveled mirror set in an ebony-finished frame 5 inches wide by 10 inches long. Both the brush and mirror are decorated with German silver mountings. We really believe this is the greatest merchandise value we have ever offered. Complete set shown above.

**GIVEN** prepaid, to anyone sending only 2 yearly McCALL'S MAGAZINE subscriptions at 50 cents each (75 cents in Canada).

All subscriptions, to count for this Gift, must be sent direct to

**"DEPARTMENT OF GIFTS"**

Care of McCALL'S MAGAZINE  
236 to 246 W. 37th St., New York City, N. Y.

**YOURS FOR THE ASKING!**

The above is only one of hundreds of useful and attractive GIFTS GIVEN, without one cent of expense, to McCALL readers who will do us a favor. Send a letter or postal card at once to above address and ask for FREE copy of our wonderful "BOOK OF GIFTS."

## New KEROSENE LIGHT



Beats Electric or Gasoline

**10 Days Free** SEND NO MONEY

We don't ask you to pay us a cent until you have used this wonderful modern white light in your own home ten days, then you may return it at our expense if not perfectly satisfied. Tests by U. S. Government and 34 leading Universities show the Aladdin

**Burns 50 Hours on One Gallon**  
common kerosene (coal oil), no odor, smoke or noise, simple, clean, won't explode. Three million satisfied users. **Won Gold Medal. Guaranteed.**

We want one user in each locality to whom we can refer customers. To that person we have a special introductory offer to make, under which one lamp is given free. Write quick for our 10-Day Absolutely Free Trial Proposition and learn how to get one free. **Yours Free!**  
**MANTLE LAMP CO., 156 Madison Bldg., CHICAGO**  
Largest Kerosene (Coal Oil) Mantle Lamp House in the World  
**Men With Wigs Make Our trial delivery plan makes it easy.** No previous experience necessary. Practically every farm and small town home will buy after trying. Thousands are coming money. **Be Money Hungry.** We furnish stock to reliable men. Ask for distributor's plan, and learn how to secure an appointment and make big money in unoccupied territory. State occupation, sex, whether you have a rig or auto; whether can work spare time or steady; when can start; townships most convenient for you to work.



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Inasmuch as 250,000 users of the "ACOUSTICON" have had the same results from it as Mr. Garrett Brown, whose photo appears above, we feel perfectly safe in urging every deaf person, without a penny of expense, solely and entirely at our risk, to accept a thorough trial of the

## 1917 Acousticon

No Deposit **FREE** No Expense

All you need to do is to write saying that you are deaf and will try the "ACOUSTICON." The trial will not cost you one cent, for we even pay delivery charges.

**WARNING!** There is no good reason why every one should not make as liberal a trial offer as we do, so do not send money for any instrument for the deaf until you have tried it.

The "ACOUSTICON" has improvements and patented features which cannot be duplicated, so no matter what you have tried in the past, send for your free trial of the "ACOUSTICON" today and convince yourself—you alone to decide. Address

GENERAL ACOUSTIC CO., 1361 Candler Bldg., New York  
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An old lady, 72 years of age, who suffered for many years and was absolutely helpless, found relief. A man who was helpless, unable to rise from his chair, was riding horseback and playing tennis within a year. A little child, paralyzed, was playing about the house after wearing a Philo Burt Appliance 3 weeks. We have successfully treated more than 25,000 cases the past 15 years.

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We will prove its value in your own case. There is no reason why you should not accept our offer. The photographs show how light, cool, elastic and easily adjusted the Philo Burt Appliance is—how different from the old torturous plaster, leather or steel jackets.

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Send For Our Free Book. If you will describe the case it will aid us in giving you definite information at once.

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**LE PAGE'S**  
**GLUE 10¢**  
BETTER THAN MUCILAGE

## HUMAN PROBLEMS ANSWERED

[Continued from page 96]

"I presume, from your description of harvest time and work hands, that you live in a grain-producing section. You also say that farming in your section is not a financial success. It can very easily be made so. Send to the Department of Agriculture at Washington for bulletins on diversification. Get a catalogue of Farmers' Bulletins from the Superintendent of Documents at Washington. In it you will find bulletins on almost every phase of farm life.

"Be sure you make your husband your full partner in any scheme you may work out for putting the farm on a modern basis; and, indeed, make it appear to him that you are only following his lead. You say that he still has visions of making the farm pay. Right there is where you gave me the key to your whole problem. So long as he has visions of a better farm, there is a very real hope.

"I am keenly aware that your life will continue to be very hard while you are putting your system into practise. The change cannot be made at once. All good things are necessarily slow in developing.

"Read the magazines that you say are your only connections with the outside world. Note especially all articles bearing on home efficiency and community betterment. Strive to be the first and inspiring spirit in your community to put into practise the plans suggested. Get out of your rut and stay out. You say you are too tired to be a companion to your children; I say chum with them and it will rest you. You say you are too rusty to help them with their studies; I say help them and you will brighten up wonderfully. You say you are too discouraged to be a good wife; I say join your husband in his aspirations for a paying farm, and you will be encouraged instead of discouraged.

"If farm hands are crude and vulgar, encourage your husband to set them a good example and absolutely require that they be respectful in your presence. I never saw a group of farm hands who would use profane language in the presence of a lady, if they knew that it was absolutely prohibited. Don't stand for it.

"Explain kindly, but very firmly, to your husband that if he can afford to have hired hands to help him out in the rush season, that you can and must have help to do the correspondingly large volume of housework that has to be done at such time. If he is any sort of a man he will appreciate your position and furnish the required assistance. He will help you to add labor-saving devices to your household equipment, and you can run your home on a scientific basis. And, believe me, that is more fun and is more satisfying than teaching a country school."

[Concluded on page 101]



No. 601—Dress of Silk Taffeta  
Gorgette Crepe Trimmed

No. 704—Coat of All-Weather  
Diagonal Cheviot

**A postcard to-day will bring our beautiful free Catalog. It shows the same exclusive styles, moderately priced, that New York women are now wearing.**

It illustrates, with photographs taken from life, the most popular models selected from our extensive display of Fall Suits, Coats and Dresses, at our Showrooms, 307 Fifth Avenue, New York.

You will appreciate the economy of buying DIRECT from the MANUFACTURER whose guarantee is entire satisfaction or money back.

Suits, \$10.50 up; Dresses, \$5 up; Coats, \$5 up  
Conservative as well as novelty styles for all ages

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simply do what Louise Huff and other famous stars do, whose complexions are subject to particular notice—use Carmen Complexion Powder. Then you will have a complexion of peach-and-cream charm. Blends perfectly with the tones of the skin—and it adheres.

Does not rub or blow off. Gives a clear, glowing complexion that is always beautiful despite glaring light and perspiration. Why put up with ordinary face powders when Carmen will give you the most charming beauty?

Get a box today and see how delighted you will be. Insist on Carmen. White, Pink, Flesh, Cream. See Everywhere. **STAFFORD-MILLER CO.** 533 Olive St., St. Louis, Mo.





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Beautiful home furnishings, all suitable Christmas gifts, become yours by buying your foods, soaps, toilet preparations and other household supplies direct from the Great Larkin Factories. Send for our new

big book. It will explain everything.

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Buffalo  
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Given with purchase of Larkin Products.

## We Need Women!

We have positions open at \$12.00 to \$25.00 per week for Beauty Specialists. Never have such opportunities existed.

Right now if you were a graduate of the famous Marinello School of Beauty Culture, you could be earning \$15 to \$25 weekly in a pleasant position.

Thousands of Marinello graduates today either own prosperous Beauty Shops or have permanent, high salary positions. Not one is out of work. We positively guarantee to secure a good position for you the day you qualify.

Beauty Culture offers you a great opportunity. Millions are spent yearly for beauty treatments.

The Marinello School is the largest in the world. Beauty Culture is taught here in all its branches on scientific, thorough, advanced methods.

## Mail Coupon NOW!

YOU can learn the Marinello system and step into a lucrative position. Mail coupon for free

facts, easy tuition fee and stories of Marinello successes. Start on the road to freedom, independence and happiness NOW.

Please send free, full facts about your Course in Beauty Culture and easy terms.

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Address.....

City..... State.....

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A GOWN IS ONLY AS GOOD AS ITS SEAMS  
ASK:- "IS IT SEWED WITH SILK?"

# THE ROUND-SHOULDERED BOY

By ARMSTRONG PERRY

GEORGE, do stand straight. You are getting to look like a regular hunch-back!"

Patience, George Arnold drew himself up until he assumed the form of an interrogation point instead of the letter C which he usually resembled.

"I don't mean that way. Throw your shoulders back, and put out your chest."

Another painful effort, and for a moment, George looked like a normal human being, but his shoulders soon slumped forward again.

"George Arnold!"—the mother's tone was sharper—"you are a disgrace to the family. I'm ashamed to walk down-town with you. I don't see where you get it—every man on both sides of the family is tall and straight."

George answered not a word, but his face grew redder and redder, and as his mother finished her remarks, he turned and went out. She saw him walking slowly down the path, his hands in his pockets and his head hanging low.

"What can I do about it?" she thought, hopelessly.

She repeated the question to her husband, at the dinner-table. George had not returned, so she poured out her troubles freely to the father, who listened with an annoyingly abstracted air.

"The older he gets, the worse he is," she finished, "and nothing I say does any good. I'm sure I scold enough."

"Scolding isn't the way to cure him," said Mr. Arnold, so decidedly that his wife's cheeks flushed from indignation.

"Well, what is the way, then?" she demanded. "What are you doing about it?"

"Nothing, I admit, my dear. But I know how my mother used to nag at me when I was his age."

"Well, it had some effect—look at you now."

"It wasn't the nagging. In fact—there's the phone!"

Mrs. Arnold answered the call.

"Oh, hello, Minnie. What have I been doing to George? Why, nothing at all. What? Why, he can't—I won't have it. Why, Minnie Arnold, how can you say such things to me?"

Bursting into tears, she sank into a chair. "Your sister Minnie says we've nagged George to the point of desperation. He was going to run away, but she has told him that if he won't do that, he may live with her. She says that she isn't ashamed of him—and he's there now—and she wants his clothes!"

"I must say Minnie has rather a high hand," was the man's comment. "Well, maybe she'll straighten him up!"

"But we can't have him leave home! What would people say?"

"Suppose we go over and see what Minnie has to say? Perhaps she will have some suggestions to offer."

Against this wholly masculine point of view Mrs. Arnold attempted no argument, but straightway prepared to call on her sister-in-law.

"You ought to be ashamed of yourselves," was Aunt Minnie's vigorous greeting. "Nagging a perfectly good boy into such a state of desperation!"

"I never nagged him," defended the father, promptly.

"No—you simply ignored his problems," retorted his sister.

"Clara, did you ever try to find out why George couldn't stand straight?"

"Why, there's no reason. Anybody can stand straight if he just uses a little will power."

"That's all you know about it. Now please try to realize that, although I am not a mother, I am a public school-teacher, and my normal-college diploma certifies that I have specialized in anatomy, physiology, and hygiene. Let me state to you a few simple facts

which apply to George and to all other boys.

"During his teens, the growth of a boy is not only rapid but irregular. Instead of all parts of his body growing evenly, one part may increase in size one year, and another part the following year. Some of the long bones may lengthen very rapidly for a year, while the muscles which are attached to them may not grow enough to maintain their proper relations. This is what has caused George's round shoulders. His spinal column and the bony walls of his chest have failed to keep pace. The muscles of his back cannot hold up his shoulders, because his chest-muscles are heavier and stronger, and pull them forward. The only thing to do is to wait patiently for the readjustment which is sure to come, and to give him opportunity in the meantime to develop his body and mind by wholesome exercise."

THAT'S common sense," declared the father. "Of course, it is exercise he needs. When I was his age, I had a boat to row, and potatoes to dig, and haying to do, and a reputation as a baseball pitcher to sustain. Those are the things which straightened me up."

[Continued on page 99]



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### THE ROUND-SHOULDERED BOY

[Continued from page 98]

"Well, what do you propose doing about George?" demanded Aunt Minnie.

"Send him up to my old friend Van-Dyck, to-morrow afternoon. You know he is coach of the crew at college, so he will be a hero to George. And—er—if you don't mind, Minnie, I'll go upstairs and see the kid. I think we can come to an amicable understanding, now that you've let in some light."

It was a new George who came home from the interview with Van-Dyck. "Gee, he's great!" he exulted. "Look, Dad, he gave me these plans for a boat, for you and me to build. And here's an an-thro-po-met-ric chart. See this skinny hunch-back? That's my figure now. And see this athlete, standing next to him? That represents me, two years from now, Van-Dyck prophesies."

Van-Dyck accepted the invitation for the week-end, which he received by the next mail, and around the Sunday dinner-table, after George had gone for a walk with his chums, they discussed plans for the boy's future.

"The little tree which is growing crooked is tenderly corrected with props and string," said the coach. "Why should we scold the boy whose infinitely more complicated structure is undergoing changes which temporarily pull it out of shape?"

"But what can we do?" asked Mrs. Arnold in honest perplexity.

"The fundamental problems underlying this and every other problem of growth and development are fresh air, nourishment, exercise, rest, and cleanliness. The open air is the best place for exercise and sleep. If taken indoors, the ventilation should be better than it usually is in sleeping-rooms and gymnasiums. Gymnastic exercises do not appeal very strongly to the boy, unless he has an exceptionally enthusiastic leader."

"You recommend outdoor sports then?"

"Yes, if wisely chosen. A round-shouldered boy needs those exercises which pull the shoulders backward and downward. Rowing is an ideal form of exercise for George, and so is swimming. Swimming, however, should be taken in homeopathic doses by the growing boy, for the water soaks heat and energy from his body rapidly. Baseball is good; basketball questionable. The former gives opportunity for rest between innings, but the latter, especially when boys practise and play without proper supervision, often leads to continuous strain and exertion for too long periods of time. The same objection applies to hockey, soccer, la crosse, and distance-running. Football has both good and bad features—it is safer after the boy has his growth. Tennis is

[Concluded on page 100]

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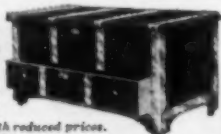
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## THE ROUND-SHOULDERED BOY

[Continued from page 99]

fine, and boxing, which some people still foolishly and wrongly associate with the prize-ring, when indulged in as an innocent sport, is one of the best exercises for shoulder development that the boy can take. Skating and skiing are also ideal exercises."

"All these games seem like such terribly hard work. Wouldn't walking or cycling do?" asked Mrs. Arnold.

"Walking is beneficial, especially if the youngster is careful to hold himself erect and swing his arms freely. Cycling will do little, if anything, to correct round shoulders."

"But isn't it a waste of time to be always playing?" continued the thrifty mother.

"In a sense it is," was VanDyck's reply, "and real work is as good as any game or gymnastic exercise. But modern conditions have robbed the town and the city boys of most of their opportunities for labor. Gardening, haying, harvesting, chopping wood, picking fruit and shoveling snow are all ideal developers."

"You mentioned nourishment and cleanliness, too," reminded Mr. Arnold.

"Simply keep your boy on a sensible diet," replied VanDyck, "and see that he has a shower-bath every day."

Mrs. Arnold drew a sigh of relief, "I see now that round shoulders are not a disgrace," she admitted.

"Not before eighteen, nor after eighty," declared VanDyck.

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THE month of November is associated naturally with Thanksgiving day, and Thanksgiving, in its turn, with that very first day of its kind celebrated two hundred and ninety-six years ago, on the New England shores, by our Pilgrim forefathers.

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## HUMAN PROBLEMS ANSWERED

[Continued from page 97]

Solution for "To Sacrifice Father or Husband"

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SOMEWHERE I have heard or read the expression, 'Life is made up of compromises?' Why not compromise?

"If it is not a question of finances, make some arrangement so that your father may be left with a competent housekeeper while you go with your husband on his trips. If your father does not get along happily, let him make the best of it, as long as the housekeeper will stay. When she leaves, stay with him a while until it is possible to install another.

"As for his talking about your husband, that is something it is almost impossible to check. It is a form of senility mixed with selfishness that often shows itself in a person years before real old age is apparent.

"Divide your time in the way that is most convenient to yourself, and don't sacrifice your father, your husband or yourself."

Solution for "Our Sunday"

Winner of Five-Dollar Prize

A HAPPY life means prudent compromise," said Elizabeth Barrett Browning. She spoke well. Why not apply this principle in coordination with family worship, in solving the problem of your Sundays?

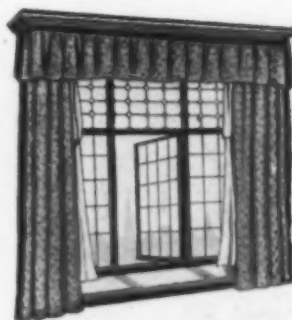
"Plan with husband and children to devote one hour after breakfast to family worship in which each of the children, from Blue Eyes to Babykin, takes a separate personal part.

"Prepare for this service during the week and enlist the children's aid in making it both interesting and inspiring. The older children may (with Mother's and Daddy's aid, at first) prepare little original talks on simple subjects; the next in age may select and learn Bible stories to tell in her own words; and the wee baby may learn a Bible verse to lisp on Sabbath mornings.

"Teach the children to make sentence prayers. Let them help select the hymns, and run them over on the piano with them. Then, lastly, Mother and Daddy must have ready their brief talks, applying Biblical truths to every-day life.

"Reverently approached, lovingly prepared, this family service may be an inspiration, giving to you a spiritual influence with your children, such as could not be obtained through the best outside instruction.

"When the service is over, let the children romp and play with their Daddy. I would suggest that Mother also take part in the jollification."



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**TO WASH A CLOTHESLINE.**—When a cotton clothesline becomes too dirty to hang white clothes on it, wind it around the back of a kitchen-chair. Tie in several places, with white cord, the skein which is thus formed; slip it off the chair, and put into a pan of cold water softened with soap-shavings. Place the pan on the stove to boil. Stir the clothesline about occasionally, and when the dirt has been boiled out, rinse in several waters, place the skein once more around the chair-

back, and set it in the sun to dry. It will not be kinked or tangled.—Mrs. P. R., St. Manistee, Michigan.

**MINCEMEAT HINT.**—After chopping suet for mincemeat, cook suet, raisins, and small quantity of water together for half an hour before adding to the mincemeat. In this way, you avoid not only the small lumps of suet sometimes found in mince pies, but also the coating of suet in the mouth after eating the same.—Mrs. F. M. D., Santa Barbara, California.

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**CLEANING BOOKS WITH GASOLINE.**—If the covers or leaves of a prized book have become soiled, take a clean rag, dip it in gasoline, and rub the soiled parts lightly. When dry, the book will be found to be quite clean. Be sure, of course, to keep it away from the fire.—L. S., Newfoundland.

**PURIFYING A SPONGE.**—A soured sponge may be sweetened by rubbing a fresh lemon thoroughly into it and rinsing it several times.—Mrs. Y. S. M., Lancaster, Pennsylvania.

*Editor's Note.*—We want your best ideas and suggestions for every phase of the home woman's activities. We will pay one dollar for each available contribution. Ideas which have appeared in print or are not original with the sender cannot be accepted. Unaccepted manuscripts which enclose a stamped, self-addressed envelope will be returned.



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What you buy under the Armour Oval Label is always satisfactory. More, it is always top grade, for the Armour Oval Label is more than merely a trade-mark; it is unique among trade-marks in that it is also a grade-mark—the design reserved exclusively to identify the BEST in each of Armour's pure food products.

Back of it is the Armour responsibility, reinforced by a hundred million dollars invested and a half century of experience—your assurance of UNVARYING QUALITY!

The Armour Oval Label is the outward sign of the *Armour Ideal of Service to the Consumer*. Under it, the best that Armour produces may be bought from dealers, no matter where you live.

Look for the Armour Oval on dealers' store fronts, and on the packages in their windows and on their shelves. It identifies Star Stockinet Ham, Star Bacon, *Veribest* "Simon Pure" Leaf Lard, *Veribest* Package Foods, Cloverbloom Butter, Armour's Grape Juice and Armour's Oleomargarine—Glendale (natural color), Silver Churn (white)—and many others.

Our Domestic Science Department is under the direction of Mrs. Jean Prescott Adams, food expert. Write her, care of Armour and Company, Dept. 139, Chicago, for information, menus, recipes and booklets.

W-139

**ARMOUR & COMPANY**

Send for Free Color Chart!

# CONGOLEUM RUGS

## Beautiful—Economical

CONGOLEUM Rugs are absolutely water-proof and, therefore, ideally sanitary. They do not absorb water or collect dust. You need only mop them to keep them clean. No necessity for dusting and beating. They are quiet and warm under foot.

### Lie Flat Without Fastening

Rugs are often inconvenient because the exposed edges curl up and "kick up" in use, but Congoleum Rugs have no such tendency. They lie flat and firm on any kind of surface. They can be used on even a tile floor, for example, without curling or slipping, and they require no fastening whatever.

### Two Styles

Congoleum Rugs are made in two grades—"Art-Rugs" and "Utility-Rugs". Their basic qualities are the same, but the Art-Rugs are slightly richer in tone and are made only in the larger sizes, in one piece.

There are many designs ranging from rich Oriental patterns for living rooms to simpler effects for bath rooms, kitchens, etc. Equally as attractive as woven rugs and much easier to clean. The colors in Congoleum Rugs are fast. Neither sun nor water will fade them. See the rugs themselves at your dealer's.

### Prices of Congoleum Art-Rugs

Consider the sizes and notice how astonishingly low these prices are!

9 feet x 10½ feet, \$10.00. 9 feet x 12 feet, \$11.00

For Sale by Good Dealers Almost Everywhere.

## The Congoleum Company

Philadelphia Department of San Francisco  
Chicago The *Barratt* Company Boston  
Montreal Toronto  
Winnipeg Vancouver St. John, N. B.  
Halifax, N. S. Sydney, N. S.

The rug on the floor is  
Congoleum Art-Rug  
No. 314. The 9x12 ft.  
size retails for \$11.00

Congoleum  
Art-Rug  
No. 308

Congoleum  
Utility-Rug  
No. 92

Congoleum  
Art-Rug  
No. 300

Congoleum  
Utility-Rug  
No. 94

### Prices of Utility-Rugs

3 feet x 3 feet	.....	\$.65 each
3 feet x 4½ feet	.....	.98 each
3 feet x 6 feet	.....	1.30 each
4½ feet x 4½ feet	.....	1.50 each
4½ feet x 6 feet	.....	1.95 each
6 feet x 6 feet	.....	2.60 each
6 feet x 9 feet	.....	3.90 each

### Two-piece Rugs

9 feet x 12 feet	.....	\$8.00 each
10½ feet x 12 feet	.....	9.00 each

All prices quoted herein are higher in the far West and Canada.

### Look for Name on Back

For your own protection be sure the name Congoleum is on the back of every rug you buy. Congoleum Rugs are manufactured in accordance with United States and Foreign Patents.

### Handsome Rug Color Chart Free

In order to give you a better idea of Congoleum Rug beauty, we have prepared a handsome chart showing the different patterns in colors. You ought to have one of these charts. Your name and address will bring it, free.

"Now, Baby, we'll  
have a good splash.  
Water can't hurt  
mother's new rug."

